**Emergency Preparedness**

**Kit**

**Suggestions For Residents With Visual Impairments**

# **Have back up canes** at different locations, such as your home, homes of family members, car, and disaster kit.

# **Store high-powered flashlights** (LED lights with wide beams are best) and extra batteries. Light Sticks may also be helpful.

* + **Writing supplies** such as a slate & stylus, 20/20 pens, writing guide
	+ **Low vision items** such as magnifiers, glasses, etc.
	+ Wind-up **radio**
	+ Talking **alarm clock** (with batteries) or braille **watch**
	+ **Whistle** & **first aid** kit
	+ **Telephone/Contact list** in large print and/or braille
	+ **Chargers** for electronic devices and batterypacks
	+ During the **COVID-19 pandemic**, include face coverings, masks, hand sanitizer, and other needed cleaning supplies.
	+ **Label Supplies:** Mark emergency supplies with large print, fluorescent tape or braille (with print).

# Be prepared to use alternate mobility cues and alternative methods to navigate your environment.

Be prepared to lose the auditory clues you normally rely on following a major disaster.

For more general information on other items needed for your disaster kit, go to **www.mass.gov/mema**

# Adapted from Red Cross’s “Additional Tips for People with Visual Disabilities” handout [www.redcross.org](http://www.redcross.org)