# PANDAS/PANS Advisory Council

# Diagnosis Workgroup

# MeetingFebruary 12, 2023 Meeting Minutes

Via Zoom

**Present:** Sylvia Fogel MD; John Gaitanis MD; Julia (YuJuan) Zhang MD

# Meeting Agenda

1. Meeting called to order
2. Review and discuss relevant clinical and research data pertaining to report
3. Review and refine outline for our report—subject to change over time
4. Discuss next steps of work group
5. Set date and time for next meeting
6. Adjourn

Quorum reached at 7:30pm when Dr. Sylvia Fogel arrived.

Participants discussed presentation of data for the full council report.

 Sample charts & tables—easy for public and busy clinicians to understand

 Core symptoms table

 Initial work-up table: recommendations must come w/ emphasis that PANS/PANDAS is a clinical diagnosis.

 Discussed pros/cons of including details for lab work-up

 Clinical Course table should include treatment trial as a possible diagnostic support and that prior neurologic or developmental diagnosis does not exclude PANS.

 Importance of simplifying information to encourage non-specialty clinicians to at least consider PANS/PANDAS on their differential diagnosis.

 Examples of simple charts were reviewed together

Also discussed possible policy recommendations for full council

 Ways to increase familiarity and information regarding PANS among pediatricians and psychiatrists

 How to address skepticism of neuroimmune approach among colleagues

Voted to approve minutes from 12-12-22—see voting record.