



**Peer Support Training & Certification
Program: Stakeholder Session #1**

January 28, 2019

Agenda

- ▶ Introductions
- ▶ Overview of Stakeholder Sessions
 - ▶ Purpose
 - ▶ Process
 - ▶ Expectations and Goals
- ▶ Vision for peer support and delivery systems
- ▶ Discussion

Introductions

- ▶ Rob Walker, Office of Recovery and Empowerment
- ▶ Brooke Doyle, Deputy Commissioner for Mental Health Services
- ▶ Beth Lucas, Assistant Commissioner for Mental Health Services

Purpose of Stakeholder Sessions

- ▶ DMH will procure a peer support training and certification program as a contract within the Client and Community Empowerment Activity Code.
- ▶ DMH will procure a separate contract to provide the voices of people with lived experience from diverse communities in policy and program development, also under the Client and Community Empowerment Activity Code.
- ▶ The scope of the stakeholder sessions is to provide input to DMH on the development of the peer support training and certification program.

Process for Stakeholder Sessions

- ▶ DMH anticipates conducting three sessions:

| Date | Time | Location | Tentative Topics |
|--|------------------|---|---|
| Monday, January 28th | 10:00-11:30 a.m. | Worcester Public Library, Saxe Room, Main Library | Vision for peer support roles and service delivery system |
| Tuesday, February 12th | 10:00-11:30 a.m. | Worcester Public Library, Saxe Room, Main Library | Core competencies for peer support and curriculum design |
| Monday, February 25th | 10:00-11:30 a.m. | Worcester Public Library, Saxe Room, Main Library | Organizational qualifications, infrastructure and contract management |

Expectations and Goals

- ▶ Each session will focus on different topics and areas of discussion
- ▶ DMH will present information on future vision and seek perspectives on specific questions
- ▶ DMH will present prepared information with ample time for full participation from all stakeholders following the material
- ▶ Sessions are designed to illicit diverse views and experiences
- ▶ DMH will refine the agenda and materials for each session based on discussion in prior session and will post materials on the DMH website
- ▶ DMH will provide a contingency plan for meetings scheduled during inclement weather

National Vision for Peer Support within Healthcare Systems

- ▶ **Peer support roles**
 - ▶ Advocating with people in recovery
 - ▶ Sharing resources and building skills
 - ▶ Building community and relationships
 - ▶ Leading recovery groups
 - ▶ Mentoring and setting goals
- ▶ **Examples of integrated peer support**
 - ▶ Whole Health Action Management (WHAM)
 - ▶ Chronic Disease Self-Management
 - ▶ Health and Recovery Peer Program (HARP)
- ▶ **Financing of peer support (including third party)**
- ▶ **Development of core competencies for peer support**

National Landscape of Peer Support Training and Certification Programs

- ▶ Nationally, there are a number of models for peer support training and certification
- ▶ Examples of programs that are in use in multiple states
 - ▶ Appalachian Consulting Group Peer Specialist Core Recovery Curriculum Training
 - ▶ RI International Peer Employment Training
 - ▶ Intentional Peer Support
 - ▶ DBSA Peer Specialist Training

Vision for Certified Peer Support in the Commonwealth

- ▶ Numerous practice settings, including general healthcare, mental health and integrated behavioral healthcare systems are moving in the direction of integrating peer support into these settings with:
 - ▶ Multiple examples of how peer support is implemented in these systems
 - ▶ Multiple payment opportunities
- ▶ Numerous funders are including peer support as a delivery system requirement

Peer Support in the Commonwealth

- ▶ **Examples of peer support in Executive Office of Health and Human Services/MassHealth programs**
 - ▶ Accountable Care Organizations/Community Partners
 - ▶ One Care
 - ▶ Children's Behavioral Health Initiative
 - ▶ Frail Elder Waiver
 - ▶ Emergency Service Programs
 - ▶ Living Rooms
 - ▶ 1115 Waiver Services
 - ▶ Bureau of Substance Abuse Services
 - ▶ Department of Veterans' Services
- ▶ **Examples of Peer Support Roles**
 - ▶ Recovery Coaches
 - ▶ Community Health Workers
 - ▶ Navigators
 - ▶ Homeless Peer Support

DMH Vision

- ▶ DMH services aligned and integrated with healthcare and employment service systems
 - ▶ Care coordination
 - ▶ Integrated behavioral and physical health
 - ▶ Integrated behavioral health (mental health and addiction conditions)
 - ▶ Integrated employment service delivery and housing supports
- ▶ DMH seeks a peer support training and certification program that can prepare class attendees to work in any healthcare setting in the Commonwealth
 - ▶ Some settings may require specialized training
- ▶ The delivery system is dynamic and evolving
 - ▶ DMH anticipates that the delivery of certified peer support training will need ongoing development to stay current with a changing delivery system

Peer Support in DMH

- ▶ Examples of certified peer support roles in DMH services
 - ▶ Inpatient facilities
 - ▶ Program for Assertive Community Treatment
 - ▶ ACCS
 - ▶ Site Offices

- ▶ Examples of other DMH services that include peer roles:
 - ▶ Caring Together
 - ▶ Flex
 - ▶ Leadership positions

Discussion Questions

- ▶ To maximize benefit to the Commonwealth, should Massachusetts adopt an existing training program used in other states or customize a training curriculum?
- ▶ What are the key outcomes of the curriculum that DMH should ensure are included?
- ▶ What are the opportunities and challenges in developing and adapting a peer support training program in this service delivery system?

Wrap-Up and Next Session

Thank you!

Date: Tuesday, February 12th, 10:00-11:30 a.m.

Location: Worcester Public Library, Saxe Room, Main Library

Topic: Core competencies for peer support and curriculum design

Robert.Walker@MassMail.State.MA.US

