

Emerson Hospital

MIDDLESEX COUNTY



\$1.92M

TOTAL PROJECT COST

\$1.2M

HPC AWARD

Target Population & Aims

TARGET POPULATION

All medical, surgical, and behavioral health patients at a high risk of readmission

3,080

discharges per year

PRIMARY AIM

Reduce 30-day returns by

20%

SECONDARY AIM 1

Reduce 30-day returns among patients with a high risk of readmission discharged to a skilled nursing facility by

10%

SECONDARY AIM 2

Reduce 30-day Emergency Department returns for all medical/surgical/behavioral health patients with a high risk of readmission by

10%

Summary of Award

Emerson Hospital aims to reduce 30-day returns by 20% for patients at a high risk of re-admission. The Emerson Hospital CHART program provides interdisciplinary cross-setting transitional care and enhanced hospital-based processes, including multidisciplinary rounding. The CHART team collaborates with post-acute care providers and leverages technologies to improve care and coordination for its patients. Individual care plans are developed and referenced throughout the program. Care Dimensions, a home care and assisted living service provider and nursing facility, provides an on-site RN palliative care and hospice liaison that assists with identifying patients who may be appropriate for palliative care or hospice. She provides education to patients and families about these services, and identifies the need for further consultation, whether during an admission or upon discharge.

Patient Story

A wheelchair bound male with diabetes was frequently admitted to the hospital with difficulty managing his illness. Interventions by the CHART team focused on education, which enabled him to medically manage his diabetes on his own. However, despite this success, the team found that his nutrition was inappropriate for his condition. The team brought this to his attention and connected him with a meal delivery service, improving his nutrition and ability to manage his diabetes.

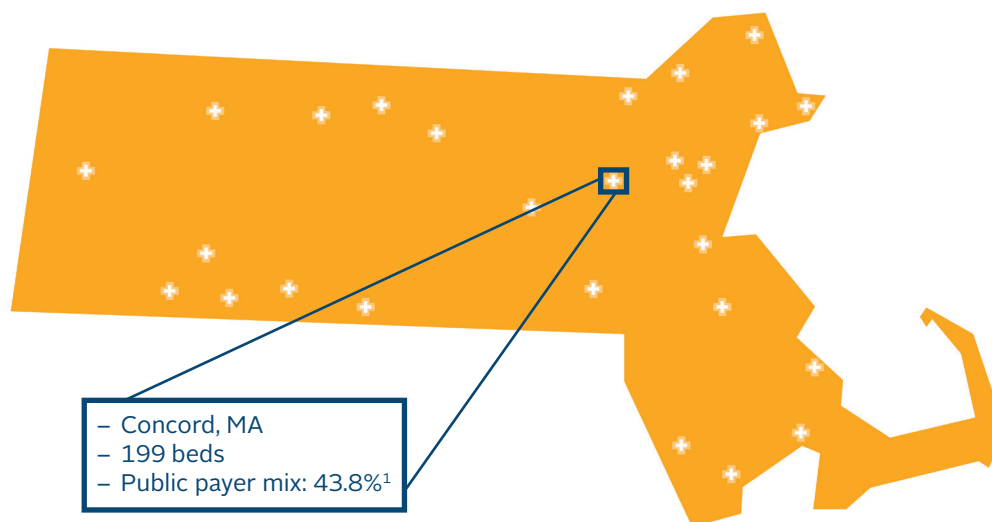


CHART & HPC Background

The Community Hospital Acceleration, Revitalization, and Transformation Investment Program (CHART) makes phased investments for certain Massachusetts community hospitals to enhance their delivery of efficient, effective care. The goal of the program is to promote care coordination, integration, and delivery transformations; advance electronic health records adoption and information exchange among providers; increase alternative payment methods and accountable care organizations; and enhance patient safety,

access to behavioral health services, and coordination between hospitals and community-based providers and organizations.

Established through the Commonwealth's landmark cost containment law, Chapter 224 of the Acts of 2012, the HPC is an independent state agency that monitors reform in the health care delivery and payment systems and develops policies to reduce overall cost growth while improving the quality of patient care. To learn more, please visit www.mass.gov/hpc or follow us on Twitter @Mass_HPC.

1. Source: Center for Health Information and Analysis, 2017.