

2018 Multicultural Mental Health Resource Directory

MA Department of Mental Health

Western Massachusetts Area

Adams	Deerfield	Huntington	Otis	Sunderland
Agawam	Easthampton	Lanesborough	Palmer	Thorndike
Alford	East Longmeadow	Lee	Pelham	Three Rivers
Amherst	Egremont	Lenox	Peru	Tolland
Ashfield	Erving	Leverett	Petersham	Turner Falls
Athol	Florence	Leyden	Phillipston	Tyringham
Becket	Florida	Longmeadow	Pittsfield	Ware
Belchertown	Gill	Ludlow	Plainfield	Warwick
Bernardston	Goshen	Middlefield	Richmond	Washington
Blandford	Granby	Monroe	Rowe	Wendell
Bondsville	Granville	Monson	Royalston	Westfield
Buckland	Great Barrington	Montague	Russell	Westhampton
Charlemont	Greenfield	Monterey	Sandisfield	West Springfield
Cheshire	Hadley	Montgomery	Savoy	West Strockbridge
Chester	Hampden	Mt. Washington	Sheffield	Whately
Chesterfield	Hancock	New Ashford	Shelburne	Wilbraham
Chicopee	Hatfield	New Marlborough	Shutesbury	Williamsburg
Clarksburg	Hawley	New Salem	South Hadley	Williamstown
Colrain	Heath	North Adams	Southampton	Windsor
Conway	Hinsdale	Northfield	Southwick	Worthington
Cummington	Holyoke	Northampton	Springfield	
Dalton	Housatonic	Orange	Stockbridge	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
A Positive Place 2 Conz Street Northampton, MA 01060 413-586-8288 cooleydickinson.org/progra ms-services/hivaids	 HIV care, education, prevention, and risk reduction Case management Referrals Focused on LGBTQ healthcare equality 	
AdCare 117 Park Avenue West Springfield, MA 01089 413-209-3124 adcare.com	 Outpatient care and treatment Recovery groups Family support Individual, group, and family counseling Parenting group Women's group Spanish speaking intensive outpatient program 	– Spanish
AdLib 215 North Street Pittsfield, MA 01201 413-442-7047 adlibcil.org	 Independent living and specialized services for people with disabilities Referrals Advocacy Peer counseling Skills training Transition services Deaf and hard of hearing services 	– American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Anchor House 518 Pleasant Street Northampton, MA 01060 413-588-4337 anchorhouseartists.org	 Shared affordable art space LGBTQI+ friendly Community events 	
Ascentria Service for New Americans 94 North Elm Street, Suite 401 Westfield, MA 01085 413-787-0725 ascentria.org/our- services/services-new- americans	 Refugee resettlement Immigration legal services Foster care for refugee children Self-employment/business training for refugees 	- Interpreter services available
Behavioral Health Network 417 Liberty Street Springfield, MA 01104 413-747-0705 Other locations in Westfield, Ware, Greenfield, and Holyoke bhninc.org	 Therapy and counseling Addiction services Crisis services Forensic evaluation and treatment Partial hospitalization program Domestic violence support and advocacy 	- Spanish - Italian - Russian

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Berkshire Immigrant Center 67 East Street Pittsfield, MA 01201 413-445-4881 berkshireic.com Brick House Community Resource Center 24 Third Street Turners Falls, MA 01376	 Support for immigrants to help with cultural adjustment Citizenship classes Walk-in legal clinic Referrals to community services Advocacy Food and shelter assistance Interpretation and translation services English classes Youth services (teen drop-in center, peer support, arts, social justice work) Parent and family services 	SpanishKyrgyzRussianSpanish
413-863-9576 brickhousecommunity.org	 Community Center Summer meals program for youth 	
Brien Center 333 East Street Pittsfield, MA 01201 413-499-0412 briencenter.org	 Behavioral health treatment for children, adolescents, adults, and families Crisis and respite services Community-based mental health services 	- Spanish - American Sign Language (ASL)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Casa Latina	 Medical interpretation 	- Spanish
	 Community education 	_
140 Pine Street, Suite 5 Florence, MA 01062	 Navigation of health insurance options 	
413-586-1569 casalatinainc.org	 Referrals and information about healthcare, legal, and social services 	
Catholic Charities	- Immigration services	- Spanish
Catholic Charities, Diocese of Springfield	- Citizenship classes	T
	Social justice workshops	
65 Elliot Street	Rental and housing assistance	
Springfield, MA 01105 413-452-0605	 Referrals to food pantries, health insurance, and employment resources 	
diospringfield.org/Ministri	 Case management 	
es/cca	 Refugee resettlement 	
Center for Human	– Counseling	- Spanish
Development	 Behavioral health programs 	– Vietnamese
	 Disability support services 	– Russian
332 Birnie Avenue Springfield, MA 01107	– Elder care	
413-733-6624	 Community-based programs 	
chd.org	 Child, adolescent, and family support services 	
	 LGBTQ focused services 	
Center for New	 Education and career advising 	- Spanish
Americans	- Referrals to healthcare and	– Urdu
42 Gothic Street	housing	– German
Northampton, MA 01060 413-587-0084	 Community-based education and resource center 	- Russian
	Citizenship classes	– Haitian Creole
cnam.org	- English classes	– Mandarin Chinese

ORGANIZATIONS	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Center for Women and	 Information and referrals 	- Spanish
Community	 Education services 	
180 Infirmary Way	 Counseling services 	
Amherst, MA 01003 413-545-0883	 Women of Color Leadership Network 	
24/7 Hotline:413-545-0800 umass.edu/cwc	 Sexual assault resources for people of all gender expressions and LGBTQ+ identified survivors 	
	 Rape crisis services including 24 hour hotline 	
Clinical & Support Options	 Behavioral health counseling, therapy, and treatment programs 	– Spanish
8 Atwood Drive, Suite 301	 Outpatient programs 	
Northampton, MA 01060 413-773-1314	 Crisis and respite services 	
Other locations include: Greenfield, Pittsfield, Springfield, Athol, Amherst, Florence, Orange, and Gardner	 Community and family support services 	
csoinc.org		
Community Action	 Childcare and HeadStart 	– Spanish
	 Family support 	– Nepali
393 Main Street Greenfield, MA 01301 413-774-2318	 Adult education and job skills training 	– Russian
56 Vernon Street	 Center for Community Resilience After Trauma 	
Northampton, MA 01060 413-582-4230	 Multicultural Alzheimer's program 	
167 South Main Street	 Financial literacy program 	
Orange, MA 01364 978-544-5423	 Spanish speaking home visitors 	
communityaction.us		

ORGANIZATIONS	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
DIAL/SELF Youth and Community Services 196 Federal Street Greenfield, MA 01301 413-774-7054 dialself.org	 Youth services Services for homeless youth LGBT young adult housing 	
43 Francis Avenue Pittsfield, MA 01201 413-499-2425 24/7 Hotline: 866-401-2425 elizabethfreemancenter.org	 Domestic violence and sexual assault services Emergency services and shelter Counseling Safety planning Advocacy Special services for refugees, immigrants, and LGBTQ community 	– Spanish
Fair Housing Center 57 Suffolk Street Holyoke, MA 01040 413-539-9796 massfairhousing.org	 Advocacy to address housing discrimination and unfair lending Services specifically for those who have been discriminated against 	- Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Franklin County Life Path	 Rainbow Elders Programs for LGBTQIA elders and allies 	
101 Munson Street, Suite 201 Greenfield, MA 01301	 Services for the elderly, individuals with disabilities, and caregivers 	
413-773-5555	Caregiver resource center	
lifepathma.org	Home care services	
	– Food programs	
	 Resources for raising grandchildren 	
	– Support groups	
	- Respite services	
	 Healthy living programs 	
	 Personal care attendant program 	
Gandara Center 147 Norman Street	 Focused on well-being of diverse populations specifically Western MA's Hispanic population 	– Spanish
West Springfield, MA 01089 413-736-8329	 Counseling services 	
gandaracenter.org	 Child and family support programs and services 	
	 Addiction recovery services 	
	 Youth Development Center 	
	 Residential programs 	
	 Developmental disability services 	
Guidewire Inc.	 Adult residential support 	– American
551 East Columbus Avenue	 Young adult transitional support 	Sign Language
Springfield, MA 01105	Adult community day program	(ASL)
413-733-6100	– Shared living, residential home	
34 Depot Street	placement	
Pittsfield, MA 01201	 Clinical and nursing support 	
413-443-3295	 Disability support services 	
	 Deaf and hard of hearing services 	
guidewireinc.org		

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Impact Center 41 Taylor Street Springfield, MA 413-654-1566 gandaracenter.org/impact- youth-access-center/	Offers services for youth 16-21 who are experiencing, or at risk for mental health and/or substance abuse concerns. Services include: - Housing resources - Independent life skills training - Health and wellness programs - Support group sessions	– Spanish
Jewish Family Service of Western Massachusetts 15 Lenox Street Springfield, MA 01108 413-737-2601 jfswm.org	 Behavioral health services Counseling services Geriatric care Refugee resettlement program English for Speakers of Other Languages (ESOL) Citizenship services Domestic violence aid 	 Arabic Vietnamese Nepali Burmese Karenni Swahili Somali French Interpreter services available

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Martin Luther King Jr. Family Services 3 Rutland Street Springfield, MA 01109 413-746-3655 mlkjrfamilyservices.org/ho me.html	 Serves multi-cultural youth and families Childcare Shelter, housing and family support Education scholarships Tours of historically Black colleges and universities 	
Massachusetts Society for the Prevention of Cruelty to Children 9 Sullivan Road Holyoke, MA 01040 413-532-9446 mspcc.org	 Pregnancy and parenting support Child and family counseling Foster care and adoption Advocacy 	– Spanish
Mental Health Association 995 Worthington Street Springfield, MA 01109 413-734-5376 mhainc.org	 Disability support services Homeless services Caring Together residences for youth served by Department of Mental Health (DMH) and Department of Children and Families (DCF) Residential programs for adults with mental illness Outreach services 	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Montague Catholic Social Ministries	 Bilingual play and learning groups 	– Spanish
41 Third Street Turners Falls, MA 01376 413-863-4804 mcsmcommunity.org	 Family support Parent support programs and groups Emergency basic needs program Women's resource center 	
New England Learning Center for Women in Transition	Rape crisis and domestic violence centerCounseling	– Spanish
479 Main Street Greenfield, MA 01301 413-772-0871	AdvocacyCrisis intervention and servicesEconomic support	
24/7 Hotline: 413-772-0806 nelcwit.org	Supervised visitation programAnti-racism work	
Northeast Center for Youth and Families	Therapeutic day programs for children	- Spanish
203 East Street Easthampton, MA 01027 800-360-6210	 Outpatient behavioral health Therapy for children, adolescents, and families Child psychiatry 	
ncyf.org	 Sexual abuse and trauma treatment for survivors and their families 	
	Group therapyMedication managementCare coordination	
	 Care coordination Family support services Foster care services Residential care 	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Northeast Family Services 59 Interstate Drive West Springfield, MA 01089 774-206-1125 northeastfamilyservices.com	 In home therapy Intensive Care Coordination Outpatient therapy Therapeutic Mentoring 	– Spanish
Nuestras Raices, Inc. 329 Main Street Holyoke, MA 01040 413-535-1789 nuestras-raices.org	 Community gardens La Finca—beginning farmers program Youth programs Life skills training 	– Spanish
Picknelly Adult and Family Education Center 206 Maple Street Holyoke, MA 01040 413-552-2990 hcc.edu/courses-and- progams/adult-basic- education/picknelly-adult- and-family-educatin-center	 English for Speakers of Other Languages (ESOL) Computer classes Mentoring Referrals Advocacy 	– Spanish
Roca Inc. 29 School Street Springfield, MA 01105 413-846-4301 rocainc.org	 Justice-oriented work for at-risk youth Young Men's program Young Mothers' program Programs aimed to break the cycle of poverty, violence, and incarceration 	– Spanish

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Safe Passage	Resources for victims of domestic violence	- Spanish
43 Center Street, Suite 304 Northampton, MA 01060 413-586-1125	- Counseling	– Khmer (Cambodian)
	- Advocacy	- Vietnamese
	 Legal assistance 	1
24/7 Hotline: 888-345-5282	- Emergency shelter	1
safepass.org	 Project Access: Services specifically for immigrants 	
	 Support for transgender, gender non-conforming, no gender individuals and people of all sexual identities 	
	 Disability services program for domestic violence survivors with physical disabilities and mental health issues 	
ServiceNet	 Addiction services 	1
131 King Street	- Counseling	1
Northampton, MA 01060 413-585-1300	– Psychiatry	1
413-303-1300	 Mental health recovery services 	1
servicenet.org	 Prevention and Recovery in Early Psychosis 	
	 Disability support services 	1
	 Transition age youth services 	1
	 Employment programs 	1
	 Support groups for LGBTQ young adults 	1
Springfield Vietnamese	- Bilingual/bicultural services	- Khmer
Cultural Center	- Advocacy	(Cambodian)
433 Belmont Avenue Springfield, MA 01108 413-733-9373	– Outreach	- Vietnamese
	 Community support 	
	– Education	
	 Elderly health programs 	
	Youth programs	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Stavros 210 Old Farm Road Amherst, MA 01002 413-256-0473 stavros.org	 Disability services for everyday living assistance Deaf and hard of hearing services Healthcare School advocacy 	AmericanSignLanguage(ASL)
Tapestry Health 296 Nonotuck street #12 Florence, MA 01062 413-586-2016 Other locations include Greenfield, Holyoke, North Adams, Northampton, Pittsfield, Springfield, and West Springfield tapestryhealth.org	 Reproductive health services and sexually transmitted infections testing Overdose prevention and education Access to food and nutrition programs Community education Syringe disposal and Narcan LGBTQ focused health services 	- Spanish
Valley Opportunity Council 35 Mt. Carmel Avenue Chicopee, MA 01013 413-552-1554 300 High Street Holyoke, MA 01040 413-552-1554 valleyopp.com	 Energy/heating assistance Nutrition programs Summer lunch program for children Childcare Adult education classes Career support English for Speakers of Other Languages (ESOL) Citizenship classes Senior companion program Youth programs (college and career assistance, after school and summer programs, employment programs) 	 Spanish (both sites) Arabic (Holyoke site) Haitian Creole (Holyoke site) French (Holyoke site) Russian (Chicopee site)

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
Viability, Inc. 5 Franklin Street Northampton, MA 01060 413-584-1460 viability.org Walden Community Services, Learning Center for the Deaf 110 Maple Street Springfield, MA 01105 Phone and TTY: 508-879-5110 Video Phone: 774-999-0941	 Job readiness and employment services Disability support services Mental health services Advocacy and academic support for high school and college students with disabilities Deaf and hard of hearing services Independent living services Services for Deaf children, adolescents, and their families Family support and stabilization program Intensive Care Coordination Therapeutic Mentoring 	- American Sign Language (ASL) - American Sign Language (ASL)
Western Mass Recovery Learning Community 187 High Street, Suite 303 Holyoke, MA 01040 413-539-5941 235 Chestnut Street Springfield, MA 01301 413-372-5652 74 Federal Street Greenfield, MA 01301 413-772-0715 Afiya (Peer-run respite house) Northampton, MA westernmassrlc.org	 Peer support Resource centers Wellness and fitness programs Support groups Career exploration and support Housing support Peer-run respite house Social activities and networking opportunities 	 Spanish American Sign Language (ASL) Website in multiple languages