

2018 Multicultural Mental Health Resource Directory

MA Department of Mental Health

Metro Boston Area

Allston	Dorchester	Roxbury	
Boston	East Boston	Somerville	
Brighton	Hyde Park	South Boston	
Brookline	Jamaica Plain	West Roxbury	
Cambridge	Mattapan	Winthrop	
Charlestown	Revere	•	
Chelsea	Roslindale		

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Arbour Counseling Services 14 Fordham Road Allston, MA 02134 617-782-6460 arbourhealth.com/organizatio ns/arbour-counseling-services Asian American Civic	 Individual, couple, family, and group counseling Crisis response Evaluation and treatment Job, housing, and college 	 Bengali French Hebrew Italian Russian Spanish Urdu Cantonese
Association 87 Tyler Street, 5 th Floor Boston, MA 02111 617-426-9492 aaca-boston.org	counseling - English for speakers of other languages - Youth center and youth mentoring program	Chinese - Mandarin Chinese
Asian Task Force Against Domestic Violence P.O. Box 120108 Boston, MA 02112 617-338-2350 24 hour Multilingual Helpline: 617-338-2355 atask.org	 Emergency shelter Crisis intervention Referrals Children and family program Life skills training English for speakers of other languages Legal advocacy Medical/healthcare advocacy Education and outreach 	 Vietnamese Cantonese Chinese Shanghainese Taiwanese Khmer Korean Japanese Lao Nepali Hindi Bangla Tagalog Urdu Thai Manipuri Mien Indonesian Toisanese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Association of Haitian Women in Boston	Domestic violence servicesYouth development	– Haitian Creole
330 Fuller Street Dorchester, MA 02124 617-287-0096 afab-kafanm.org	 Counseling Community outreach Housing support Adult education 	
Boston Alliance of Gay, Lesbian, Bisexual, and Transgender Youth Inc. P.O. Box 960814 Boston, MA 02196 617-227-4313 bagly.org	 Peer support Social events Leadership development Community outreach Referrals HIV and risk counseling 	– American Sign Language (ASL)
Boston Asian: Youth Essential Service, Inc.	Individual and family counseling	– Mandarin Chinese
199 Harrison Avenue Boston, MA 02111 617-482-4243 bostonasianyes.org	 School drop-out prevention Court diversion programs Youth leadership programs Substance abuse prevention After school tutoring 	 Cantonese Chinese Toisanese Fujinese Vietnamese
Boston Center for Refugee Health and Human Rights 771 Albany Street Boston, MA 02118 617-414-4794 berhhr.org	 Medical and mental health services Legal services Health literacy education Case management 	 Interpreter services for over 30 languages
Boston Chinatown Neighborhood Center 38 Ash Street Boston, MA 02111 617-635-5129 bcnc.net	 Adult education After school, summer, recreation and fitness programs Early education and child care Youth center 	 Cantonese Chinese Mandarin Chinese Vietnamese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Boston Children's Hospital Department of Psychiatry 300 Longwood Avenue Boston, MA 02115 617-355-6680 childrenshospital.org/centers- and-services/department-of- psychiatry	 Inpatient and outpatient care Emergency psychiatric service Adolescent substance abuse program Center for Young Women's Health Deaf and Hard of Hearing Program Eating Disorders Program 	 Interpretation for more than 25 languages Spanish-speaking interpreters available onsite
For LGBTQ+ youth, homeless youth, and youth living with HIV ages 13-29 75 Amory Street Jamaica Plain, MA 02130 857-399-1920 jri.org/services/health-and-housing/health/boston-glass	 Support groups Outreach and education Drop-in center Behavioral health services and referrals Mentorship program Free HIV/AIDS testing Social events 	– Spanish
Boston Mayor's Health Line 1010 Massachusetts Ave, 2 nd floor Boston, MA 02118 800-847-0710 bphc.org/aboutus/mayors- health-line	 Free and confidential referral service for information about: Health insurance Social services Mental health services Legal services 	 Spanish Portuguese Haitian Creole Cape Verdean Creole Over the phone interpreter service
Boston Medical Center Immigrant & Refugee Program 725 Albany Street Boston, MA 02118 617-414-5951 bmc.org/refugeehealth.htm	 Check-ups, immunizations, care for illnesses and injuries Care coordination Access to psychiatric and case management support Consultation 	 On-site and over the phone interpretation for over 30 languages

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Brazilian Immigrant Center 14 Harvard Avenue, 2 nd Floor Allston, MA 02134 617-783-8001 braziliancenter.org	 Activism Community outreach and education Legal services 	- Portuguese
Brazilian Women's Group 697 Cambridge Street, Suite 106 Brighton, MA 02134 617-202-5775 verdeamarelo.org	 Community outreach English for speakers of other languages Help for domestic violence Cultural events Referrals 	– Portuguese
Casa Esperanza 302 Eustis Street Roxbury, MA 02119 617-445-1123 casaesperanza.org	 Substance abuse programs HIV counseling, education, and case management Parenting education Recreational activities Psychotherapy Psychiatry Employment & education programs Anger management, life skills, and other therapeutic groups Peer recovery coaching 	- Spanish
P.O. Box 180019 Boston, MA 02118 617-521-0100 Domestic Violence Hotline: 877-785-2020 casamyrna.org	 Emergency shelters Transitional living programs Counseling Children's services Legal advocacy Support groups Referrals 	SpanishPortuguese

Center Club, a program of Bay Cove Human Services 31 Bowker Street Boston, MA 02114 617-788-1000 617-788-1091 (Spanish) centerclubboston.org Center for Cross-Cultural Student Emotional Wellness	 Employment and education supports Community outreach Housing supports Young adult programs Dual Recovery Anonymous Mental health peer support 	– Spanish – Mandarin
Student Emotional		
55 Fruit Street Boston, MA 02114 617-726-2000 massgeneral.org/psychiatry/s ervices/ccsew_home.aspx Children's Services of Roxbury	 Research Consultation, treatment, and referral for Chinese international and second-generation students Psychiatric diagnostic evaluations Early education and child care Children's Behavioral Health Initiative Community Service Agency In-home therapy Community support program Case management Outpatient substance abuse services Outpatient mental health clinic Intensive care coordination Family support and training Housing services 	Chinese - Cantonese Chinese - Spanish - Haitian Creole - Cape Verdean Creole

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Community Legal Services and Counseling Center 1 West Street Cambridge, MA 02139 617-661-1010 clsacc.org	 Individual and group psychotherapy Refugee and immigrant support services Counseling for victims of abuse and torture Legal services 	– Spanish
Deaf and Hard of Hearing Service, Cambridge Health Alliance 1493 Cambridge Street Cambridge, MA 02139 617-665-3458 challiance.org	 Individual and family therapy School consultation Medication evaluation Medication management General psychiatric services 	– American Sign Language (ASL)
Dorchester House Health Multi-Service Center 1353 Dorchester Avenue Dorchester, MA 02122 617-740-2212 dorchesterhouse.org/services/ behavioral_health.html	 Individual, family, and group counseling Anger management Substance abuse services Domestic violence services Grief support Mental health evaluation 	 French Kikongo Lingala (Ngala) Spanish Vietnamese
Emerge: Counseling and Education to Stop Domestic Violence 2464 Massachusetts Avenue Suite 101 Cambridge, MA 02140 617-547-9879 emergedv.com	 Abuser education group meetings Anger management program Fatherhood education group 	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Eritrean Community Center 590 Shawmut Avenue Roxbury, MA 02118 617-427-1210 eccboston.org Ethiopian Community Mutual Assistance Association 522 Massachusetts Avenue Cambridge, MA 02139 617-492-4232 krichevsky.com/maac-3/prof-Ethiopian.html	 Social and cultural events Seminars and workshops on social, health, and financial issues Mentorship programs Adult education classes Assistance with resumes and job interviews Advocacy Social services Interpreter services Counseling HIV/AIDS prevention education Referrals 	- Amharic - Tigrinya - Amharic
Fenway Health Healthcare for the LGBTQ+ community 1340 Boylston Street Boston, MA 02215 617-267-0900 142 Berkeley Street Boston, MA 02116 617-247-7555 75 Kneeland Street Boston, MA 02111 617-457-8140 fenwayhealth.org	 Outpatient mental health services Psychotherapy Psychiatry Problem gambling program Therapy and support groups Addiction recovery and wellness Violence recovery Transgender health LGBT family and parenting services 	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Freedom Trail Clinic, Deaf and Hard of Hearing Outpatient Mental Health 25 Staniford Street Boston, MA 02114 617-912-7800 TTY: 617-912-7897 northsuffolk.org/services/adu lt-services/deaf-and-hard-of-hearing-outpatient-clinical-services	 Individual, family, and group therapy Psychiatry consultation Counseling Crisis intervention Referrals 	- American Sign Language (ASL)
Frosina Information Network Albanian Cultural Resource and Information Center 162 Boylston Street Boston, MA 02116 617-482-2002 frosina.org	 English for speakers of other languages Document translation service Legal counseling Referrals 	– Albanian
Guidance Center 5 Sacramento Street Cambridge, MA 02138 617-354-2275 guidancectr.org	 Early childhood behavioral health services Child and adolescent counseling In-home therapy Therapeutic Mentoring Family services Domestic violence services Care coordination 	 Spanish Portuguese Haitian Creole Cantonese Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Haitian American Public Health Initiative 1601-1603 Blue Hill Avenue P.O. Box 260386 Mattapan, MA 02126 617-298-8076 haphi.org	 Referrals Peer support Family support Health education Prevention media campaign Haitians Against Drugs Program Youth leadership Medicare/Medicaid outreach 	- Haitian Creole
Haitian Mental Health Network 637 Washington Street Dorchester, MA 02124 Email: HMHnetwork@gmail.com hmhnetwork.org	and education - Mental health education - Community forums and conferences - Resource guides - Referrals - Research - Clinical consultation and training	– Haitian Creole
Harvard Program in Refugee Trauma 22 Putnam Avenue Cambridge, MA 02139 617-876-7879 hprt-cambridge.org	 Torture Survivors Project Bosnia Reconstruction Project Cambodian Mental Health program Mental health treatment for refugee patients and civilian survivors of mass violence and torture 	– Interpreter services available
Home for Little Wanderers 10 Guest Street Boston, MA 02135 617-267-3700 Multiple sites in Boston area thehome.org	 Clinical and family support Residential care Special education Transitional age youth program 	 Amharic Haitian Creole French Spanish German Mandarin Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Inquilinos Boricuas En Accion 405 Shawmut Avenue Boston, MA 02118 617-927-1707 iba-etc.org Irish International Immigrant Center	 Youth development Preschool program After school and summer learning Case advocacy Health education Referrals Arts program Case management Counseling 	SpanishHaitian CreoleFrench
100 Franklin St, Lower Level 1 Boston, MA 02110 617-542-7654 iiicenter.org	 Counseling Substance abuse prevention and recovery Suicide prevention Health screenings Legal services 	- French - Spanish
15 Rita Road Dorchester, MA 02124 617-265-5300 ipcboston.org	 Immigration, detention, and U.S. citizenship services Drug, alcohol and substance abuse services Mental health services Parenting groups Employment services Spiritual program and pastoral care 	
Italian Home for Children 77 Warren Street Brighton, MA 01235 617-787-1901 italianhome.org/bamha	 In-home therapy In-home behavioral services Therapeutic Mentoring Group treatment Intensive family treatment 	– Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Kit Clark Senior Services 66 Canal Street Boston, MA 02114 617-788-1083 kitclark.org	 Outpatient counseling and therapy Substance abuse clinic Anxiety clinic Housing and rehabilitation for those with psychiatric disorders Emergency services Health education 	VietnameseSpanishHaitian Creole
La Alianza Hispana, Inc. 434 Warren Street Boston, MA 02121 617-427-7175	 Family counseling Family stabilization and support Teenage pregnancy prevention 	– Spanish
laalianza.org Latino Health Insurance Program Iglesia Cristiana Nueva Vida 70 White Street East Boston, MA 02128 617-567-0235 Ext. 2 lhiprogram.org	 Girls Initiative support group Community health education Chronic disease self-management program Medical clinic Social services navigation: SNAP/food stamps and WIC application assistance Health insurance navigation 	– Spanish – Portuguese
Massachusetts Alliance of Portuguese Speakers 1046 Cambridge Street Cambridge, MA 02139 617-864-7600 Locations in Somerville, Brighton, and Dorchester maps-inc.org	 Care coordination Domestic violence and sexual assault services Family support Immigrant integration services Elder services Language courses HIV/STI testing and prevention Medical case management Translation service 	- Portuguese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Massachusetts Society for the Prevention of Cruelty to Children 3815 Washington Street, Suite 2 Jamaica Plain, MA 02130 617-983-5800 mspcc.org Native American Lifelines of Boston 2077 Centre Street West Roxbury, MA 02132 857-203-9680 nativeamericanlifelines.org	 Pregnancy and parenting services Child and family behavioral health services Trauma counseling Adoption and foster care services Case management Cultural activities Elders program Health promotion and disease prevention Healthy Native Parenting Prison outreach Substance use prevention and 	SpanishHaitian Creole
North American Indian Center of Boston, Inc. 105 South Huntington Avenue Jamaica Plain, MA 02130 617-232-0343 naicob.org	treatment - Counseling - Community outreach - Advocacy - Referrals - Domestic violence and sexual assault victims support group	– Micmac (Mi'kmaq)
North Suffolk Mental Health Association, Inc. 301 Broadway Street Chelsea, MA 02128 617-889-3300 Locations in East Boston and Revere northsuffolk.org	- Outpatient mental health services - Addiction services - Southeast Asian program - Adult, child, and family mental health services - In-home therapy - Early childhood services - Adolescent services - Emergency services	 American Sign Language (ASL) Khmer Vietnamese Spanish Portuguese Mandarin Chinese Cantonese Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Osiris Family Institute 184 Dudley Street, Suite 107 Roxbury, MA 02119 617-442-2002 osirisinstitute.com Priority Professional Care 1613 Blue Hill Avenue, Suite 302 Mattapan, MA 02126 857-598-4774 ppcboston.com	 Educational workshops Information and tools for parents Family support services Individual, group, family, and couples therapy Psychiatric medication consultation Adolescent stabilization Case consultation 24-hour crisis assistance 	 Haitian Creole Cape Verdean Creole French Arabic Spanish Haitian Creole Cape Verdean Creole French Portuguese
Pyramid Builders Counseling Services, Inc. 1421 Blue Hill Avenue Mattapan, MA 02126 857-267-2059 pbacs.org Refugee and Immigrant Assistance Center	 Crisis intervention Counseling Group therapy In-home therapy Therapeutic mentoring Anger management program Substance abuse program Individual and family counseling 	 Spanish Portuguese Arabic Haitian Creole Somali
31 Heath Street Jamaica Plain, MA 02130 617-238-2430 riacboston.org	 Support groups Community outreach and education Assistance for victims of disaster, crime, and domestic violence Refugee resettlement services Citizenship & green card services Youth enrichment 	 Arabic Farsi Spanish Swahili Ibo Hausa

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Roca, Inc. 101 Park Street Chelsea, MA 02150 617-889-5210 rocainc.org	 Outreach and mentorship for youth Young Mothers Program 	– Spanish
Roxbury Multi-Service Center 321 Blue Hill Avenue Dorchester, MA 02121 617-989-0292 roxmulti.org	 Multicultural cancer support group Family Nurturing Program Anger management Services for trauma survivors Substance abuse services In-home therapy Adolescent and family supports Therapeutic Mentoring 	SpanishHaitian CreoleVietnamese
Somali Development Center 10 Malcolm X Blvd. 2 nd Floor Roxbury, MA 02119 617-522-0700 sdcboston.org South Bay Community	 Basic adult literacy/citizenship assistance programs Youth employment and crime prevention Social services Healthcare services 	ArabicAmharicSomaliSwahili
Service, Dorchester Mental Health Clinic 415 Neponset Avenue, 3 rd Floor Dorchester, MA 02122 857-217-3700 southbaycommunityservices.com	 Day services Children, youth, and family mental health services Mental health and substance abuse counseling 	 American Sign Language (ASL) Spanish Portuguese Haitian Creole Vietnamese Mandarin Chinese Cantonese Chinese

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Trauma Center	- Counseling	- Spanish
1269 Beacon Street Brookline, MA 02446 617-232-1303 traumacenter.org	 Evaluation for children, adolescents, and young adults Family support Trauma-focused therapies 	
Ummah Health 100 Malcolm X Boulevard Roxbury, MA 02120 617-858-6114 ummahealth.org	 Health insurance information and connection to primary care services Mental health discussions Alcoholics Anonymous groups Parent and student workshops 	– Arabic
Vietnamese American Civic Association 42 Charles Street Dorchester, MA 02122 617-288-7344 vaca-boston.org	 Housing counseling Immigration services Gardening program Community health program English for speakers of other languages Youth development 	– Vietnamese
Vietnamese American Initiative for Development 42 Charles Street, Suite E Dorchester, MA 02122 617-822-3717 vietaid.org Women's Center 46 Pleasant Street Cambridge, MA 02139 617-354-6394	 Women's Initiative program Childcare and preschool After school programs Summer youth programs Small business aid Community outreach Educational workshops Drop-in center Peer support 	- Vietnamese
Crisis Helpline: 617-354-8807		
cambridgewomenscenter.org		