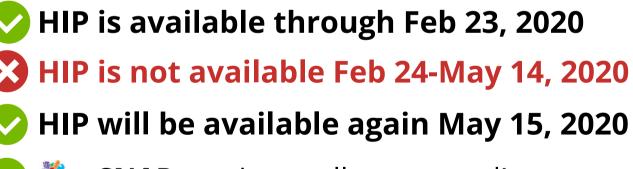
2020 SEASONAL DATES

any incentives



SNAP continues all year round!

Find more information at **www.mass.gov/hip** Questions? Call Project Bread at **1-800-645-8333**



Department of Transitional Assistance

Maximize Your SNAP Benefits

There are other ways to maximize your benefits.

Tell DTA About Your Expenses!

You may get credit for these expenses even if you are currently not paying for them in full. This may help to increase your SNAP benefits!



Shelter Costs: Rent, Mortgage (Principal, Interest, Taxes, & Insurance), Condo Fees, etc.



<u>Utility Costs</u>: Heating, Cooling, Electricity, Trash Collection, Water & Sewerage, Phone



Dependent Care Costs:

Tell us about childcare or adult dependent care costs



DOR Child Support Payments: You may receive credit for paying court ordered child support



More Resources

Medical Costs: Elderly or disabled clients may claim Copays, Prescriptions, Over-the-Counter Medications, Health Insurance, Transportation, etc.



To find local food sources please call Project Bread's Food Source Hotline at 1-800-645-8333



To find nutritional advice please visit the Food & Nutrition Service website at www.choosemyplate.gov



To find essential health and human services programs in your area please call 2-1-1



To find local employment & training providers please visit www.snappathtowork.org



For more information on DTA programs Please visit <u>mass.gov/dta</u> Follow us on Twitter at @DTA_Listens

