SOCIAL MEDIA TEXT

**Tweet 1:**

Due to recent federal action, the extra COVID SNAP benefits are ending March 2, 2023 in Massachusetts. Households will continue to get their normal SNAP benefit amount. Visit Mass.gov/ExtraCOVIDSNAP to learn how you can get the most SNAP and save some of it to help after March 2.

**Instagram/Facebook 1:**

Due to recent action by the federal government, the extra COVID SNAP benefits are ending March 2, 2023 in Massachusetts. Starting in April, you will get only one monthly payment. That is your normal benefit. Get your normal amount on DTA Connect or listen to the information about your case by calling DTA at 877-382-2363.

Reminder: Unused SNAP benefits roll over month to month. Also, change the PIN on your EBT card regularly to protect your benefits!

Visit Mass.gov/ExtraCOVIDSNAP for information and to learn how you can get the most SNAP and save some of it to help after March 2.

**Tweet 2: HIP**

Due to federal action, the extra COVID SNAP benefits end March 2. Boost your food budget w/ HIP! If you get SNAP, you can automatically get HIP. HIP puts money back on your EBT card when you buy produce w/SNAP from HIP vendors, up to a monthly amount: DTAFinder.com

**Instagram/Facebook 2: HIP**

Due to recent action by the federal government, the extra COVID SNAP benefits end on March 2, 2023. Looking to boost your food budget? In Massachusetts, if you get SNAP, you can automatically get HIP. HIP puts money back on your EBT card when you buy local fruits and vegetables with SNAP from HIP farm vendors. Up to $40, $60 or $80 a month depending on your household size. Find local vendors at DTAFinder.com.

**Tweet 3. Medical Deduction**

Due to federal action, the extra COVID SNAP benefits in Massachusetts end March 2, 2023. Increase your normal SNAP benefits if anyone in your SNAP household is 60 or older or has a disability and has medical costs over $35 a month. Learn more: [https://Mass.gov/ExtraCOVIDSNAP](https://mass.gov/ExtraCOVIDSNAP)

**Instagram/Facebook 3. Medical Deduction**

Due to recent action by the federal government, the extra COVID SNAP benefits in Massachusetts end March 2, 2023. You may be able to increase your normal monthly SNAP benefits if anyone in your SNAP household is 60 or older or has a disability and has over $35/month in medical costs. You don’t need to send DTA proof if monthly medical costs are below $190/month. Send DTA a written note about these costs on DTA Connect or call DTA at 877-382-2363. Learn more at [https://Mass.gov/ExtraCOVIDSNAP](https://mass.gov/ExtraCOVIDSNAP)

**Tweet 4. Child/adult care Deduction**

Due to federal action, the extra COVID SNAP benefits in Massachusetts end March 2, 2023. Increase your normal monthly SNAP benefits by telling DTA if you have child care or disabled adult care costs. Learn more: [https://Mass.gov/ExtraCOVIDSNAP](https://mass.gov/ExtraCOVIDSNAP)

**Instagram/Facebook Post 4:**

Due to recent action by the federal government, the extra COVID SNAP benefits in Massachusetts end March 2, 2023. You may be able to increase your normal monthly SNAP benefits if you have child care or adult disabled care costs (if anyone in your SNAP household is working, looking for work, or in school). Learn more at [https://Mass.gov/ExtraCOVIDSNAP](https://mass.gov/ExtraCOVIDSNAP)

**Tweet 5: Housing Deduction**

Due to federal action, the extra COVID SNAP benefits in Massachusetts end March 2, 2023. Increase your normal monthly SNAP benefits by telling DTA if rent or mortgage costs have gone up. Learn more: Mass.gov/ExtraCOVIDSNAP

**Instagram/Facebook 5: Housing Deduction**

Due to recent action by the federal government, the extra COVID SNAP benefits in Massachusetts end March 2, 2023. You may be able to increase your normal monthly SNAP benefits by telling DTA if your rent or mortgage has gone up. Tell DTA about these costs by sending a written note on DTA Connect or calling DTA at 877-382-2363. Learn more at [https://Mass.gov/ExtraCOVIDSNAP](https://mass.gov/ExtraCOVIDSNAP)

**Tweet 6:**

The extra COVID SNAP benefits end March 2, 2023. Get more food help:

@ProjectBread's FoodSource Hotline: 1-800-645-8333

@Gr8BosFoodBank: <https://www.gbfb.org/need-food/>

@WorcCtyFoodBank: <https://foodbank.org/find-food/>

@FoodBankWMA: <https://foodbankwma.org/get-help/covid-19-food-pantry-meal-program-schedule/>

@MVFoodBank: <https://mvfb.org/member-agencies/>

**Instagram/Facebook 6:**

Due to recent action by the federal government, the extra COVID SNAP benefits in Massachusetts end March 2, 2023. Get more food help from food pantries, hot meal programs, and more.

Find help near you:

Project Bread’s FoodSource Hotline: [1-800-645-8333](tel:1-800-645-8333) or [https://www.gettingSNAP.org/](https://www.gettingsnap.org/)

Greater Boston Food Bank: <https://www.gbfb.org/need-food/>

Worcester County Food Bank: <https://foodbank.org/find-food/>

The Food Bank of Western Massachusetts: <https://foodbankwma.org/get-help/covid-19-food-pantry-meal-program-schedule/>

Merrimack Valley Food Bank: <https://mvfb.org/member-agencies/>

**Tweet/Instagram/Facebook 7:**

Due to recent federal action, the extra COVID SNAP benefits in Massachusetts end March 2, 2023. Visit [https://Mass.gov/ExtraCOVIDSNAP](https://mass.gov/ExtraCOVIDSNAP) to find resources to help with food, housing, utility, and other costs.