

Prepare for Extreme Heat Events

Adults aged 65+ are considered an at-risk population during extreme heat events.

Households in Massachusetts may qualify for assistance with air conditioning costs. Find out if you qualify by exploring the programs below:



Financial Rebates for Air Conditioners

- Households may apply for Mass Save rebates when purchasing an ENERGY STAR air conditioner. Visit [MassSave.com](https://www.mass.gov/mass-save) to learn more

Discounted Energy Rate

- Find out if you qualify for discounted energy rates by visiting the following websites:
 - National Grid:** www.nationalgridus.com/MA-Home/Bill-Help/Payment-Assistance-Programs
 - Eversource:** www.eversource.com/content/residential/account-billing/payment-assistance/discount-rate

Get Help Paying Energy Bills Due to Temporary Financial Difficulty

- The Massachusetts Good Neighbor Energy Fund is available to any Massachusetts resident who, because of temporary financial difficulty, cannot meet a month's energy expense and is not eligible for state or federal energy assistance. For more information, call **1-800-334-3047** or visit www.magoodneighbor.org

Weatherization Assistance Program (WAP)

- Insulating and sealing homes can reduce energy bills. Massachusetts Weatherization Assistance Program (WAP) provides eligible households with full-scale home energy efficiency services including insulating and sealing homes. Learn more at www.mass.gov/info-details/weatherization-assistance-program-wap

Extreme Heat Preparation Checklist

- ☐ Check that air conditioners are installed and functioning properly (clean/new filters, blowing air well, temperature controls work, etc.)
- ☐ Create a list of the information that you would need to report power outages and check when power might be restored
- ☐ Create a list of air-conditioned public spaces you can go to during the hottest parts of the day (movie theaters, gyms, libraries, community centers, shelters, etc.)
- ☐ Create a list of friends, neighbors, or family with air conditioning that you can visit in the event of a power outage
- ☐ Make a transportation plan to get to air-conditioned spaces
- ☐ Create a list of any medications that require refrigeration or medical equipment that requires electricity. To prepare for power outages, make a plan for how you will keep medications cool or find electricity for any necessary medical equipment
- ☐ List any dependents or pets you or those you care for may need to consider and how you would take care of them during a heat event
- ☐ Make a list of first responder phone numbers and display it in a prominent location in your home (Fire, Ambulance, Police)
- ☐ Make a list of medical providers and their phone numbers you would call if you were experiencing heat illness



Learn more: www.mass.gov/info-details/preparing-for-extreme-heat

