



EDUCATOR “SAFE SLEEP” PLEDGE: REDUCE THE RISK OF SUDDEN INFANT DEATH SYNDROME (SIDS)

All educators caring for infants must pledge that they are adhering to [EEC’s Safe Sleep regulations, policies, and procedures](#) for each infant in their care who is under 12 months of age. These include, but are not limited to:

Talking about safe sleep with families by:

- Discussing Safe Sleep practices with parents and providing Safe Sleep information;
- Informing parents about the program’s obligations to abide by EEC’s Safe Sleep policies and regulations; and
- Informing parents about the program’s procedures should an emergency occur.

Making sleep a safe time by always:

- Placing infants under 12 months old on their backs when putting them down to nap, rest, or sleep.
- Placing infants on a firm, flat, non-inclined sleep surface.
- Using safe cribs and approved sleep equipment for infants.
- Keeping soft objects and loose bedding out of infant sleep areas, including items used for swaddling.
- Providing each infant with an individual sleep area.
- Avoiding overheating and head coverings while infants are sleeping.
- Ensuring pacifiers used during sleep do not include additional components or attachments.
- Removing bottles from infant sleep areas before sleep.
- Removing jewelry from infants before sleep.
- Removing hanging objects from infant sleep areas.
- Supervising infants during sleep in accordance with safe sleep practices.

In case of an emergency, we will:

- Call 911 immediately.
- Ensure that at least one person with current CPR and First Aid certification is always on the premises when children are present.

I understand that EEC may take swift and significant adverse action if any further violations related to Safe Sleep are found at my childcare program, including freezing enrollment of infants, revocation, suspension, and/or refusal to renew my program’s license.

Licensee or Designee Signature

Date