

Minutes

Drug Utilization Review Board Meeting

DATE: March 12, 2025



Meeting Purpose: Quarterly Drug Utilization Board Meeting
Meeting opened at 6:00 p.m. by Laura Spring, MD

The meeting was conducted under Massachusetts Public Meeting Law requirements.

Attendance: Diane Bruessow; Mehmet Furkan Burbak, MD; Melissa Coyle, PharmD; Colleen Labelle, MSN, RN-BC, CARN; Jaqueline Gagnon; Lori Lewicki, RPh; Mirembe Reed, Pharm.D.; Laura Spring, MD; Karen Ryle, MS, RPh; Christy Stine, MD, PhD

Absent: Timothy Fensky, RPh

Agenda Items:

- Welcome and Introductory Remarks
- Guest Speakers
- Annual Pipeline Continuing Education Program
- Asthma and Allergy Quality Assurance Analysis
- MHDL Update
- DUR Operational Update
- MassHealth Update
- Open Forum

Agenda Item	Discussion	Conclusions/Follow-up
Guest Speakers	<ul style="list-style-type: none">• Sharl Azar, MD, Director of Sickle Cell Center, spoke on pain treatment options for patients with Sickle Cell Disease.• Cheryl Juaire, Founder of Teen Sharing Inc., spoke on behalf of patient advocacy for opioid addiction.	<u>Follow-up</u> Minutes are approved.

Agenda Item	Discussion	Conclusions/Follow-up
Annual Pipeline Continuing Education Program	<p><u>Annual Pipeline Continuing Education by Dr. Collin Jerard and Dr. Stephen Alvarez</u></p> <p>This Pipeline update provided an overview of clinical and/or regulatory updates for select pharmaceutical pipeline agents in late-stage development.</p>	<p><u>Follow-up</u></p> <p>Informational/Advisory</p>
Action	<p>Discussion</p> <ul style="list-style-type: none"> • Described the current trends in the FDA approval process • Compared and contrasted emerging pipeline agents with currently available therapeutic options • Summarized biosimilar product availability of reference agents over the next year • Reviewed trends in historical approvals of new drugs • Looked at upcoming Pipeline trends <p>Conclusions</p> <ul style="list-style-type: none"> • Oncology drugs continue to lead the pack for pipeline drug development, with no new therapeutic areas cracking the top 10. • Cell and gene therapy approvals accelerate as the number of clinical trials continue to trend upward. • There are more than 40 potential biosimilar launches in 2025 across various therapeutic classes. 	<p><u>Conclusion</u></p> <p>The board reviewed and accepted the presentation.</p>

Agenda Item	Discussion	Conclusions/Follow-up
Asthma and Allergy Quality Assurance (QA)	<p><u>Asthma and Allergy Quality Assurance Analysis by Dr. Karen Stevens</u></p> <p>This analysis of current medical literature provided a brief overview of new guideline recommendations in this disease state.</p>	<p><u>Follow-up</u></p> <p>Informational/Advisory</p>

Agenda Item	Discussion	Conclusions/Follow-up
Action	<p>Discussion</p> <ul style="list-style-type: none"> Reviewed current class management Discussed consensus guideline updates for various indications Evaluated utilization for MassHealth members Presented expanded indications for the monoclonal antibodies Examined pipeline agents as well as investigational indications for currently available medications Summarized recommendations from QA analysis <p>Conclusions</p> <ul style="list-style-type: none"> Approval criteria have been created and added to the MHDL and PA Form for the following expanded indications, <ul style="list-style-type: none"> Dupixent® for chronic obstructive pulmonary disease (COPD) Nemluvio® for atopic dermatitis Nucala® and Xolair® for chronic rhinosinusitis with nasal polyps. Criteria have been updated to be in line with Dupixent management. The asthma and allergy monoclonal antibodies continue to be highly utilized for the approved indications. 	<p><u>Conclusion</u> The board reviewed and accepted the presentation.</p>

Agenda Item	Discussion	Conclusions/Follow-up
MassHealth Drug List (MHDL) Update	<p><u>MHDL Update by Dr. Phuong Luc</u> MHDL overview included new additions, changes in PA status, and related attachment updates to be implemented with a recent publication rollout.</p>	<p><u>Follow-up</u> Informational/Advisory</p>
Action	<p>Discussion</p> <ul style="list-style-type: none"> Effective April 1, 2025: <ul style="list-style-type: none"> There were 14 additions to the MHDL; and There were two changes in PA status. There were several changes to Coverage Status for Prior Authorization Status; Coverage Status; Brand Name Preferred Over Generic List; 90-day Initiative; Updates and Changes to the MHDL. 	<p><u>Conclusion</u> The board reviewed and accepted the presentation.</p>

Agenda Item	Discussion	Conclusions/Follow-up
MassHealth Update	<u>MassHealth Update by Dr. Kimberly Lenz</u> MassHealth Update is a summary of recent developments in MassHealth in the context of pharmacy, managed care, or public health.	<u>Follow-up</u> Informational/Advisory
Action	Discussion <ul style="list-style-type: none"> Reviewed current clinical program initiatives Provided direct negotiation status update Discussed operational updates 	<u>Conclusion</u> The board reviewed and accepted the presentation.

Agenda Item	Discussion	Conclusions/Follow-up
Open Forum	<u>Open Forum</u>	<u>Follow-up</u> Informational/Advisory

Meeting adjourned at 8:00 p.m.

Respectfully submitted by Mylissa Price

Date: _____