



2018 Multicultural Mental Health Resource Directory

MA Department of Mental Health

Central Massachusetts Area

Ashburnham	Gardner	Natick	Sterling
Ashby	Gilbertville	Needham	Sturbridge
Ashland	Grafton	New Braintree	Sudbury
Auburn	Groton	Newton	Sutton
Ayer	Harvard	Norfolk	Templeton
Barre	Hardwick	Northbridge	Townsend
Bellingham	Holden	Northborough	Upton
Berlin	Holliston	North Brookfield	Uxbridge
Blackstone	Holland	North Grafton	Wales
Bolton	Hopedale	Norwood	Walpole
Boylston	Hopkinton	Oakham	Warren
Brimfield	Hubbardston	Oxford	Webster
Canton	Hudson	Paxton	Wellesley
Brookfield	Lancaster	Pepperell	West Boylston
Charlton	Leicester	Plainville	West Brookfield
Clinton	Leominster	Princeton	Westborough
Dedham	Lunenburg	Rutland	Westminster
Douglas	Marlborough	Sharon	Weston
Dover	Medfield	Sherborn	Westwood
Dudley	Medway	Shirley	Whitinsville
East Brookfield	Mendon	Shrewsbury	Winchendon
Fitchburg	Milford	Southbridge	Worcester
Foxboro	Millbury	Southborough	Wrentham
Framingham	Millis	Southbridge	
Franklin	Millville	Spencer	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Advocates, Inc. and Advocates Deaf Services 1881 Worcester Road Framingham, MA 01701 508-628-6300 24/7 Hotline: 1-800-640-5432 Video Phone: 774-999-0606 Email: DeafInquiries@Advocates.org advocates.org	– 24 hour crisis support hotline, emergency services and mobile crisis intervention – Residential services – Outpatient mental health services – Resources for deaf employees – Individual, family, couples, and group therapy – Medication management – Youth and family services	– American Sign Language (ASL)
African Children Education 24 Chatham Street Worcester, MA 01609 508-799-3653 acechildren.org	– Tutoring – Mentoring – Life skills training – Home visitation with families – Extracurricular activities: dance, soccer	– Swahili – Haitian Creole – Arabic – Somali – Farsi
ARISE (Advocacy for Refugee and Immigrant Services for Empowerment) 10 Gordon Road Shrewsbury, MA 01545 617-446-3706 ariseus.org	– Nepali language reference guide for healthcare providers in Worcester – Citizenship assistance class – Community social events – Youth programs – Suicide prevention program	– Nepali
Ascentria Care Alliance 11 Shattuck Street Worcester, MA 01605 774-243-3100 ascentria.org	– Mental health and disability services – Refugee and immigrant services – Immigration legal assistance	– Interpreter services available

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Boston Health Care 1600 Providence Highway, Suite 167 Walpole, MA 02081 508-660-7974 bostonhealthcareinc.com	– Individual, couples, group, and family therapy – Child, adolescent, and adult services – Medication management – Substance abuse counseling	– Arabic – Greek – Urdu
Callahan Center 535 Union Avenue Framingham, MA 01702 508-532-5980 framinghamma.gov/360/Council-on-Aging	– Recreational and social events – Substance abuse and mental health education – Caregiver support groups – Legal services – Computer classes	– Spanish
Center for Health Impact 35 Harvard Street, Suite 300 Worcester, MA 01609 508-756-6676 centerforhealthimpact.org	– Community health worker training – Consultations – Curriculum development – Training and technical assistance – Community based participatory research & qualitative research	– Interpreter and translation services
Center for Living and Working, Inc.: Deaf and Hard of Hearing Independent Living Services 484 Main Street Denholm Building, Suite 345 Worcester, MA 01608 Voice: 508-798-0350 TTY: 508-755-1003 Video Phone: 508-762-1164 centerlw.org	– Independent living skills training – Advocacy – Peer mentoring – Crisis intervention – Community education – Referrals	– American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Centro Las Americas 11 Sycamore Street Worcester, MA 01608 508-798-1900 centroinc.org	- In-home therapy - Therapeutic Mentoring - Youth and family support programs - Community outreach	- Spanish - Portuguese - Haitian Creole - Arabic - Vietnamese
Children's Friend 21 Cedar Street Worcester, MA 01609 508-753-5425 sevenhills.org/affiliates/childrens-friend	- Child and family counseling - Psychological testing - Adoption services - Early childhood learning	- Spanish - French - Italian
Community Healthlink, Inc. 275 Belmont Street Worcester, MA 01604 508-791-3261 communityhealthlink.org	- Family support and training - Psychotherapy - Psychiatry - Counseling for children, youth, adults, and families - Crisis intervention - Victim services and advocacy - Intensive Care Coordination	- Spanish - Portuguese - Thai
Counseling and Assessment Clinic of Worcester, LLC 38 Front Street, 5th floor Worcester, MA 01608 508-756-5400 33 Electric Avenue, Suite 204 Fitchburg, MA 01420 978-345-9400 cacworchester.org	- Life skills training - Medical and outpatient coordination - Crisis plan development - Peer support and self-help groups - Therapeutic Mentoring - In-home and outpatient therapy - Group therapy - Substance abuse services - Medication management	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Everyday Miracles 25 Pleasant Street Worcester, MA 01609 508-799-6227 everydaymiraclesprsc.org	- Community outreach - Housing, furniture and clothing referrals - Peer mentoring and support - Support groups and meetings - Health and wellness workshops - Computer classes - Recovery Coaching	- Spanish
Family Continuity Programs (FCP) 29 East Mountain Street Worcester, MA 01606 508-755-0556 76 Church Street, Suite 301 Whitinsville, MA 01588 508-234-4181 familycontinuity.org	- Family and community based services - Cultural Broker Support Program - Outpatient mental health services - School based behavioral health	Cultural Broker Support Program available in: - Spanish - Arabic - Nepali - Somali
Friendly House 36 Wall Street Worcester, MA 01604 508-755-4362 friendlyhousema.org	- Homeless family shelter - Emergency food pantry - Immigration assistance - After school programs - Referrals	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Hearing Loss Association of Central Massachusetts Headquarters address: 7910 Woodmont Avenue, Suite 1200 Bethesda, MD 20814 Meetings at Northborough Library: 34 Main Street Northborough, MA 01532 301-657-2248 Email: info@hearinglosscentralma.org hearinglosscentralma.wordpress.com	– Monthly meetings on topics relating to hearing loss – Information and peer support	– American Sign Language (ASL) – Computer Aided Real Time Captioning (CART)
Hector Reyes House Latin American Health Alliance 27 Vernon Street Worcester, MA 01610 508-459-1801 lahaworc.org	– Residential substance abuse treatment for Latino men – English for Speakers of Other Languages (ESOL) – Educational programs for literacy and GED completion – Physical fitness, nutrition education, and disease management – Alcoholics Anonymous, Narcotics Anonymous, and other 12 step programs – Vocational and social skills training	– Spanish – Portuguese
Jewish Community Center 633 Salisbury Street Worcester, MA 01609 508-756-7109 worcesterjcc.org	– Health and fitness classes – Summer camp – Childcare – Teen events and sports – Programs for elders – Cultural arts	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Kiva Center 209 Shrewsbury Street Worcester, MA 01604 508-751-9600 centralmassrlc.org	– Mental health peer support – Support groups – Social events – Arts, Yoga, and Zumba	– American Sign Language (ASL) – Spanish – Portuguese
Latino Health Insurance Program 88 Waverly Street, 1st Floor Framingham, MA 01702 508-875-1237 Locations in Milford and Worcester lhiprogram.org	– Community health education – Chronic disease self-management program – Medical clinic – Social services navigation: SNAP/food stamps, WIC application assistance – Health insurance navigation – Care coordination	– Spanish – Portuguese
Learning Center for the Deaf 848 Central Street Framingham, MA 01701 508-879-5110 Video Phone: 774-999-0941 tlcdeaf.org	– American Sign Language classes (ASL) – Audiology – Walden Community Services: Comprehensive services to families with a Deaf or Hard of Hearing member – Public school partnerships – Interpreting services	– American Sign Language (ASL)
LUK Crisis Center 545 Westminster Street Fitchburg, MA 01420 978-345-0685 251 Main Street Webster, MA 01570 508-640-0011 40 Southbridge Street Worcester, MA 01608 508-672-3000 luk.org	– Youth development – Substance abuse prevention – Psychiatry – Mental health assessment and treatment – Addictions treatment – Referrals – Foster care services – Residential programs – Young adult services	– Spanish – Interpreter services available

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Martin Luther King Jr. Opportunity Center, SMOC 237 Chandler Street Worcester, MA 01609 508-756-6330 mlkj-oc.org	- Homeless services - Shelter - Housing services - Community outreach - Employment assistance	- Spanish - Portuguese
Multicultural Wellness Center 250 Commercial Street Worcester, MA 01608 508-752-4665 515 Main Street, 1st Floor Fitchburg, MA 01420 978-343-3336 multiculturalwellness.org	- Outpatient therapy - In-home therapy - Culturally centered counseling - Balancing Life and Recovery support group - Therapeutic Mentoring - Substance abuse services	- Arabic - Bangladeshi - Cape Verdean - French - Haitian Creole - Hindi - Japanese - Patois - Punjabi - Portuguese - Russian - Spanish - Swahili - Ibo-Nigerian - Twi
Our Deaf Survivors Center 12 Meade Street Worcester, MA 01610 978-451-7225 Email: CBosdc414@gmail.com odscunity.org	- Sexual violence and domestic violence services - Advocacy - Website has list of Signing Therapists in Massachusetts - Trainings for culturally and linguistically accessible services for Deaf victims/survivors	- American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Pathways for Change: Deaf Survivors Program 588 Main Street Worcester, MA 01608 Video Phone: 508-502-7681 24 hour Hotline: 800-870-5905 pathwaysforchange.help/pfc/agency-programs/deaf-survivors-program	– Culturally appropriate and accessible crisis counseling and advocacy services for survivors of sexual violence who are Deaf and Hard of Hearing – Medical, police, and court accompaniment – Workshops and consultation – Support groups	– American Sign Language (ASL) – Spanish
Refugee & Immigrant Assistance Center 340 Main Street, Suite 802 Worcester, MA 01608 508-756-7557 riacboston.org	– Youth enrichment – Civics tutoring, citizenship, and Green Card services – Domestic violence advocacy – Community support program – Employment services – Extended case management – Refugee resettlement – Community mental health clinic	– Somali – Arabic – Farsi – Spanish – Swahili – French
Riverside Community Care 270 Bridge Street, Suite 301 Dedham, MA 02026 781-329-0909 riversidecc.org	– Outpatient counseling – Emergency services – Early childhood services and early intervention – Home-based services – Community living services – Suicide prevention education – Domestic violence services – Employment services – Therapeutic Mentoring – Family support	– Cantonese Chinese – Mandarin Chinese – Korean – Portuguese – Russian – Spanish – Arabic – Greek – French

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Sarah Care /Adult Day Health 1217 Grafton Street Worcester, MA 01604 508-756-7272 sarahcare.com/Worcester	- Adult day services - Customized programs of individual and group activities - Nursing services - Ancillary care - Transportation	- Vietnamese - Chinese
SMOC Behavioral Health Services 7 Bishop Street Framingham, MA 01702 508-872-4853 255 Main Street, Suite 113 Marlborough, MA 01752 508-460-9699 smoc.org	- Adult mental health services - Child, adolescent, and family counseling - Family shelter - Rape crisis services - Emergency housing for women - Substance abuse services - Domestic violence and sexual assault services - Young adult residential services and case management - Recovery programs	- Spanish - Portuguese
Southeast Asian Coalition of Central Massachusetts 484 Main Street, Suite 400 Worcester, MA 01608 508-791-4373 seacma.org	- Youth groups - Refugee assistance - Cultural arts - Referrals - Health and wellness programs - Economic development - Language classes - Career services	- Laotian - Cambodian - Vietnamese - Thai

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Spanish American Center 112 Spruce Street Leominster, MA 01453 978-534-3145 spanishamericancenter.org	- Asthma awareness - Breast cancer education - English for Speakers of Other Languages (ESOL) - Food pantry - Domestic violence services and counseling - After school program - Elders program - Homeless services	- Spanish
UMass Memorial Health Care Behavioral/Psychiatric Services 281 Lincoln Street Worcester, MA 01605 508-334-1000 Other locations in Worcester umassmemorialhealthcare.org	- Outpatient and inpatient psychiatry - Substance abuse services - Depression Specialty Clinic - Individual and family therapy - Psychopharmacology - Women's behavioral health program - Neuropsychology - Emergency mental health care	- American Sign Language (ASL) - Interpreter services available
United Hmong of Massachusetts, Inc. 21 Culley Street, Suite 104 Fitchburg, MA 01420 978-343-3831 unitedhmong.org	- Social services - Translation services - Cultural events - Community advocacy	- Hmong

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Worcester Adult Day Health/ Renaissance 81 Lafayette Street Worcester, MA 01608 508-831-7500 daycarein.com/adult-daycare/worcester_ma_city.html	- Adult day services - Customized programs of individual and group activities - Nursing services - Ancillary care - Transportation	- Russian - Albanian - Spanish
Youth Opportunities Upheld, Inc. 81 Plantation Street Worcester, MA 01604 508-849-5600 youinc.org	- Outpatient individual and family therapy - Early childhood mental health consultation - Substance abuse program for adolescents ages 13-18 - Residential mental health treatment - Therapeutic Day Treatment	- Spanish - Portuguese - American Sign Language (ASL) and other services for those with impaired hearing
Zia Access Center At The Bridge of Central MA 4 Mann Street Worcester, MA 01602 508-751-9600 At the Kiva Center 209 Shrewsbury Street Worcester, MA 01602 774-242-6364 centralmassrlc.org	- Young adult peer support - Employment assistance - LGBTQIA+ services - Research opportunities with paid stipends	- Spanish