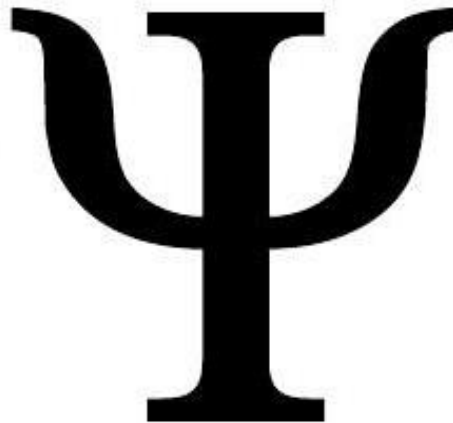
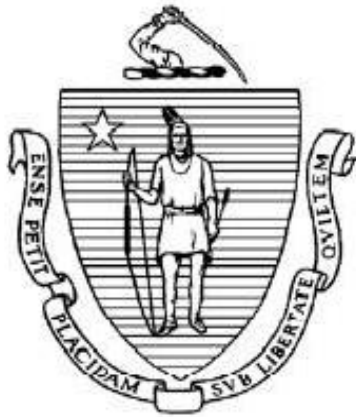


TEWKSBURY HOSPITAL
Departments of Public and Mental Health
PSYCHOLOGY SERVICES



DOCTORAL INTERNSHIP IN CLINICAL PSYCHOLOGY

2021-2022 Training Year

APPIC Program Number: 1339

ACCREDITED BY THE AMERICAN PSYCHOLOGICAL ASSOCIATION

Office of Program Consultation and Accreditation

American Psychological Association

750 First Street, NE, Washington, DC 20002-4242 (202) 336-5500

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www.apa.org/ed/accreditation

**TEWKSBURY HOSPITAL
DPH MEDICAL UNITS AND HATHORNE MENTAL HEALTH UNITS
DOCTORAL INTERNSHIP IN CLINICAL PSYCHOLOGY**

Tewksbury Hospital's doctoral internship in clinical psychology is accredited by the American Psychological Association, and offers three one year,-full-time internship positions. One internship position is allocated full-time to the Department of Public Health (DPH) units, one internship position is allocated full-time to the Department of Mental Health (DMH) units, and one position is split equally between the DPH and the DMH units via two six-month rotations. The internship positions are open to doctoral students who have substantially completed their doctoral course work within a Clinical or Counseling Psychology program at APA-accredited professional schools or educational institutions, and for whom an internship is required to fulfill the requirements for a doctoral degree. Successful applicants must have sufficient clinical practicum experience and must provide a verification of internship eligibility and readiness from their graduate program director.

Tewksbury Hospital is a large, multi-service, inpatient facility operated by the Massachusetts Department of Public Health. The hospital contains 370-bed inpatient beds and provides comprehensive treatment, care, and comfort to adults with medical and/or mental illnesses. Tewksbury Hospital houses two state hospital programs for the Department of Public Health and the Department of Mental Health. The first is a 210-bed public health hospital for subacute and chronic medical diseases, acquired and traumatic brain injuries, and other neurological conditions. The hospital also includes the Hathorne Mental Health Units, a 160-bed inpatient psychiatric hospital for intermediate and long-term care and treatment of seriously and persistently mentally ill adults operated by the Department of Mental Health. Both facilities are physically located in the Thomas J. Saunders Building on the Tewksbury Hospital campus.

On the Department of Public Health medical units, clinical training activities take place on seven inpatient units. DPH Psychology Services provide a wide array of interventions for patients experiencing psychological distress and/or disorders in combination with traumatic brain injury, stroke, seizure disorders, Huntington's disease, multiple sclerosis, cerebral palsy, dementia, substance use disorders, and other chronic neurological and physical diseases. The Hathorne Mental Health Units at Tewksbury Hospital are comprised of five DMH units, one of which is the first and only medically-enhanced psychiatric care unit in the state, serving adults with serious mental illness and co-occurring substance use, psychiatric, and/or medical problems. Therapeutic treatment within DMH also includes a Psychosocial Rehabilitation Center offering a variety of therapeutic and work programs.

In addition to psychology specific training, all Tewksbury Hospital units provide a setting for multidisciplinary collaboration with psychiatrists and other physicians, social workers, nurses, rehabilitation counselors, occupational therapists, and other professional disciplines. Integral to the training experience are the many opportunities interns have for interaction and training with staff and students of other disciplines (e.g., social work interns, psychiatry residents) on both the DPH and DMH service units.

Stipend: One year, Full Time: \$26,000

Stipends are paid out in bi-weekly increments during the training year, until the stipend amount is fully dispersed. At this time the stipend does not include health insurance. Stipends are funded by the Commonwealth of Massachusetts; therefore, all stipend offers and continued funding are contingent upon appropriation, budgetary constraints, and operating needs.

CORE CLINICAL SITES

History of Tewksbury Hospital

Tewksbury Hospital is comprised of two departments operated by two separate state agencies: the Department of Public Health (DPH) and the Department of Mental Health (DMH). Tewksbury Hospital has a long history of serving patients. It has undergone several name changes over the course of its existence. The hospital was established in 1852 and opened on May 1, 1854 as one of three state almshouses needed to help care for the unprecedented influx of immigrants and patients with tuberculosis. It also served patients with other infectious diseases as well as mentally, acutely, and chronically ill patients. In 1874 the institution was divided into three classifications: Mental Wards, Hospital, and Almshouse. During this period, rehabilitation services were also offered to persons suffering from alcoholism. In 1887, an internship program for Harvard Medical School was approved. In 1894 the educational aspect of the hospital was also expanded in the area of nursing. In 1900, the name of the institution was changed from the Tewksbury Almshouse to Tewksbury State Hospital, and additional wards were added for medical and surgical services. At that time, patients suffering from a small pox and typhoid fever were also treated by the hospital. In 1909, the hospital name was changed from Tewksbury State Hospital to the Massachusetts State Infirmary, and in 1938, the name was changed again to Tewksbury State Hospital and Infirmary. In 1959, the administration was transferred from the Department of Public Welfare to the Department of Public Health, and again the name was changed to the present day name of Tewksbury Hospital. Two new wings with several hundred new beds were added to the hospital in 1973. In 1976, the main hospital building was designated the Thomas J. Saunders building in honor of the eponymous hospital administrator. The Hathorne Mental Health Units opened on June 22, 1992 at the Thomas J. Saunders building after the closure of Danvers State Hospital, and serve the North East Area (e.g., North Shore and Merrimack Valley areas) of the Massachusetts Department of Mental Health (see www.mass.gov/dmh). Department of Public Health and Department of Mental Health patients receive medical, psychiatric and psychological treatment within the Thomas J. Saunders building.

DPH Medical Units

The Department of Public Health medical units of Tewksbury Hospital serve patients with a varied and complex array of medical illnesses. Units vary in terms of the physical health and medical diagnoses of the patient populations they serve. One unit is designated to provide medical care and long-term rehabilitation to patients with traumatic brain injury. Another

specialized unit consists of Huntington's disease patients who are in middle and advanced stages of the disease. These patients receive extended care for cognitive, movement and mood disorders. Another unit specializes in treating individuals with intellectual disabilities who are being served by the Department of Developmental Services (DDS) and are admitted for short-term rehabilitation for medical illnesses/complications before returning to the community. More recently, a unit was created to address the public health need of individuals who require medical treatment with conditions related to chronic substance use disorders. Additionally, this unit provides a substance use disorder program for those interested in such services. Another specialized unit emphasizes the treatment of adult and geriatric males with an additional sex offender treatment program for those requiring such services. Other medical units at Tewksbury Hospital serve patients with various other medical conditions including multiple sclerosis, medical and neurological conditions related to alcohol and drug abuse, end stage renal failure, diabetes, stroke, dementia, cardiac disorders, and other acute and chronic diseases. The hospital serves adult patients age 19 and over. Many of the patients at Tewksbury Hospital are wheelchair dependent.

DMH Psychiatric Units

The Department of Mental Health units are called the Hathorne Mental Health Units. The Hathorne Units admit male and female patients age 19 and over who are referred either: a) after short acute hospitalization (generally up to 30 days) at community-based private hospital admissions units; or b) upon order of the Courts for forensic evaluation or as a "step-down" from other state forensic units. The patient population is quite varied and includes patients with complex medical/psychiatric illnesses, patients with difficult differential diagnostic questions (such as depression vs. dementia), patients with episodic and persistent mental illnesses who require periodic acute and intermediate psychiatric care, and individuals with active forensic issues. Common psychiatric diagnoses include schizophrenia, schizoaffective disorder, bipolar disorder, major depression, eating disorders, personality disorders, severe alcohol or drug use disorders, and dementias at varying degrees of symptom severity. Patients who are initially admitted pursuant to a civil commitment must meet the criteria of substantial likelihood of imminent serious harm to self or others by reason of mental illness or inability to care for self by reason of mental illness. Patients sent by the courts are admitted for the purpose of evaluation of competency to stand trial, criminal responsibility, aid to sentencing, or treatment considerations.

The socioeconomic and cultural composition of the patients on the medical and Hathorne Mental Health Units is diverse. This reflects the fact that the region surrounding the hospital spans old industrial centers, seaports, and suburban communities with immigrant population centers of Spanish, Portuguese, Cambodian, Vietnamese, Polish, Italian, German, and Irish descent, as well as Jewish and African-American enclaves. The interns play a critical role in providing psychological services to this patient population. Patients on the medical units are served by a multidisciplinary treatment team, including a psychiatrist, psychologist, social worker, nurse, and rehabilitation staff. Weekly mental health rounds occur on several medical units, which provide treatment teams with opportunities to formulate diagnoses, develop treatment plans, monitor patient progress, and discuss discharge planning. Daily Rounds and weekly treatment team

meetings occur on the Hathorne Mental Health Units and are comprised of a similar professional mix. In addition, peer specialists are also members of the treatment teams on the DMH units. Interns on both DPH and DMH units act as consultants to the Treatment Teams by providing assessment information, diagnostic formulations, and treatment interventions. In addition to on-unit treatment, which includes individual and group therapy, DPH patients may be referred to occupational therapy, physical therapy, expressive therapy, recreational therapy, and pastoral counseling. DMH patients may be referred to an off-unit Social Club, recreational facilities, or to the on-campus Rehabilitation Center which houses day programs, vocational and prevocational services, music and art therapy, recreational therapy, and occupational therapy. As individuals work toward community re-entry, some participate in off-grounds programming in psychosocial clubhouses, recovery learning centers, and work programs and other treatment programs (e.g., AA). The DMH treatment programs embrace the recovery model which emphasizes person-centered planning and trauma-informed care.

PROGRAM PHILOSOPHY, MODEL AND GOALS OF PROFESSIONAL TRAINING

The primary training philosophy for Tewksbury Hospital's doctoral internship in clinical psychology is a practitioner-scholar model. The mission of the Tewksbury Hospital internship program is to provide comprehensive training enabling interns to become professional psychologists who can function effectively as clinicians, consultants, and multidisciplinary team members. Our goal is to integrate the evidence-based contributions of clinical science with the reality of daily practice in a hospital-based setting.

The primary emphasis of this internship is the critical and flexible application of psychological concepts and current scientific knowledge, principles and theories to the delivery of professional psychological services. The program aims to strengthen interns' knowledge of and skills in theoretical conceptualization and clinical practice and to provide specialized training in the application of these clinical skills and knowledge with seriously medically, neurologically, and persistently mentally ill persons in an inpatient facility. Interns are guided in their understanding of their professional and civic responsibilities, as defined by legal statutes and professional ethics codes. An additional goal of the program is to facilitate the intern's transition from student to professional psychologist. The goal is achieved through the provision of clinical experiences, training, and supervision. Interns deepen their appreciation of the variability and range of human capabilities through a variety of activities, including provision of supervised diagnostic-psychological and neuropsychological assessments and a range of psychotherapies. Interns also develop an understanding of the nature of public sector health care, including the larger systems issues of funding, models and integration of services, continuity of care, and organizational communications and change. Throughout, interns are challenged to develop and exercise balanced judgment, poise, emotional maturity, interfacing and negotiation skills, as well as appropriate professional presentation and demeanor. To achieve these outcomes the following goals are emphasized:

1. **Develop competence in psychological and neuropsychological assessment and the diagnostic skills necessary for the treatment and rehabilitation of adult inpatients.**
2. **Develop competency in providing a wide range of psychotherapies in individual and group formats to seriously medically, neurologically, and persistently mentally ill adult persons in an inpatient facility.**
3. **Develop overall professionalism and consultation skills and experience working effectively with a multidisciplinary treatment team.**

DESCRIPTION OF THE INTERNSHIP PROGRAM

The overarching goal of Tewksbury Hospital's doctoral internship in clinical psychology is to provide interns with intensive training and experience in psychological and neuropsychological assessment, diagnosis, and treatment of adults with severe and persistent medical and mental illness, utilizing a variety of theoretical perspectives and methods.

There are three one-year, full-time internship positions:

1. Health Psychology Track: full-time working on the Department of Public Health (DPH) units.
2. Serious Mental Illness Track: full-time working on the Department of Mental Health (DMH) units.
3. Health Psychology/Serious Mental Illness Track: one position is split equally between the DPH and the DMH units (6 months/6 months).

General clinical responsibilities include brief screenings, psychological and neuropsychological assessments, behavioral consultation, and individual and group psychotherapy. Interns are assigned to a minimum of two hospital units, and actively participate as members of those units' multidisciplinary treatment teams, including providing feedback on psychological and neuropsychological assessments and consultation as treatment concerns arise. There are also opportunities to provide treatment and assessment to patients from other units.

DMH specific responsibilities include: attending daily morning rounds on assigned units, attending and participating in select patient treatment team meetings and attending staff and community meetings on their primary unit.

DPH specific responsibilities include: attending weekly rounds to 2-3 units per week; serving as an on-call clinician for the Rapid Response Team, which involves periodically carrying the pager and responding to behavioral crises throughout the Department of Public Health during normal working hours.

The internship is flexible and training can be tailored to address the specific needs and interests of each intern. For example, interns who desire additional assessment experience or training in

specific techniques, such as medical competency evaluations, can generally be accommodated. Likewise, opportunities are available to attend a variety of optional presentations at Tewksbury Hospital and other institutions in the Boston area.

CORE TRAINING

All interns participate in a Core Curriculum which is comprised of clinical and didactic experiences. The full-year program in psychotherapy and assessment is designed to achieve the following specific training objectives:

1. **Develop competence in psychological and neuropsychological assessment and the diagnostic skills necessary for the treatment and rehabilitation of adult inpatients.**
2. **Develop competency in providing a wide range of psychotherapies in individual and group format to seriously medically, neurologically, and persistently mentally ill adult persons in an inpatient facility.**
3. **Develop overall professionalism and consultation skills and experience working effectively with a multidisciplinary treatment team**

The internship addresses these objectives by providing the following education and training experiences:

Psychotherapy

Comprehensive psychotherapy training is a major component of the curriculum. Interns provide extensive individual and group therapy on the DPH medical units and/or the DMH units during their training year.. Individual therapy cases range from brief (6-12 week) interventions for short-term or intermediate-term patients, to therapeutic relationships which may extend for the entire internship year. A full-time case load generally consists of four to six individual therapy clients (DMH) or six to 10 clients (DPH) and two weekly group therapy sessions. Each intern has two clinical supervisors for psychotherapy to ensure that the intern is exposed to a diversity of therapeutic orientations. In addition, the intern receives informal feedback and consultation from other members of the multidisciplinary treatment team.

A related area of emphasis in the internship program includes psycho-diagnostic interviewing and clinical consultation. Each intern is assigned to two treatment teams. The interns also provides consultative input on diagnosis, treatment and behavior support plans, treatment/recovery goal development, privilege status, assessment needs at the weekly DPH Mental Health Rounds for the DPH intern and for the DMH intern the DMH Treatment Team meetings and morning clinical-medical rounds. Training and supervision in these skill areas are provided to all interns.

Assessment

The other core activity of interns is gaining advanced and intensive training in psychological and neuropsychological assessment. Over 100 testing instruments, including computerized scoring software, are available. From the start of the year, interns perform psychological and

neuropsychological assessments. Accordingly, a prerequisite for admission to the internship program is formal training in the administration, scoring and interpretation of the Wechsler Adult Intelligence Scale-IV, Wechsler Memory Scale-IV, California Verbal Learning Test-II/3, Delis-Kaplan Executive Function System, Neuropsychological Assessment Battery, Rey-Osterrieth Complex Figure, MMPI-2/RF/MMPI-3, Personality Assessment Inventory, and other commonly used cognitive and personality measures in a full diagnostic battery.

All interns have the opportunity to provide full and selective psychological and neuropsychological assessments for patients. As such, the intern will play a critical role in educating the multidisciplinary team members about the usefulness of psychological and neuropsychological assessment in the evaluation and treatment of patients. Interns generally perform 1-2 psychological and/or neuropsychological evaluations at a time, depending on patient needs and requests of the treatment teams. Intensive supervision of these assessment activities is provided by the psychology staff.

CORE CURRICULUM

INDIVIDUAL SUPERVISION (2 hours weekly)

Interns receive intensive supervision for all of their clinical work, at a ratio that exceeds a rate of 1 hour of supervision per 16 hours of clinical service. Supervisory staff includes all staff members of the Psychology Services. Supervisors are all licensed and highly experienced in the areas in which they provide supervision.

GROUP SUPERVISION (1 hour weekly)

Group supervision is provided by the Training Director and focuses on interns' experiences within the training program. Group supervision also provides an opportunity for interns to develop group cohesion and learn from each other by discussing and examining individual as well as common experiences in the training program.

PROFESSIONAL DEVELOPMENT SEMINAR (1 hour weekly)

This didactic seminar serves several functions. It provides a forum for the presentation and discussion of numerous professional issues such as ethics, confidentiality laws, and transition to practice, as well as the presentation of speakers from within the hospital and the greater Boston area who are involved in psychological practice and research.

CONTINUING EDUCATION SEMINAR (2x monthly)

Educational hospital-wide seminar including presentations by medical staff and clinical case presentations by psychology interns.

CASE CONFERENCE GROUP SUPERVISION (1 hour weekly)

A weekly case presentation seminar with the aim of developing and enhancing skills in individual psychotherapy and case presentations.

JOURNAL CLUB (1 hour monthly) Monthly reading and discussion of peer review articles relevant to the APA core competencies.

ASSESSMENT SUPERVISION (1 hour every other week)

Interns meet as a group to broaden and hone their psychological and neuropsychological assessment skills through case presentations and discussion.

GENERAL INFORMATION

PROGRAM REQUIREMENTS

Each intern must complete a total of 1850 hours on-site within the context of the one year internship program.

TIME POLICY

1. Sound clinical practice requires that you provide as much time as possible, no less than two weeks advance notice of vacation or professional time off.
2. Each intern is allotted 160 hours (4 weeks) of Personal Time Off (PTO). PTO is defined as vacation days, sick days, professional time, and inclement weather days (Note: if the Governor orders all non-essential employees to stay home, then those work hours will not count toward PTO hours).
3. PTO must be pre-approved by the interns' primary supervisor in writing and documented on the Time Off Request forms, which must be turned into the Training Director at least two weeks prior to the Intern's absence.
4. If unplanned PTO is taken (i.e., sick time, bereavement, weather, etc), the intern must notify their primary supervisor and the Training Director immediately and a Time-Off Form must be completed and submitted to the Training Director within the week of returning to work.
5. Interns may not take vacation time during the month in which they are terminating.
6. Interns must arrange coverage for their caseload prior to taking PTO.
7. Interns may be required to work above and beyond a 40 hour work week, depending on the demands of the workload needed to be complete in a timely manner.
8. State holidays are an additional benefit. There are 11 state holidays, which are in addition to the allotted Personal Time Off.

Hours and duration:

Hours/week: 40 hours per week (8 hours per day) from July 1, 2021
(month/day/year) to June 30, 2022 (month/day/year)

Total number of hours required to complete the program for the year: 1850

HOSPITAL PROGRAMS AND FACILITIES

Various programs and facilities are available to interns:

- Cafeteria and Canteen on the basement floor of the Saunders Medical Building

- Coffee Shop in the Rehabilitation Center complex operated by patients and rehab staff
- Staff medical library
- Tew-Fit Gym (Staff fitness center, for a small fee)
- Strongwater Farm (Equestrian Center on Campus)

LOCATION

Tewksbury Hospital is 19 miles north of Boston, convenient to Routes 3, 93 and 495.

For application please see AAPI and APPIC website. “This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.”

INTERNSHIP ADMISSIONS, SUPPORT, AND INITIAL PLACEMENT DATA

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 4 Cohorts)

	2016-2019	
Total # of interns who were in the 3 cohorts	9	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Working on dissertation/Student:		
Community Mental Health Center:	2	
Health Maintenance Organization:		
Veteran’s Affairs Medical Center:	2	
Military Medical Center:		
Private General Hospital:	3	
General Hospital:		
Other Medical Center:	1	
Private Psychiatric Hospital:		
State/County/Other Public Hospital:		
Correctional Facility:		
School District/System:		
University Counseling Center:		
University Teaching Faculty:		
2 or 4 year Undergraduate Teaching Position:		
Medical School:		
Academic Non-Teaching Position:		
Research Position:	1	
Independent Practice:	2	1

Not currently employed		
Changed to another field		
Other		
Unknown		

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

APPLICATION DEADLINE: November 9th, 2020

Director of Psychology Training:

Tanya Pospisil, Ph.D.
Tewksbury Hospital
365 East Street
Tewksbury, MA 01876
Telephone: 978-851-7321, ext. 2233
FAX: 978-858-3795
E-mail: Tanya.Pospisil@state.ma.us

TRAINING FACULTY & SUPERVISORS

Tripti Bhaskar, Ph.D.
University of Tennessee, Knoxville, Counseling Psychology, 2011
Supervising Psychologist
Interests: Group therapy, individual therapy, traumatic brain injury, program development, skills training, and health psychology.
Orientation: Cognitive Behavioral and interpersonal process

Anthony J Giuliano, PhD
University of Virginia, 1993
Supervising Psychologist/Neuropsychologist
Interests: clinical neuropsychology, cognitive training, positive behavior support, psychotherapy for psychosis, risk assessment
Orientation: Integrative/biopsychosocial

David Greenleaf, Ph.D.
Syracuse University, Clinical Psychology, 1985
Director of Psychology
Supervising Psychologist
Interests: Risk assessment, dialectical-behavior therapy, program administration.
Orientation: Cognitive-behavioral, psychodynamic.

Carina Iati, Psy.D.
Indiana State University, 2013
Supervising Psychologist
Interests: Treatment of psychotic disorders, transitional age youth, program development
Orientation: Interpersonal

Ben Killilea, Ph.D.
Southern Illinois University Carbondale, Clinical Psychology, 2006
Supervising Psychologist
Interests: Personality assessment, violence-risk assessment/ management, individual and group therapy
Orientation: Cognitive-behavioral, mindfulness-based therapies

Brendan C. Lynch, Ph.D.
University of Tulsa, Clinical Psychology, 2006
Supervising Neuropsychologist
Interests: Clinical neuropsychology, cognitive capacity, geriatric psychology, dementia, behavioral planning.
Orientation: Cognitive-behavioral

Meghan Mitchell, Ph.D.
University of Georgia, 2009
Supervising Neuropsychologist
Interests: Clinical neuropsychology, dementia, TBI
Orientation: Cognitive-Behavioral

Tanya Pospisil, Ph.D.
Nova Southeastern University, Clinical Psychology, 2004
Director of Training
Supervising Neuropsychologist
Interests: Clinical neuropsychology, crisis intervention, cognitive rehabilitation, clinical supervision, health psychology, behavioral treatment plans
Orientation: Cognitive-behavioral

RESPONSE TO COVID-19 PANDEMIC

We, as you all, have been making accommodations and adjustments to our routines and practice in response to the COVID-19 pandemic. We are all hopeful that the situation related to the pandemic in the United States and around the world will improve significantly in the next 18 months. At the same time, the impact of COVID-19 may wax and wane for some time. The internship program at Tewksbury Hospital is an inpatient-only training setting. Therefore, it is possible that responses to the pandemic may alter training rotations, opportunities, and formats during the 2021-2022 training year.

APPLICATION PROCESS

Procedure:

Applications will be submitted through the APPIC Application for Psychology Internship Match process. The AAPI online link is on the APPIC website (www.appic.org). Applicants will submit materials through the AAPI on-line portals, described in the APPIC and National Matching Services materials.

Application materials are due in November of each year. The application deadline for the 2021-2022 year is November 9th, 2020.

Required Materials:

- Completed AAPI Online application
- Curriculum Vitae
- Transcripts of graduate work
- Verification of AAPI by your doctoral program (DCT) through the DCT Portal of the AAPI Online system
- Three letters of recommendation
- Supplemental: Work sample of a neuropsychological report or integrated psychological assessment report

INTERVIEWS:

One adjustment we will be making due to travel restrictions at the present time and our current COVID-19 response is that all interviews for the internship program will be held remotely either via videoconferencing or telephone.