

District 7

Central Mass CISM Team
 Jamie MacDonald
 508-387-0937

District 8

Montachusett CISM Team
 Pete Stone, Gregg Sculthorpe Co-
 coordinators
 508-899-0055

Districts 9, 10, 11, 12

Western MA CISM Team
 Lisa Herringshaw
 413-586-6065

District 13

Boston Fire-MetroFire
 Kevin Preston
 617-343-2880

District 14

District 14 CISM
 David Flannery, Coordinator
 508-881-0119

Additional Network Teams**WINGS CISM**

Kathy Minehan, Coord
 Callout 978-874-0177

Boston Police CISM/Peer Support

Callout 617-594-9091
 Coordinator Cynthia Beckford-
 Brewington

Boston EMS CISM Team

Pat Calter, Coordinator 617-
 686-6820

MA Corps of Fire Chaplains

Bruce Arbour, Chief
 Chaplain 774.696.4587

SEMLEC Law Enforcement Team

Kelly Chuilli, Coord Callout
 508-658-2478

METROLEC

Law Enforcement Team
 Kristine Lydon 781-706-6912
 Ed O'Brien 781-424-4919

Commonwealth 911/Dispatch Peer Support

Anthony Landry Coordinator
 Callout 840-600-7337

Massachusetts Department of Correction

Employee Assistance Support Unit
 Callout 508-422-3481

Brockton Police CISM Peer Support

Coordinator Will Schlieman
 Callout 508-941-0200

Worcester EMS

Coordinator
 Callout 774-261-0151

On-Site Academy

First Responder Residential Treatment
 978-874-0177 Monitored 24/7

Massachusetts State Police EAU

Peer Support Team
 Callout 508-820-2121



**If you need assistance,
 network members are on-call 24/7**

508-820-2000

*Our mission is to provide peer
 assistance to all emergency service
 personnel within the Commonwealth
 before, during or after a critical
 incident, regardless of race, gender,
 or age.*

Charlie Popp, Coordinator

617-967-4141 (c) 24/7

Jim Leary, Coordinator

508-404-7301 (c)

David Clemons**Operations Section Chief****DFS/CISM Liaison**

978-567-3179 (office)

What is a Critical Incident?

Any event that has the potential to create significant human distress and can overwhelm one's usual coping mechanisms. This will vary greatly from person to person and may change over time.

Some Possible Critical Incidents

- Line of Duty Death
- Suicide of a Working Colleague
- Death / Serious Injury of a Child
- Discharge of a Firearm
- Prolonged Failed Rescue
- Mass Casualty Incidents
- Victim Known to Responder
- Personal Safety Jeopardized
- Excessive Media Coverage

How Do We React to These Events?

Often, reactions to critical incidents fall into five categories. It is not unusual for one or all members of the department to experience some or all of these reactions.

Cognitive Reactions

Decision making difficulties
Confusion
Disorientation
Concentration
Memory loss
Unable to perform multiple tasks
Flashbacks

Behavioral Reactions

Sleep Disturbance
Withdrawal
Family Discord
Crying Spells
Hyper-vigilance
Hyperactivity
Alcohol / Drug Use (Change)

Physical Reactions

Muscle Tremors
Headaches
Backaches
Loss of coordination
Nausea
Upset stomach

Emotional Reactions

Anxiety
Fear
Feeling overwhelmed
Feeling detached from reality
Anger
Resentment
Grief
Guilt
Melancholy

Spiritual Reactions

Anger at God
Withdrawal from Faith-based
Community
Cessation of Faith-Related Practices

The Massachusetts Peer Support

Network seeks to lessen the impact of such stress reactions through a variety of interventions provided by fully trained peer support personnel.

District 1

Cape & Islands

Chrystal LaPine, Coordinator
508-563-4200

District 2

Plymouth County CISM

Rich Smith, Coordinator
617-285-7345

Districts 3 & 4

Bristol/Norfolk Team

Keith H. Jackson, Coordinator
508-285-5380

Districts 5 & 15

Metro-Boston CISM

Matt Aquaro, Coordinator
857-246-8577

District 6

Greater Lowell CISM Team

Tom Greenhalgh, Co-Coordinator
Mike Curran Co-Coordinator
833-444-CISM

All services are rendered taking the greatest care to maintain the highest levels of personal integrity and confidentiality, and to do no harm.