



Blackstone Complex

Department of Conservation and Recreation

Exploring the Blackstone River Valley Recreational Hike Series

All programs are free and open to the public. Registration is not required. An adult must accompany children. Appropriate for ages 12 and up. Wear sturdy footwear. Dress for the weather, layers recommended. Bringing water and a snack is encouraged. For the most up to date programming information, call (508) 278-7604 or visit us at bit.ly/blst_updates.



ADA/Reasonable Accommodations

Cell: 617-645-0358 | Email: moneesha.dasgupta2@mass.gov

**Sunday,
April 14**

Healthy Heart Loop, 2-4 pm

Upton State Forest

Meet at the CCC Camp parking area (205 Westboro Road, Upton 01568)

~2 miles of moderate terrain over a rugged forest surface with steep inclines

**Sunday,
April 21**

Midstate Trail Loop, 2-4 pm

Douglas State Forest

Meet at the Ridge Trailhead parking area

(42.07829747932752, -71.78808320457081)

~2 miles of moderate terrain over a loose graveled surface with mild inclines

**Sunday,
April 28**

Long Trail Loop, 1-4 pm

Hopkinton State Park

Meet at the Hopkinton State Park upper beach lot parking area (42.25837981520797, -71.51964289191285)

~4.5 miles of moderate terrain over a rugged forest surface with mild inclines

**Sunday,
May 5**

Plummer's Landing, 2-4 pm

Blackstone River and Canal Heritage State Park

Meet at the River Bend Farm Visitor Center (287 Oak St, Uxbridge, MA 01569)

~2 miles of easy terrain over a rugged forest surface with mild inclines

**Sunday,
May 12**

Whistling Cave Loop, 2-4 pm

Upton State Forest

Meet at the CCC Camp parking area (42.209180, -71.608770)

~4 miles of moderate terrain over a rugged forest surface with steep inclines

**Sunday,
May 19**

Eagle Bridge Loop, 2-4 pm

Douglas State Forest

Meet at the Route 16 parking area (42.055991, -71.786420)

~2 miles of moderate terrain over a loose graveled surface with mild inclines

**Sunday,
May 26**

Reservoir Loop, 1-4 pm

Whitehall State Park (300 Wood St, Hopkinton, MA 01748)

Meet at the Whitehall State Park parking area

~7 miles of moderate terrain with mild inclines

coming events