

LGBTQ + RESOURCES

PRIDE, it's not just a month-long celebration,

it's access and inclusion!

Youth & Young Adult Resources

- **DMH Young Adult Resource Guide LGBTQ Resources:** www.mass.gov/info-details/dmh-young-adult-resource-guide-lgbtq-resources

- **The Commonwealth of Massachusetts Commission on LGBTQ Youth:**

<https://ma-lgbtq.org/resources/>

Some of their resources are highlighted below. For full list visit link above.

**Starred resources are not LGBTQ-specific and may or may not be qualified in LGBTQ issues*

TrevorLifeline: 1-866-488-7386 or text START to 678678

“Our trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk” www.thetrevorproject.org

Mental Health of Deaf LGBTQ Youth: www.thetrevorproject.org/research-briefs/mental-health-of-deaf-lgbtq-youth-mar-2022/

National Suicide Prevention Line:* 1-800-273-8255

For Spanish/En Español: 888-628-9454

Deaf & Hard of Hearing: 800-799-4889

Trans Lifeline (all ages): 877-565-8860

Fenway LGBT Helpline (for adults 25+): 617-267-9001; or 888-340-4528 (Toll-Free)

Fenway Peer Listening line (25 and under): 617-267-2535; or 800-399-PEER (Toll-Free)

LGBT National Youth Hotline: 800-246-PRIDE (7743)

LGBT National Hotline: (adults): 888-843-4564 LGBT

National Senior Hotline: 888-234-7243

Online peer support chat: www.glbthotline.org/peer-chat.html

National Runaway Safeline:* 1-800-RUNAWAY (786-2929)

Partner abuse hotline for gender & sexual minorities: 617-742-4911 or 800-832-1901 (Toll-Free) from The Network La Red

Legal help from GLAD Answers 800-455-GLAD (available 1:30 – 4:30 p.m. Mon-Fri)

More complete list of national hotlines: <https://lgbtqia.ucdavis.edu/support/hotlines>





Adult Resources

- **Boston Pride LGBTQ Resources:** www.bostonpride.org/resources
- **The National Resource Center on LGBTQ+ Aging** www.lgbtagingcenter.org/
- **Services and Advocacy for Gay, Lesbian, Bisexual & Transgender Elders (SAGE)** www.sageusa.org
- **National Center for Transgender Equality (NCTE)** <https://transequality.org/>
- **Lambda Legal** www.lambdalegal.org
- **National Center for Lesbian Rights (NCLR)** www.nclrights.org
- **Transgender American Veterans Association** <https://resumebuilderpro.com/resume-examples/tavausa>
- **Transgender Law Center** <https://transgenderlawcenter.org/>
- **LGBTQ+ Persons with Disabilities Resource page** www.salisburypflag.com/lgbtq-disability-page.html

QTPoC (Queer, Trans, People of Color) Resources

Local:



BAGLY, inc.: 617-227-8378

"BAGLY is a youth-led, adult-supported social support organization committed to social justice, and creating, sustaining and advocating for programs, policies and services for the LGBTQ+ youth community." <https://www.bagly.org>

And Still We Rise, Psychotherapy, Consulting, and Life Coaching: specializing in the Mental Health Care of Women, BIPOC, Queer, and Trans Communities. The mission is to create healing spaces for marginalized people by centering the values of community, critical consciousness, and decolonizing mental healthcare. www.andstillwerise.us

The Meeting Point: provides psychotherapy, group and body work, to communities of people whose needs have been unrecognized and under-served in medical settings. www.themeetingpoint.org

Massachusetts Asian and Pacific Islanders for Health: www.maphealth.org – LGBTQ+ AAPI support services.

Transgender Emergency Fund of Massachusetts: <https://transemergencyfund.org>
Provides assistance for low-income and homeless transgender people living in Massachusetts with housing assistance, prescription co-pays, transportation and personal supplies. Click here to apply for assistance: <https://transemergencyfund.org/services/>

National:

The National Queer and Trans Therapists of Color Network (NQTTCN): is a healing justice organization committed to transforming mental health for queer and trans people of color (QTPoC). Community resources, directory, organization listing and crisis hotlines. <https://nqttn.com/en/>

Black Led LGBTQ+ & Resources: <https://campsite.bio/lgbtqdonate>

The Brown Boi Project: A community of masculine of center womyn, men, two-spirit people, transmen, and our allies committed to changing the way that communities of color talk about gender. www.brownboiproject.org

Center for Black Equity: Black LGBTQ+ Pride <https://centerforblackequity.org>

Mental Health for Queer and Transgender Communities of Color: A curated list of resources <https://docs.google.com/document/d/1pnNNTe-HhHiQPMT6rcJVebZLTPHPuQ5ObaEC5ibU8OA/edit>

The National Black Justice Coalition: <https://nbjc.org> America's leading national Black LGBTQ/SGL civil rights organization focused on federal public policy

NQAPIA (national Queer Asian Pacific Islander Alliance): www.nqapia.org A federation of LGBTQ Asian American, South Asian, Southeast Asian, and Pacific Islander Organizations

Tribal Equality Toolkit: "Tribal Resolutions and Codes to Support Two Spirit & LGBT Justice in Indian Country" <https://graduate.lclark.edu/live/files/15810-tribal-equity-toolkit-20>

Unity Coalition / Coalición Unida: Advancing Equality & Fairness for the Latinx|Hispanic & Indigenous LGBTQ Community / Avanzando Igualdad para la Comunidad Latinx|Hispana e Indígena www.unitycoalition.org



*These resources were compiled by the DMH Office of Race, Equity, & Inclusion (OREI) and the Office of Community Engagement.
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