



## You May Increase Your SNAP Benefits By Verifying Your Medical Costs

### Who can claim medical costs?

Anyone with a permanent disability or who is age 60 or older.

### How will medical costs increase my SNAP benefits?

SNAP benefits are based on household income and expenses. Claiming medical expenses reduces your countable income by giving a credit.

You get the same credit if your monthly costs are between \$35.01 and \$190.00. You get a larger credit if they are more than \$190. SNAP benefits will not change if you already get the maximum SNAP amount.

### What medical costs can be claimed?

There are examples on the back. You can get credit even if you have not paid yet.

### What type of proof is needed?

We need receipts or bills to prove most medical costs. Car mileage can be verbally reported. If you claim medical costs to a housing authority, you can ask them for your rent calculation worksheet and send it to us.

### How do I send proof to DTA?

You can send us proofs anytime!

- Online** DTACONNECT.com or DTA Connect Mobile App
- Mail** DTA Processing Center, P.O. Box 4406, Taunton, MA 02780
- Fax** (617) 887-8765
- In person** Any local DTA office

### What if I have questions about what to send or how it will change benefits?

If you are 60 or older, call the Senior Assistance Office at (833) 712-8027

If you are under 60, call the DTA Assistance Line at (877) 382-2363

## Examples of Eligible Medical Costs

### Medications

- Prescriptions
- Over the counter
- Supplements/vitamins



### Insurance Premiums

- Basic health
- Vision
- Dental
- Drug



### Service Support Animals

- Veterinary bills
- Animal food
- Pet care supplies



### Home Health Costs

- Personal care attendant
- Home health aide
- Dependent/Adult day care



### Medical Equipment

- Wheelchair
- Crutches
- Prosthetics
- Communication equipment
- Walker



### Alternative Therapy

- Acupuncture
- Massage
- Physical Therapy
- Chiropractor



### Health Related Supplies

- Adult diapers
- Dentures
- Hearing aids/batteries
- Contact lenses
- Eyeglasses



### Transportation

- Taxi, Uber/Lyft
- Public Transportation
- Parking Costs
- Mileage by car (self-declare locations)



### Co-payments

- Doctor's office
- Dentist's office
- Hospital



### Other

- One-time medical bills
- Gym membership



You can use this list to help submit proof of your costs.

Number of receipts/bills included: \_\_\_\_\_