

DMH Child, Youth, and Family (CYF) Division Services



SERVICES	DESCRIPTION
Case Management (CM)	Child, Youth, and Family Case Management is a state-operated service that provides individualized services to youth with the most significant mental health needs and their families. Services include comprehensive needs assessment; service planning development and monitoring; information and referral; assistance with accessing other services; care coordination; and intensive support and advocacy.
Flexible Support Services	Flexible Support Services includes various community-based, individualized clinical, therapeutic, and peer support services to youth with serious emotional disturbance, and their families. Services are designed to support the well-being and independence of youth and their families; build family cohesion; strengthen the longevity of important relationships in the youth's life; and prevent the need for more intensive services.
Therapeutic Day Services	Therapeutic Day Services are highly structured community-based clinical and therapeutic services that support youth whose mental health needs interfere with their ability to successfully participate in family, school and community activities. Services are available in a variety of settings, and support and promote engagement in pro-social activities; developing problem solving, communication, and interpersonal skills; and building peer relationships.
Intensive Community Services	Intensive Community Services provides both an intensive in home service as well as out of home treatment for youth and young adults through three service models: Intensive Home Based Therapeutic Care (IHBTC), Therapeutic Group Care (TGC) and Young Adult Therapeutic Care (YATC). IHBTC provides an in-home team to support the youth and family to stabilize and maintain treatment while the youth remains in home. TGC and YATC provide out of home treatment with the goal to return home. All three services provide clinically intensive treatment and outreach support to help build, strengthen, and maintain connections to family, home and community so that youth and families can live together successfully. For young adults who aren't able to live with their family, YATC service can provide a supportive bridge to independent living while still maintaining connection and support of family.
Intensive Treatment Services	Intensive Treatment Services are the most clinically intensive treatments available in the Commonwealth for youth with serious emotional disturbance/mental illness. Services include Adolescent Continuing Care Inpatient Services, Adolescent Intensive Residential Treatment Programs (IRTP), and Clinically Intensive Residential Treatment (CIRT) for children.

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Community and School Therapeutic Support	Community and School Therapeutic Support provides peer support to transition-age youth and parents of children with mental health needs; information and referral; individual support, education, and advocacy; training; system navigation; and facilitation of community-based support groups to communities across the state regarding children's mental health. Consultation and training is also available to schools, community agencies, and other organizations relating to child and family mental health, trauma response, and prevention. Parents are trained to provide these services.
Transition Age Youth and Young Adults	Services for Transition Age Youth and Young Adults (TAYA) bridge the DMH Child, Youth and Family and Adult Mental Health Services Divisions. DMH matches youth and young adults with the services and supports that meet their clinical and developmental needs. DMH offers specific services and supports that are designed to meet the unique needs of youth and young adults ages 16-22.
Information and Referral	DMH responds to requests for information and referral assistance from individuals, organizations, and other state agencies across the Commonwealth seeking resources, guidance, and information about child mental health conditions and services.
Consultation and Education	DMH provides expert clinical consultation, education and training to a wide range of individuals, agencies and organizations. Particular priority areas are Infant and Early Childhood Mental Health and Commercially Sexually Exploited Children (CSEC).
MCPAP and MCPAP for Moms	MCPAP assists pediatricians and other pediatric primary care providers (PCPs) manage mild to moderate mental health and substance use conditions of children in their care, and connects families to psychiatry and other specialty behavioral health services for children with more complicated behavioral health needs. MCPAP for Moms focuses on providing education and consultation to obstetric providers, primary care providers, and psychiatrists treating women with postpartum depression and other behavioral health conditions, during pregnancy and one year postpartum. Both programs can be accessed by any provider in Massachusetts seeking such support.
Children's Behavioral Health Knowledge Center	The Knowledge Center serves as an information hub for the children's behavioral health system through its Annual Symposium, website, workshops, and webinars. The Center's activities facilitate connection among the rich array of children's behavioral health researchers, program developers, providers, practitioners, and consumer advocates in Massachusetts, and national leaders in innovation and best practice.