# PANDAS/PANS Advisory Council

# Diagnosis Workgroup

# MeetingDecember 12, 2022 Approved Meeting Minutes

Via Zoom

**Present:** Sylvia Fogel MD; John Gaitanis MD; Melissa McCormack MD; Julia (YuJuan) Zhang MD

# Meeting Agenda

1. Meeting called to order
2. Review and discuss relevant clinical and research data pertaining to report
3. Review and refine outline for our report—subject to change over time
4. Discuss next steps of work group
5. Set date and time for next meeting
6. Adjourn

Meeting Notes 12-12-22

Approved Minutes from May 2022, June 2022, November 2022. All voted yes.

Set dates for future 6/5; 9/11; 10/23

Discussed Relationship between Immune System and Brain Functioning

Flesh out relationship between immune system & CNS

Ways peripheral immune system can become dysregulated and implications for CNS

Jargon—appropriate level

--Question: 11th-12th grade level—teachers, legislators

Maybe don’t need innate/adaptive immune description b/c we don’t really know how this relates to PANS.

However, w/ increasing awareness of Long Covid.

Literature—regarding Innate/Adaptive and PANS symptoms??

Include other immune aberrations in other neuropsychiatric d/os

Other immune d/o can have psychiatric manifestations

 Autoimmune thyroiditis

 MS

 Crohns

 Juvenile Arthritis

Autoimmune encephalitis—causing neuropsych symptoms

Discussed issues relating to Gut microbiome and brain d/os and brain dysfunction

**Questions for Council**

How to structure—exec summary/charts?

How long is our section?

Who is our audience?

What reading level?

What format for citations?

Voted to adjourn the meeting. All voted yes.