

### Examples of Pre-ETS Activities

Required Pre-Employment Transition Service	Examples of Activities for Required Pre-Employment Transition Services
Job Exploration Counseling	<ul style="list-style-type: none"> <li>• The student's vocational interest inventory results</li> <li>• The labor market</li> <li>• In-demand industries and occupations,</li> <li>• Non-traditional employment options,</li> <li>• Administration of vocational interest inventories, and</li> <li>• Identification of career pathways of interest to the students.</li> </ul>
Work-Based Learning Experiences	<ul style="list-style-type: none"> <li>• Job Shadowing</li> <li>• Career Mentorship</li> <li>• Career Related Competitions</li> <li>• Informational Interviews</li> <li>• Paid Internships</li> <li>• Non-paid Internships</li> <li>• Practicum</li> <li>• Service Learning</li> <li>• Student-led Enterprises</li> <li>• Simulated Workplace Experience</li> <li>• Paid Work Experience</li> <li>• Non-Paid Work Experience</li> <li>• Volunteering</li> <li>• Workplace Tours/Field Trips</li> </ul>
Counseling on Opportunities for Enrollment in Comprehensive Transition or Post-Secondary Education Programs	<ul style="list-style-type: none"> <li>• Document academic accommodations</li> <li>• Advocate for needed accommodations &amp; services</li> <li>• Identify interests, abilities, talents, needs, learning style preferences and goals</li> <li>• Promote use of executive function skills</li> <li>• Assist with researching career &amp; PSE options</li> <li>• Promote participation in PSE preparation classes, etc.</li> <li>• Connect to PSE resources/ services/websites</li> <li>• Promote use of self-advocacy skills</li> <li>• assist with application/ enrollment process</li> <li>• Identify financial aid options</li> <li>• Take career vocational assessments</li> <li>• Familiarize with education and vocational laws</li> </ul>

	<ul style="list-style-type: none"> <li>• Identify technology needs</li> <li>• Identify admission tests accommodations</li> <li>• Attend college fairs &amp; tours</li> <li>• Apply for Vocational Rehabilitation services, if eligible</li> <li>• Provide PSE information to family members</li> <li>• Access services &amp; supports from developmental/ intellectual disabilities service agency, if eligible</li> </ul>
Workplace Readiness Training to Develop Social Skills and Independent Living	<p><b>Specific social/interpersonal skills include:</b></p> <ul style="list-style-type: none"> <li>• Communication</li> <li>• Positive attitude</li> <li>• Teamwork</li> <li>• Problem solving</li> <li>• Talking/writing</li> <li>• Cooperation</li> <li>• Active listening</li> <li>• Decision making</li> <li>• Conflict resolution</li> <li>• Body Language</li> <li>• Empathy</li> <li>• Professionalism</li> <li>• Good manners</li> <li>• Supporting others</li> <li>• Respectful</li> </ul> <p><b>Independent livings skills include the following:</b></p> <ul style="list-style-type: none"> <li>• Good hygiene</li> <li>• Time management</li> <li>• Healthy lifestyle</li> <li>• Using a cell phone</li> <li>• Using transportation</li> <li>• Money management</li> <li>• Nutrition/meal preparation</li> <li>• Accessing community</li> <li>• Services &amp; supports</li> <li>• Community participation</li> <li>• Civic responsibility</li> <li>• Community safety</li> <li>• Developing friendships</li> <li>• Appropriate dress</li> <li>• Appropriate behavior</li> </ul>
Instruction in Self Advocacy (Including Peer Mentoring)	<ul style="list-style-type: none"> <li>• Self -awareness</li> <li>• Disability understanding</li> <li>• Disability disclosure</li> <li>• Decision making</li> </ul>

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|  | <ul style="list-style-type: none"><li>• Set goals</li><li>• Evaluate options</li><li>• Identify independence</li><li>• Accommodations</li><li>• Request &amp; utilize accommodations</li><li>• Know your rights &amp; responsibilities</li><li>• Self-determination</li><li>• Know how to request &amp; accept help</li><li>• Intrinsic motivation</li><li>• Taking a leadership role</li><li>• In support plans</li><li>• Assertiveness</li><li>• Listen to others opinions</li><li>• Problem solving</li><li>• Monitor progress</li><li>• Positive self-talk</li></ul> |
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