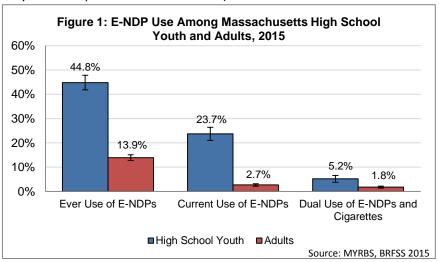
# Electronic Nicotine Delivery Product (E-NDP) Use Among High School Youth in Massachusetts

Electronic Nicotine Delivery Products (E-NDPs) are battery-operated products that deliver aerosolized flavorings and chemicals, namely nicotine, inhaled by the user. E-NDPs include e-cigarettes, e-hookah, and vape pens, and their use among youth has increased dramatically commensurate with their wide availability, attractive flavors and pervasive marketing.

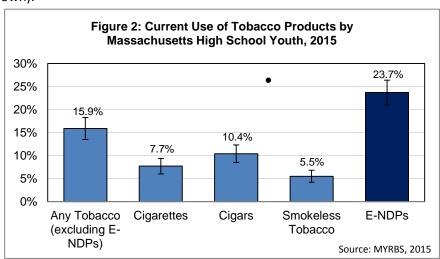
## Youth Use of E-NDPs Far Exceeds Adult Use (Figure 1)1

High school youth reported a much higher rate of E-NDP use than adults. While the current youth cigarette use rate in Massachusetts is just half of the adult use rate (7.7% versus 14%), the current youth E-NDP use rate is more than 9 times higher than the adult use rate (23.7% versus 2.6%). Additionally, more youths than adults are dual users of both E-NDP and cigarettes. (5.2% of youth compared to 1.8% of adults).



## Youth Use of E-NDPs Far Exceeds Use of Other Tobacco Products in 2015

- High school youth currently use E-NDPs at a higher rate than all other tobacco products<sup>iii</sup> (23.7% compared to 15.9%). (Figure 2).
- Nearly 1 in 2 high school students (44.8%) have ever tried E-NDPs compared to 27.8% of high school students who have ever tried smoking a cigarette (data not shown).
- Youth use of all other tobacco products has steadily declined since 2009, while use of E-NDPs has increased (data not shown).



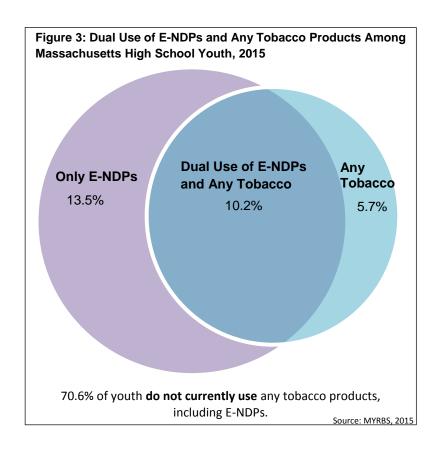
Massachusetts Department of Public Health Tobacco Cessation and Prevention Program (617) 624-5900 <a href="https://www.mass.gov/dph/mtcp">www.mass.gov/dph/mtcp</a>



## Electronic Nicotine Delivery Product (E-NDP) Use Among High School Youth in Massachusetts

### **Dual Use of Tobacco and E-NDPs Common Among Youth:**

Nearly 1 in 3 high school students (29.4%) currently use either E-NDPs or traditional tobacco products or both (Figure 3). Nearly half (45.9%) of these students (or 13.5% of all high school students) use **only** E-NDPs and do not use other tobacco products. More than a third (34.7%) of these students (or 10.2% of all high school students) use **both** E-NDPs and other tobacco products.



#### Sources/Notes:

Traditional tobacco or any tobacco is defined as cigarettes, cigars (including little cigars and cigarillos), and smokeless tobacco (such as chewing tobacco, snuff or dip).



U.S. Food and Drug Administration. Vaporizers, E-Cigarettes, and other Electronic Nicotine Delivery Systems (ENDS). 2016.

ii Campaign for Tobacco Free Kids, Electronic Cigarettes and Youth (2015) available at: https://www.tobaccofreekids.org/research/factsheets/pdf/0382.pdf