



Essex County Sheriff's Department Frank G. Cousins, Jr., Sheriff NEWSLETTER - JANUARY 2016



A Message from the Sheriff,

I would like to extend my best wishes for a safe and wonderful winter season to all **ECSD** employees, their families, all law enforcement professionals and all residents of Essex County. As we look back on the wonderful summer and fall seasons, I am reassured and affirmed that each **ECSD** employee has been professional and a resourceful influence in their representation of the **ECSD** during all the events and programs held throughout Essex County.

I am proud to announce the opening of our new **Detox Unit** on **December 7** and pleased to report it is doing well. The consensus among employees, support staff and residents is that the unit provides a positive environment for detoxification and long-term planning. Many thanks to the many people who have contributed to the process of developing and implementing this program. Please refer to the article on pages 2 and 3 for more information on the **Detox Unit**.

The fall session of the **Special Outreach Academy**, geared to developmentally disabled adults, was held October 14 through November 18. The program accommodated 24 individuals along with staff from the participating agencies. This academy will continue and is open to all human services departments in Essex County and other counties for adults with disabilities. My congratulations to all graduates and many thanks to all who facilitated the program. (Article, page 7)



The **ECSD's BTA Academy Class 15-02** began training on September 14. All the new officers have made the commitment to **ECSD**. I had the pleasure to speak about leadership, the future of the **ECSD** and what they could expect in their careers at **ECSD**. Thank you to all staff who provided extensive, professional and specialized training. Graduation was held December 8 at the new academy facility at Northern Essex Community College. (Articles page 6 & 10)

Again this year, thanks to the **Essex County Sheriff's Department** and a grant from **HIDTA "High Intensity Drug Trafficking Areas,"** the **Youth Leadership Academy** was held from **June 29 through August 21**. This year, the program provided over 600 participants, ages 8 to 15, from all cities and towns in Essex County, a chance to enjoy educational and fun programs the **ECSD** has to offer. New this year was a program provided by **United State Coast Guard (USCG)**, Merrimack River Station in Newburyport, facilitated by **BM1 Robert Shay**. The program **PaddleSmart** was also provided by the **USCG Auxiliary**, facilitated by **Bob Amiro**. Many thanks to all staff members who have organized and facilitated the program. (Photos, page 8)



In August, I was asked by **Secretary of the Executive Office of Public Safety and Security (EOPSS) Daniel Bennett** to sit on the newly formed **State 911 Department Regionalization Working Group**. The group, which consists of public safety professionals and 911 stakeholders, will examine enhancing and regionalizing 911 services in Massachusetts. The first meeting was held September 10. In a statement from Secretary Bennett, "*Sheriff Cousins is a proponent of the regional dispatch concept.*" He explained "*A regional dispatch center provides state-of-the-art technology such as computer aided dispatch with highly trained professionals. The result is excellent service for our member communities. Sheriff Cousins is known as a forward thinking corrections professional.*"

A number of years ago I, along with **Essex County District Attorney Jonathan Blodgett**, had the opportunity to bring **TRIAD** to **Essex County** as a way to reach out and support seniors in our communities. **ECSD** works with **local police and fire department personnel**, as well as **Councils on Aging**, to educate seniors on important issues that face many of us as we age. I am pleased that this program is successful and continues to grow. **ECSD TRIAD** is headed by **Director of Training A.S. Jason Ebacher**, and is supported by **A.S. Maurice Pratt** and **A. S. John Russell (ret.)**. For more information on **TRIAD**, contact **A.S. Jason Ebacher** at **978-750-1900 ext. 3404**.



COMMUNITY SERVICE



Years ago, I began the **ECSD Community Service Program**. The program allows qualified inmates from the **Essex County Prerelease and Re-entry Center (ECPRC)** to work in Essex County, under the supervision of an **ECSD Correctional Officer**. The program primarily focuses on landscaping, maintenance, and light construction projects on city and town-owned properties. Many cities and towns in Essex County have taken advantage of this very successful program. Many thanks to **A.S. Frank Garrison** and all staff who facilitate and maintain this program. (Articles page 12)

With a commitment to maintaining positive, effective and valuable working relationships, we, at **ECSD** continue to provide exceptional care and custody for all inmates. I wish to thank all **ECSD employees** for all their hard work and efforts. To the people of Essex County, we at the **ECSD** continue and look forward to serving you. **Please visit our website for information on programs and events: www.mass.gov/essexsheriff and please like us on FACEBOOK.**

Detox Unit at Essex County's Correctional Facility A Business Model Approach to Addiction in Corrections

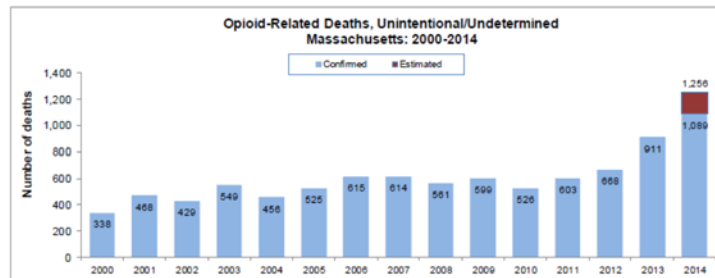
By A.S. Maurice E. Pratt, Matthew O. Pani and Mary B. Murphy - Essex County Sheriff's Department - December 2015

Sheriff Frank G. Cousins, Jr. is no stranger to new ventures in corrections. He has been known for his forward thinking and his ability to build bridges and establish relationships within the community. In the past few years under his leadership, the Essex County Sheriff's Department has opened the Essex County Regional Emergency Communications Center (ECRECC), a state of the art dispatch center providing services for all of Essex County and portions of Middlesex and Suffolk Counties. The Department also opened a new Regional Support Services Building, utilizing the newest technology to streamline the admission and release of inmates. Additionally, Sheriff Cousins has dramatically enhanced community service and work release programs and expanded the Offices of Community Corrections in partnership with the Massachusetts Trial Court.

When it comes to rehabilitation and reentry programs, Sheriff Cousins has championed the "Step-down process" which enables inmates to transition from incarceration back into society. His commitment to the treatment of offenders is highlighted by the establishment of the Treatment and Recovery of Addictions in Corrections (TRAC) program, the "Essex County Re-Entry Center" at the department's minimum security facility in Lawrence, and numerous drug and alcohol diversion programs at the Women in Transition Center in Salisbury. It therefore comes as no surprise the Essex County Sheriff's Department, under Sheriff Cousins, has opened a new Detox Unit at the Middleton facility.

Opioid Epidemic in Massachusetts

Sheriff Cousins has stated that: "The status quo is not adequately addressing the problem. We must react to the demand for treatment." Sheriff Cousins feels it is his duty to provide a better quality of life for those released as well as their families and communities to which they return. The Detox Unit's mission is to provide a 28 day comprehensive treatment program to pretrial detainees to effectively address their addiction. Upon completion of the 28 days, individuals may be able to dispose of their cases and utilize court mandated tools as an alternative to further incarceration. Essex County has fallen victim to the opioid epidemic spreading throughout Massachusetts. Since 2010, there has been an estimated 139% increase in the number of opioid related deaths in the state (See Figure 1: Massachusetts Department of Public Health 2015). (See *Figure 1: Source Massachusetts Department of Public Health 2015*). **Figure 1>**



Number of Unintentional Opioid Overdose Deaths by County - MA Residents 2000

County	Year of Death															Total 2000-2014
	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014 ¹	
Barnstable	12	17	17	14	16	17	19	29	21	20	19	15	22	40	51	329
Berkshire	2	3	0	2	3	9	1	8	3	8	3	6	15	21	25	109
Bristol	37	56	60	80	67	75	79	61	78	66	74	76	92	111	139	1,151
Dukes	1	0	1	0	0	2	0	3	1	1	0	0	0	1	5	15
Essex	41	58	44	74	61	73	83	85	52	69	48	54	85	111	193	1,132
Franklin	5	2	1	5	3	4	6	4	2	2	4	6	8	9	11	72
Hampden	30	36	34	44	26	33	42	38	43	45	46	42	51	68	59	637
Hampshire	5	5	4	10	8	2	9	12	10	9	10	9	10	28	23	154
Middlesex	56	76	77	102	96	109	106	101	104	113	90	118	106	142	257	1,653
Nantucket	0	0	0	0	0	0	0	1	0	1	1	0	0	1	N/A ²	N/A ²
Norfolk	24	39	34	36	37	49	46	53	67	64	55	59	65	79	116	823
Plymouth	22	24	27	42	24	35	47	49	45	46	39	60	54	83	104	701
Suffolk	44	79	75	93	73	62	106	101	67	91	60	79	82	105	135	1,252
Worcester	59	73	55	47	42	55	71	69	68	64	77	79	78	112	137	1,086
TOTAL DEATHS	338	468	429	549	456	525	615	614	561	599	528	603	668	911	1,256	9,118

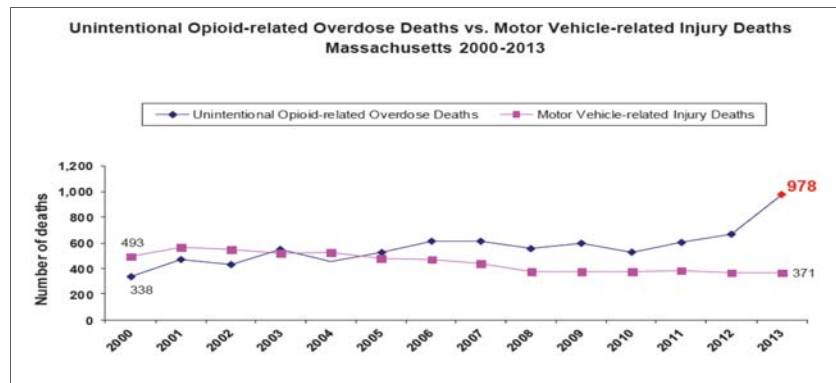
<Figure 2

Between 2000 and 2014, the number of opioid-related deaths throughout the counties of Massachusetts totaled 9,118 with 1,132 deaths in Essex County, accounting for the fourth highest number of deaths per county in Massachusetts since the millennium (See Figure 2: Massachusetts Department of Public Health 2015). In Massachusetts, opioids are now claiming the lives of more people than motor vehicle accidents. Between 2000 and 2013 the number of deaths as a result of motor vehicle injury decreased and the number of opioid-related

overdose deaths rapidly increased. In 2013, a Massachusetts resident was 2.64 times more likely to die as a result of an opioid overdose than in a motor vehicle accident (See figure 3: Massachusetts Department of Public Health 2015).

Source: Registry of Vital Records and Statistics, MDPH 2015

Figure 3>



Continued on page 3

Change the Business Model

At the Essex County Correctional Facility in Middleton, the number of detox patients has increased 141% from 2011 to 2014. With these tragic statistics in mind, Sheriff Cousins has called for his staff to react to this demand. The implementation of the Detox Unit will enhance business practices and actually change the department's business model. The Detox Unit provides an intensive treatment plan and pre-judicial track for addicts charged with crimes that were likely committed to support their habits. Typically these pretrial individuals go through a 1-3 day "spin-dry" detox process in jail while awaiting further notice from the courts, and as a result their addiction is never adequately addressed.



With this new process individuals will be remanded to the Essex County Sheriff's Department's Detox Unit by the presiding judge. Section 20B of Chapter 127 of the Massachusetts General Laws provides the Sheriff with the power and discretion to assign certain detainees to a pre-trial diversion program. Upon completion of the 28-day treatment program individuals may be able to dispose of their cases and utilize non-custodial tools as opposed to traditional incarceration. Individuals who successfully complete the program may be recommended to continue with services such as probation, day reporting at an Office of Community Corrections, drug testing, electronic monitoring, and in some instances sober houses.

Candidates for the Detox Unit

An individual must meet certain standards in order to be considered for the Detox Unit. The individual must be alleged to have committed a quality of life crime and cannot be deemed as either a sexual or violent offender. The Sheriff's Department has recently identified certain individuals whose profiles, substance abuse history and current charges might make them suitable candidates for the Detox Unit.

In the summer of 2014, a young man was found using heroin in a local public library and arrested. He was held in jail on pre-trial status until being bailed. His case remained open for nearly a year until a subsequent court appearance where he received probation. In the fall of 2015, another young man was charged with heroin possession after allegedly stealing money from cars in a store parking lot as well as taking merchandise from the shelves and attempting to return it for a refund. The man stated that he wanted to get to Gloucester to benefit from that city's program of referring opiate addicts to treatment. A judge ordered him held on pre-trial status until he returned to court a month later and was continued without a finding for one year.

Offenders such as these are the ideal cases for the Detox Unit. Sheriff Cousins realizes these individuals have existing involvement in the criminal justice system and need structured medical and behavioral assistance which the Detox Unit will provide. Approximately 10% of the pre-trial population currently housed at Essex County's Middleton facility would likely be eligible, and benefit from, the all-encompassing treatment and services provided.

The Detox Unit falls squarely in line with Sheriff Cousins' forward thinking and passion to reform the criminal justice system in a way which brings people and resources together, rather than strand individuals alone. People with opioid and substance abuse issues need structure, and most importantly, they need compassion. The benefits of the Detox Unit will be felt by every family, every community and every county in the Commonwealth of Massachusetts as the opioid epidemic does not discriminate and sees no race, age or gender. * The Detox Unit opened December 7, 2015.

Reference: Massachusetts Department of Public Health. (2015). Data brief: Fatal opioid-related overdoses among Massachusetts residents. Available from: <http://www.mass.gov/eohhs/gov/departments/dph/stopaddiction/current-statistics.html>.

Photo right: Pictured left to right: Officer Robert McDaid, Officer Darya Maslova, Director of Re-integration A.S James Petrosino, Director of the Detox Unit, Sean LeBroda and Paul Leighton of the Salem News.



Photo Left: When Philadelphia's NBC affiliate began their research for a piece on opioid addiction, they found that the Essex County Sheriff's Department was preparing to launch a unique unit. ECSD's 42-bed Detox Unit, which began operation December 7, provides a 28-day program for people suffering from addiction. Pictured left to right: Sheriff Frank G. Cousins, Jr. and Detox Director Sean Lebroda give NBC Philadelphia reporter Vince Lattanzio a tour of the new Detox Unit.



Officially formed on April 28, 1971, the **Occupational Safety and Health Administration (OSHA)** is an agency of the United States Department of Labor which consists of safe and healthful working conditions for working men and women.

The **OSHA** training class at the **Essex County Pre-Release and Re-Entry Center (ECPRC)** has been on-going since February 2015. Under the guidance of **Bill Wood**, 90 inmates have been certified in the OSHA training program. This program provides standards in training, outreach, education and teaches the regulations of a safe work environment. Examples are:

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In recent months, a new medically based option has become increasingly popular among treatment professionals as a more effective option to treat addiction. For several months, Vivitrol has been growing in practical application within a correctional based treatment format, inclusive of the Department of Corrections, houses of corrections, probation and parole. Vivitrol is different in several critical ways from suboxone and methadone protocols. The most important of these differences is that it cannot be abused and has no ability to create a “high” as does suboxone and methadone. Vivitrol acts as an opiate receptor blocker. Vivitrol is not a narcotic, addictive or pleasure-producing. When administered, Vivitrol prevents participants from feeling the effects of any opiate based substance and as equally important has proven to effectively reduce “cravings”.

Vivitrol has recently become an option for selected individuals for their release and has been recently administered. I would like to stress that this medically based option is merely a compliment to a comprehensive based treatment plan. All individuals who are released with this option have been previously connected to a community based treatment program that will continue therapy, counseling, medication management, healthcare/insurance processing and mental health interventions. Currently, our re-entry community based providers who are receiving these clients are: Lahey Behavioral Health, Team Coordinating Agency (NFI) and Lynn Community Health. If you have further questions regarding this option, please feel free to contact me, A.S. Jason Faro at JFaro@eccf.com

FACT? OR FICTION? THE TRANSPORTATION “BLACK BOX”

By Sergeant John Fay



The “**Black Box**” is a handcuff cover which protects the key hole and prevents the offender from picking or tampering with any parts of the lock. The device is made from high-strength, high-impact ABS plastic with a steel security clip. The Black Box” is placed over the handcuffs. A waist chain encircles the inmate which is then secured by a padlock to the Black Box.

According to jailhouse folklore, the **Black Box** was invented by an inmate who was ultimately killed because of his invention. Over the years, various Transportation Officers would tell the inmates that the **Black Box** inventor got rich from its sales and was living the good life, drinking tropical drinks on an island, somewhere.

To dispel the myth, the infamous **Black Box** was actually invented by two former Corrections Officials. In 1973, United States Patent 3,740,977 was awarded to **Kaj**

Stefansson and **Jack Cullip** of Milan, Michigan. **Jack Cullip** lived until the age of 80, passing away in 2009. **Kaj Stefansen** is alive and well at 78 years of age. I spoke with **Kaj Stefansen** in 2009 who stated that he was a former Facility Manager at the Federal Bureau of Prisons, and that he worked with **Jack Cullip**. They distributed their invention and other security equipment through their company C+S Security of Roscommon, Michigan. **Stefansen** said “*We are retired correctional workers, it was patented by us. We are not on some island drinking Pina Coladas, but enjoying life here in the States.*”

The **Black Box**, when worn in conjunction with handcuffs, waist chain and leg irons, has been an invaluable safety device that protects both officers and other inmates by reducing inmate assaults during transport and minimizing escape risks.



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OUTSTANDING SCORES AT ACA AUDIT

In October, the three-day **American Correctional Association (ACA)** audit concluded at our Middleton facility. The audit, which takes place every three years, examines all aspects of inmate care, management systems and employee matters. The Middleton facility receives outstanding scores at ACA audit. **Superintendent Michael Marks** described the audit as, “very thorough and very fair.” Supt. Marks also said the audit provided a lot of valuable input. On the mandatory portion, the score was 96.9/100. In reviewing the audit, **Audit Chairman, Paul Hastmann** praised **ECSD** employees as pleasant and accommodating, stating, “you care about the inmates, the facility and the **ACA** audit process”

According to their website, www.aca.org “the standards created and refined by the American Correctional Association represent fundamental correctional practices that ensure staff and inmate safety and security; enhance staff morale; improve record maintenance and data management capabilities; and improve the function of the facility or agency at all levels.”



Thank you to all **ECSD staff** in this collaborative effort making the **2015 ACA** audit a success. **ACA** key staff who played a major role are pictured left to right: **Lt. Karen Paluzzi, Supt. Michael Marks** and **A. S. Kim Murtagh**.



‘A happy person is not a person in a certain set of circumstances, but rather a person with a certain set of attitudes.’

-Hugh Downs



HIGH FIVE

“CONGRATULATIONS TO ALL”

The following have been nominated by their supervisors and/or peers

LT. KAREN PALUZZI

As ACA/Policy Coordinator, **Lt. Karen Paluzzi** is responsible for maintaining compliance with the **DOC Policy Development Compliance Unit Standards**.

The ACA audit was held in October and it is through **Lt. Karen Paluzzi's** hard work and efforts, the process was well organized, efficient and professional. For a number of months, **Lt. Paluzzi** had been preparing for this audit, frequently communicating with each department to ensure all were up to date with each of their specific responsibilities for maintaining the ACA standards. **Lt. Paluzzi** confirmed that each department folder (over 100) was accurate, in order and up to date. Given that she is responsible for the implementation of policies and procedures, **Lt. Paluzzi's** job is a major responsibility and isn't always easy to implement. She was confident in relying on the responsibility of others for documentation. The result of this collaborative effort showed policies and procedures were implemented, accurately, in all departments.

Lt. Karen Paluzzi is extremely detailed and organized in her work and successfully fulfilled the requirements set forth by ACA. **Congratulations on a job well done.**

LT. HEIDI MORA

Since 2013, when **Lt. Heidi Mora** was appointed to the position of **Director of Records**, she has taken the Records Department to a new level. **Lt. Mora** not only had to learn the day to day operations of the Records Department and familiarize herself with all the court paperwork and terminology, but she was also tasked with the hiring and training of Records' Clerks for all three shifts. After many long hours and much hard work, **Lt. Mora** has the Records Department running like a finely tuned machine.

With the Records staff trained and in place, **Lt. Mora** recently had the opportunity to visit all of the courts in Essex County and introduce herself to judges, clerks, district attorneys and probation staff. She has conducted trainings with and for court personnel thus affording the ECSD to advance into the future with video conferencing for bail reviews, as well as, other court proceedings along with a new bail process just to name a couple of the progressive changes that **Lt. Mora** has made in the Records Department. **Lt. Mora** is a leader and a team player who is always exploring new and innovative ways to better the Essex County Sheriff's Department. **Keep up the GREAT work Lt. Mora!**

LT. THOMAS COTE

In October, ECSD's **Lt. Tom Cote** was working with Lawrence Police late one Friday evening when he received a call that an individual had broken into a vehicle. **Lt. Cote** responded and assisted in the search for the suspect. A short time later, **Lt. Cote** located and apprehended the suspect. **Great job, we applaud Lt. Cote's fine efforts.**

ACADEMY HAS NEW HOME

In February, **Northern Essex Community College's Haverhill Campus (NECC)** became home to the state's newest Police Recruit Officer Training Academy. The



Essex County Sheriff's Department has also taken advantage of this new venue by partnering with **NECC** which will ensure **ECSD's** capabilities to efficiently train new recruits professionally and resourcefully.



Essex County Sheriff's Department Recruits will go through an intensive training program for 12 weeks. Northern Essex has a long and successful history providing professional education and training for a number of fields, including education, health care, and law enforcement. The college offers an associate degree in criminal justice. All new recruits are encouraged to continue their education at the college. **NECC** is excited to be expanding their role in educating the next generation of police and correctional officers.



SPECIAL OUTREACH ACADEMY - FALL SESSION 2015

INTEGRITY – SELF RESPECT – STAYING POSITIVE



The Fall Session of the **Special Outreach Academy**, geared to developmentally disabled adults, was held October 14 through November 18. The program accommodated 24 individuals along with staff from the participating agencies. Agencies represented during the fall session included: **American Training** both from **Lawrence**, **Bridgewell** from **Lynnfield**, **Opportunity Works** from **Newburyport** and **Haverhill**, **Coastal Connections** from **Amesbury**, and new this session **Transition Opportunities** from **Danvers** and **NE ARC** from **Andover**.



Many thanks to all staff who facilitated the program: **Academy Director Judy Lacroix**, **A.S. Maurice Pratt**, **A.S. Michael Frost**, **Lt. Michael Shultz**, **Sgt. David Fortune**, **Sgt. Scott Sousa** and **K-9 ‘Patton,’ Sgt. George Gikas** and **K-9 ‘Gianni,’ Sgt. Laura Dow**, **Officer Jason Hancock**, **Officer Corey Mathieson**, **Alan Huberdeau**, **Matthew Pani**, and **EREC Dispatch Supervisor Kelly McCarthy**. Also helping with logistics of the Academy was **Mary Murphy**.

Over 80 people attended the graduation at our **Middleton Facility** where all 24 participants received certificates and were sworn in as **Honorary Deputies** by **A.S. Michael Frost**. **First Essex District Representative James Kelcourse** was also present in presenting the certificates. This academy is open to all resource departments in **Essex County** and other counties for adults with disabilities. This Academy has also made a positive impact in all who facilitate this program. For information please contact **Academy Director Judy Lacroix** at jlacroix@eccf.com.



FELLOW at ECSD *By Mary Murphy*

Since September, I have had the opportunity to work with the **Research and Statistics Department** as a graduate fellow from **Merrimack College**. I am currently in my final semester in achieving my **Masters in Science and Criminology** with a concentration in **Research Methods and Program Evaluation**. The **Essex County Sheriff’s Department** under **Sheriff Frank G. Cousins, Jr.** and his staff, especially the **Research and Statistics Department**, has provided me with the opportunity to gain hands on experience in the field of corrections and research and program evaluation.

With the help of the entire **Research and Statistics Department**, I have been involved in the research and data collection regarding the detox unit as well as their work on the 6 month and 1 year recidivism reports. The **Essex County Sheriff’s Department** has created a 42 bed detox unit at the facility, housing pre-trial inmates. The detox unit was created to help solve the ever-growing opioid epidemic spreading throughout Massachusetts, and provide an alternative to incarceration for those awaiting trial. The staff has welcomed me and involved me in all aspects of the planning, implementation and outcome of the detox unit and I thank them for their guidance and support.

The hands on experience I am gaining while finishing my degree will help aid me in advancing both my education and career. Thank you to the entire **Essex County Sheriff’s Department** for providing me with this invaluable opportunity.



SERVSAFE - FOOD SAFETY CERTIFICATION PROGRAM

Essex County Pre-Release and Re-Entry Center (ECPRC)

The **ServSafe Program** is designed to teach qualified offenders, with a minimum of a high school diploma or GED equivalency, transferable skills in food service. The 14 week program at the **ECPRC**, facilitated by **Deputy Kathy Lawrence**, focuses on the comprehension and demonstration of key food service skills and practices. This valuable program, which assists **ECSD** in its re-entry efforts, has allowed former inmates to receive jobs in various communities.

Recently, **Deputy Lawrence** facilitated a class of 6 inmates, with 5 passing the exam and receiving their certificates. Two individuals were also recertified. Congratulations to all. **Deputy Kathy Lawrence** is a Massachusetts registered, licensed dietician.





SUMMER FUN – 2015
“YOUTH LEADERSHIP ACADEMY”
ESSEX COUNTY SHERIFF’S DEPARTMENT



COOKOUT
GAMES



HIDTA



MSPCA



UNITED STATES COAST
GUARD AUXILIARY



PADDLE -SMART



K-9 UNIT

FUN



FISHING



UNITED STATES COAST GUARD
MERRIMACK RIVER STATION





PHYSICAL FITNESS

PUSH UPS - FEMALE

<u>AGE</u>	<u>NAME</u>	<u>YEAR</u>	<u>SCORE</u>
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20-29:	Darya Maslova	2013	score 50
30-39:	Laura Dow	2015	score 71
40-44:	Christine Arsenault	2012	score 57
45-up:	Kim O'Hara	2011	score 80

FLEX – FEMALE

20-29:	Tonika Feliciano	2013	score 25
30-39:	Laura Dow	2014	score 26.5
40-44:	Michelle Kravette	2010	score 24
	Christine Arsenault	2015	score 24
45-up:	Audrey Brinson	2011	score 22

PUSH UPS – MALE

<u>AGE</u>	<u>NAME</u>	<u>YEAR</u>	<u>SCORE</u>
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20-29:	Joseph Delgrosso	2012	score 103
30-39:	Paul Leary	2012	score 90
40-44:	Junior Encarnacion	2012 & 2014	score 110
45-up:	Steven Boucher	2012 & 2014	score 105

FLEX – MALE

20-29:	John Mahoney	2010	score 25
30-39:	John Mahoney	2015	score 23.5
	Todd Nichols	2015	score 23.5
40-44:	David Fortune	2010	score 23
45-up:	David Meader	2011	score 22.5
	Steven Boucher	2014	score 22.5
	Brian Gauthier	2015	score 22.5

SIT UPS – FEMALE

<u>AGE</u>	<u>NAME</u>	<u>YEAR</u>	<u>SCORE</u>
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20-29:	Laura Dow	2011	score 50
	Felicia Moore	2013	score 50
	Taylor Ford	2015	score 50
30-39:	Kimberlee Vienneau	2011	score 57
40-44:	Christine Rodriguez	2012	score 53
45-up:	Kim O'Hara	2011	score 4

1.5 MILE – FEMALE

20-29:	Jamie Johnson	2012	score 10:56
30-39:	Laura Dow	2015	score 10:53
40-44:	Bonnie Buckley	2015	score 12:06
40-up:	Anne Marie Anderson	2015	score 13:13

SIT UPS – MALE

<u>AGE</u>	<u>NAME</u>	<u>YEAR</u>	<u>SCORE</u>
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20-29:	James MacGregor	2013	score 70
30-39:	Brandon Strick	2015	score 65
40-44:	Junior Encarnacion	2014	score 64
45-up:	Steven Boucher	2012	score 65

1.5 MILE – MALE

20-29:	Jerome Jellison	2011	score 9:07
30-39:	Jerome Jellison	2015	score 8:54
40-44:	Shelley Ehlers	2015	score 9:48
45-up:	Maurice Pratt	2015	score 9:01



ECRECC DIRECTOR RECEIVES NATIONAL CERTIFICATION

In September, **Shad Ahmed**, Director of the **Essex County Regional Emergency Communications Center (ECRECC)** received certification as an **Emergency Number Professional (ENP)** by the **National Emergency Number Association (NENA)**. In order to be certified, applicants must first meet eligibility requirements that include a combination of experience, education and professional development in the 9-1-1 field. Candidates then must pass a rigorous examination that demonstrates a mastery of the comprehensive knowledge base required of emergency number program management.

The **ENP** program was established by **NENA** in 1994 as a way to establish a benchmark of performance of professionals in the 9-1-1 field. There are currently over 1,200 ENPs in the United States and Canada. **NENA** serves its members and the greater public safety community as the only professional organization solely focused on 9-1-1 policy, technology, operations, and education issues.





Officers in attendance at the graduation of BTA 15-02 are pictured with Sheriff Frank G. Cousins, Jr. (front, sixth from left)

BTA 15-02 GRADUATES 29

On Tuesday, December 8, twenty-nine members of **BTA 15-02** joined the ranks of the Essex County Sheriff's Department. **Sheriff Frank G. Cousins, Jr.** administered the Correctional Officer Oath as family and friends and ECSD staff looked on.

George Moriarty of NECC welcomed everyone to the campus where the first ECSD academy completed their training. He emphasized and acknowledged the collaborative efforts of NECC and ECSD in their efforts in aiding to create a collective location where all law enforcement agencies will be able to take advantage of the training and instruction for all members of law enforcement. Mr. Moriarty also encouraged all to take advantage of NECC's curriculum in Criminal Justice.

Guest speaker, **Lawrence Mayor Daniel Rivera**, spoke directly to all new correctional officers stating that, as correctional officers, they have a tough job ahead. He asked that they stay true to their principles, standards and morals as these qualities will earn them respect and follow them throughout their career.

Sheriff Cousins also recognized four ECSD staff who received promotions. **AJ Mora**, Director of the Lawrence OCC, **Krystina McFarland**, Assistant Director of the Lawrence OCC, **Vickie Barry**, ECPRC Re-integration Coordinator and Sr. Officer **Jason Hancock**, Writ Office.

We welcome our new **Correctional Officers**: **Michael Ahl** – **Dawn Arsenault** – **Kate Banys** – **Lyanna Batista** – **Briana Blanchard** – **Joshua Boatright** – **Ian Canty** – **Adrian Chavez** – **Magdalena Druzga** – **Peter Fidrych** – **Justin Graham** – **Almir Hamidovic** – **Kyle Kidger** – **Julianna King** – **George Landingham** – **Luke Peters** – **Joseph Plessas** – **Brett Ramon** – **Carlos Rijker** – **Christopher Roberto** – **Gary Roy Leo Silvera** – **Tyler Toyfair** – **Matthew Turmenne** – **Sang Vo** – **David White** – **Corinne Woods**.



ECSD DRILL INSTRUCTORS

At the graduation of **BTA 15-02**, **Sheriff Frank G. Cousins, Jr.** highly commended **ECSD Drill Instructors** on their dedication and commitment in the training of new recruits. Pictured left to right: **D.I. Steven Boucher**, **Sgt. Laura Dow**, **Assistant Director of Training, D.I. Allisson Hernandez** and **Senior D.I. Commandant Michael McAuliffe**.



On December 4, having completed the 12 week academy, the recruits of **BTA 15-02** and their families celebrated their accomplishments with the traditional **"Family Night."** This event marks the final days of training for the recruits. As a component of their training, all recruits of **BTA 15-02** take part in many functions in local communities. On December 8, **BTA 15-02** participated in the **Holiday Torch Run** in Peabody. The race is part of the **"Law Enforcement Torch Run"** series which raises money for **Special Olympics**.





ALL IN A DAY'S WORK - TRAINING IS KEY





OFFICERS JOIN BICYCLE TEAM SUPPORTS RIDE FOR ANGELS

Four ECSD officers joined the **Fifth Annual Ride for Angels**, which supports Angel Flight NE. Riding for “**Team Mendez**” will be (L to R) **ECSD Bicycle Patrol Officers Pete Waldman, Edilberto Nunez, Alex Baez and Fausto Mendez**. The charity ride took place Sunday, September 13, starting from the Lawrence Municipal Airport in North Andover.



GREEN THUMBS PRODUCE A FIELD OF ORANGE

The staff and the inmates at the **Essex County Pre-release and Re-entry (ECPRC)** have green thumbs. This past fall the **ECPRC** cultivated, harvested and distributed over **6000 pumpkins**. The pumpkins are among the many crops grown at the Center. **ECPRC** inmates tend a large farm from early spring until fall, with pumpkins being the last harvest. These pumpkins were distributed to schools, senior centers and many other non-profit programs within Essex County. (Related article below)



ECPRC PROVIDES PUMPKINS TO ADULT CARE PROGRAM

A.S. Frank Garrison and his crew delivered pumpkins to clients at **Spectrum Adult Day Health in Beverly**. Spectrum specializes in caring for people with Alzheimer’s disease and related dementias. **Dianne Perry, Activities Director at Spectrum** was very appreciative of the deliver stating “*the pumpkins provided many activities for our folks here at Spectrum. Cooking, painting, sensory stimulation and decorating are just a few things we do with the pumpkins.*” Ms. Perry added “*Thank you for bringing fall to Spectrum Adult Day Health.*”

TOPSFIELD RESIDENTS TOUR COMMUNICATIONS CENTER

Recently the **Essex County Regional Emergency Communications Center (ECRECC)** hosted **Topsfield residents** as part of “**Operation Concern Tour.**” As part of their visit to the **ECRECC**, they received a tour, met staff and enjoyed refreshments. The visitors were very thankful for the staff’s efforts. One resident said that this was the highlight of her week, and she could not wait to call her daughter to tell her. The **ECRECC** staff enjoyed the experience as well. **Dispatch Supervisor Jenna DiGianvitorio** stated “*This was a great experience on both sides as we got to meet the folks we speak to everyday and the same for them.*”



ESSEX COUNTY SHERIFF'S DEPARTMENT NEWSLETTER JANUARY 2016

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