

**Minutes**  
**Drug Utilization Review Board Meeting**

**DATE:** 6/14/2017



**Meeting Purpose:** Quarterly Open Board Meeting  
Meeting opened at 6:00 p.m. by Chair, Timothy Fensky.

**Attendance:** Timothy Fensky, R. PH.; Joel Goldstein, M.D.; Colleen Labelle, MSN RN-BC CARN; Lori Lewicki, R. PH.; Greg Low, R. PH.; Sophie McIntyre, Pharm.D.; Audra R. Meadows, M.D.; Therese Mulvey, M.D.; Christy Stine, M.D.; Arthur Yu-shin Kim, M.D.

**Absent:** Leslie Fish, Pharm. D.; Sarah M. McGee, M.D.; Michael Thompson, M.D.;

**Agenda Items:**

- I. Welcome and Introductory Remarks
- II. Minutes
- III. Residency Research Projects: Effectiveness of ledipasvir/sofosbuvir and predictors of treatment failure in members with hepatitis C genotype 1: a retrospective cohort study in a Medicaid population
- IV. Residency Research Projects: Evaluating the Impact of Interventions by a Multidisciplinary PBHMI Workgroup on Medication Prescribing Trends in a Medicaid Population
- V. Clinical Items Update
- VI. Cystic Fibrosis Transmembrane Conductance Regulator Modulators Quality Assurance Analysis
- VII. Pipeline Update
- VIII. MassHealth Update
- IX. MHDL Update
- X. DUR Operational Update
- XI. Proprotein Convertase Subtilisin Kexin 9 (PCSK9) Inhibitors Quality Assurance Analysis

Agenda Item	Discussion	Conclusions/Follow Up
Public Comment	Jane Gou – Manage Market Liaison for Oskia Pharmaceutical Development and Marketization <ul style="list-style-type: none"><li>Discussed Abilify Maintena</li></ul> Colleen Labelle was formally introduced.	<u>Follow Up</u> Informational

Agenda Item	Discussion	Conclusions/Follow Up
Review of the Minutes	Motion to accept the March 8, 2107, minutes as written.	<u>Follow Up</u> N/A

Action	Minutes were accepted	
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Agenda Item	Discussion	Conclusions/Follow Up
Residency Research Projects:	Effectiveness of ledipasvir/sofosbuvir and predictors of treatment failure in members with hepatitis C genotype 1: a retrospective cohort study in a Medicaid population	<b><u>Follow Up</u></b> Informational
Action	<p>Discussed:</p> <ul style="list-style-type: none"> <li>• Harvoni (ledipasvir/sofosbuvir) is FDA-approved for the treatment of HCV genotypes 1, 4, 5, and 6</li> <li>• Treatment of HCV genotype 1 with LDV/SOF resulted in SVR12 in over 90% of patients in phase II and phase III trials.</li> <li>• The real-world effectiveness of LDV/SOF for HCV genotype 1 has been evaluated in a limited number of studies.</li> <li>• There is a scarcity of real-world effectiveness data for LDV/SOF for HCV genotype 1 in the Medicaid population.</li> </ul> <p>Conclusions:</p> <ul style="list-style-type: none"> <li>• Treatment of HCV genotype 1 with LDV/SOF is associated with a high rate of SVR12 in one state's Medicaid population. <ul style="list-style-type: none"> <li>➢ High rate of SVR12 with individual regimens</li> </ul> </li> <li>• No clinical or demographic variables were found to be significant predictors of treatment failure.</li> </ul>	

Agenda Item	Discussion	Conclusions/Follow Up
Residency Research Projects:	Evaluating the Impact of Interventions by a Multidisciplinary PBHMI Workgroup on Medication Prescribing Trends in a Medicaid Population Presentation	<b><u>Follow Up</u></b> Informational
Action	<p>Discussed</p> <ul style="list-style-type: none"> <li>• The objective of this analysis was to evaluate the impact of the PBHMI Therapeutic Class Management (TCM) workgroup's telephonic prescriber peer-to-peer (PTP) outreach program on prescribing trends.</li> <li>• Primary Objective - Assess the rate of acceptance, modified acceptance, or rejection of medication interventions suggested by the workgroup.</li> <li>• Secondary Objective <ul style="list-style-type: none"> <li>➢ Compare how of the type of prescriber and medication class being discussed may affect recommendation acceptance.</li> <li>➢ Assess satisfaction with the telephonic PTP outreach process in prescribers who have participated in an outreach call.</li> </ul> </li> </ul> <p>Conclusions:</p> <ul style="list-style-type: none"> <li>• The results of this analysis suggest a peer-to-peer outreach program is associated with increased awareness and implementation of evidence-based practices in a pediatric population treated with behavioral health medications.</li> <li>• The prescriber type and medication class recommended for change may have an</li> </ul>	

	<p>impact on the likelihood of recommendation acceptance.</p> <ul style="list-style-type: none"> <li>Results of an anonymous prescriber survey assessing satisfaction with the peer-to-peer outreach process exhibited mixed results and opinions among prescribers.</li> </ul>	
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Agenda Item	Discussion	Conclusions/Follow Up
Clinical Items Update	Pharmacy News	<b><u>Follow Up</u></b> Informational
Action	<p>Discussed:</p> <ul style="list-style-type: none"> <li>In 2015, opioid overdose accounted for over 33,000 deaths in the US.</li> <li>Studies have shown that duration of treatment with Medication Assisted Therapy (MAT) often does not exceed three months.</li> <li>Despite the availability of a newer, long-acting implantable version of buprenorphine, very few patients in the US have received the treatment.</li> <li>Buprenorphine is also available as a transdermal patch, a SL tablet, and a SL or buccal film.</li> </ul>	

Agenda Item	Discussion	Conclusions/Follow Up
CTFR Quality Assurance Analysis	Cystic Fibrosis Transmembrane Conductance Regulator Modulators Quality Assurance Analysis Presentation	<b><u>Follow Up</u></b> Informational
Action	<p>Discussed:</p> <ul style="list-style-type: none"> <li>Identify clinical manifestations and prognosis of cystic fibrosis (CF).</li> <li>Review CFTR mutations and highlight novel therapies that target these mutations.</li> <li>Evaluate recent utilization and cost data for the CFTR modulators in the MassHealth population.</li> <li>Present an overview of current PA requests, MPR and outcomes data for individuals receiving these agents.</li> <li>Discuss recommendations to current MassHealth clinical criteria.</li> </ul> <p>Conclusion:</p> <ul style="list-style-type: none"> <li>New therapies have brought potential for prevention of CF lung disease.</li> <li>Improvement of overall health of individuals.</li> <li>Life-sustaining therapies have nearly tripled life expectancy.</li> </ul>	

Agenda Item	Discussion	Conclusions/Follow Up
Pipeline Update	Pipeline preview	<b><u>Follow Up</u></b> Informational
Action	<p>Discussed:</p> <ul style="list-style-type: none"> <li>Translarna™ (ataluren) <ul style="list-style-type: none"> <li>Potential impact - An estimated 13% of Duchenne Muscular Dystrophy (DMD) cases are nmDMD, and this accounts for approximately 2,000 patients in the US.</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"> <li>➤ If approved, Translarna™ (ataluren) will be the first novel therapy to be FDA-approved for the treatment of DMD since Exondys 51™ (eteplirsen).</li> <li>➤ Projected market entry - An FDA decision is expected by October 24, 2017.</li> <li>• Erenumab <ul style="list-style-type: none"> <li>➤ Potential impact- over 38 million Americans suffer from migraines, and approximately 3.5 million are prescribed migraine prophylaxis.</li> <li>➤ Among patients prescribed migraine prophylaxis, 80% discontinue therapy within one year.</li> <li>➤ Projected market entry - An FDA decision is expected in the first half of 2018.</li> </ul> </li> </ul>	
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Agenda Item	Discussion	Conclusions/Follow Up
MassHealth Update	MassHealth Update	<b>Follow Up</b> Informational
Action	<p><b>MassHealth Update</b></p> <ul style="list-style-type: none"> <li>• Re-procure managed-care organization contracts.</li> <li>• Procure accountable-care organizational (ACO) contracts. <ul style="list-style-type: none"> <li>➤ Identified 18 contractors for ACO model.</li> <li>➤ Six ACOs are participating in pilot for direct contract with MassHealth PCC.</li> </ul> </li> </ul> <p><b>Pharmacy Program</b></p> <ul style="list-style-type: none"> <li>• Pricing <ul style="list-style-type: none"> <li>➤ Implementing updated pricing regulations mandated by CMS which will modify reimbursement to pharmacies.</li> </ul> </li> <li>• Regulations changes in process <ul style="list-style-type: none"> <li>➤ Mandate/allow 90-day supplies.</li> <li>➤ Possible updates to 340B Program</li> </ul> </li> <li>• Procurement of supplemental rebate <ul style="list-style-type: none"> <li>➤ Currently reviewing bids</li> </ul> </li> <li>• Procurement of Pharmacy Online Processing System (POPS) <ul style="list-style-type: none"> <li>➤ Current vendor is Conduent (formerly Xerox) <ul style="list-style-type: none"> <li>▪ Contract expires end of FY18</li> </ul> </li> <li>➤ Received four responses to a Request for Information (RFI).</li> </ul> </li> </ul>	

Agenda Item	Discussion	Conclusions/Follow Up
MHDL Update	MassHealth Drug List (MHDL) Updates	<b>Follow Up</b> Informational

Action	<p>Discussed new drug additions and changes that will go into effect on July 5, 2017.</p> <ul style="list-style-type: none"> <li>• There will be nine new drugs added to the drug list.</li> <li>• Eight will require PA and one will not.</li> <li>• One drug will change to require prior authorization.</li> <li>• Two drugs will be removed from the Brand Name Preferred to Over Generic list.</li> <li>• One drug will be added to the Brand Name Preferred Over Generic list.</li> <li>• Two drugs will be removed from the Rebate/Preferred Drug List.</li> </ul>	
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Agenda Item	Discussion	Conclusions/Follow Up
DUR Operational Update	Quarterly Operational Statistics	<u>Follow Up</u> Informational
Action	<ul style="list-style-type: none"> <li>• Prior Authorization (PA) Requests - 95,000</li> <li>• Call Volume - 90,000 calls <ul style="list-style-type: none"> <li>➤ 300 more per month than the year prior</li> </ul> </li> <li>• Met abandonment rate goal of &gt;2%</li> <li>• Average answered call wait time – nine seconds</li> <li>• Overall call time for answered calls – three minutes and 53 seconds <ul style="list-style-type: none"> <li>➤ Goal under four minutes</li> </ul> </li> <li>• Refill too soon was (40%) and prior authorization required (36%) were majority of calls for pharmacy edits.</li> <li>• Appeals average was nine per month.</li> <li>• Provider outreach <ul style="list-style-type: none"> <li>➤ Average over 894 per month</li> </ul> </li> <li>• Top 10 medications <ul style="list-style-type: none"> <li>➤ Aripiprazole      ➤ Methylphenidate</li> <li>➤ Clonidine        ➤ Guanfacine</li> <li>➤ Oxycodone       ➤ Duloxetine</li> <li>➤ Lyrica            ➤ Lantus</li> <li>➤ Harvoni          ➤ Risperidone</li> </ul> </li> <li>• PA turn-around time during business hours <ul style="list-style-type: none"> <li>➤ Goal is 24 hours.</li> <li>➤ 55% done in six hours.</li> <li>➤ 99.9 within 24 hours.</li> </ul> </li> <li>• PA turn-around time during non-business hours <ul style="list-style-type: none"> <li>➤ 79% done in six hours.</li> <li>➤ 99% within less than nine hours.</li> </ul> </li> </ul>	<u>Conclusion</u> Informational

Agenda Item	Discussion	Conclusions/Follow Up
Proprotein Convertase Subtilisin Kexin 9 (PCSK9) Inhibitors Quality Assurance Analysis	Presentation was deferred until next meeting.	<u>Follow Up</u> N/A

Meeting adjourned at 7:55 p.m..

Respectfully submitted by: Vincent Palumbo, Director of DUR

Date: \_\_\_\_\_