



## SOCIAL DISTANCING

Ensure >6ft between individuals

### Competition and Tournament Organizers must adhere to the following:

- Outdoor Competitions & Tournaments Capacity Limits:
  - No more than 25 players on any surface/playing area for team/group sports
  - In Phase 3, Step 1 Communities**, no more than 50 people excluding players, coaches, referees or facility/activity workers in the aggregate in, on, or surrounding any surface/playing area or start/finish lines at any one time, provided that there is adequate space for all players, coaches, referees, facility/activity workers and spectators to maintain at least six feet social distancing, recognizing that for some moderate and high risk sports intermittent and limited contact may occur for players
  - In Phase 3, Step 2 Communities**, no more than 100 people excluding players, coaches, referees, or facility/activity workers in the aggregate in, on, or surrounding any surface/playing area or start/finish lines at any one time, provided that there is adequate space for all players, coaches, referees, facility/activity workers and spectators to maintain at least six feet social distancing, recognizing that for some moderate and high risk sports intermittent and limited contact may occur for players
  - Spectators must wear facial coverings and maintain six feet of social distance at all times
  - For competitions and tournaments in the water, the aforementioned limitations apply to any applicable activities on land
  - No spectators are allowed for sports and activities played by individuals 21 years and older
- Indoor Competition Capacity Limits:
  - No more than 25 players on any surface/playing area for team/group sports
  - If an indoor facility has a chaperone or spectator viewing area which allows for at least six feet social distancing between spectators and the presence of spectators plus players, coaches, referees, and facility/activity workers does not cause the facility to exceed more than 50% of the maximum occupancy for the indoor facility, then 1 spectator per player under 21 years old is allowed to attend
  - Spectators must wear facial coverings and maintain six feet of social distance at all times
  - For indoor competitions in the water, the aforementioned limitations apply to any applicable activities on land
  - No spectators are allowed for indoor competitions for sports and activities played by individuals 21 years and older
- Multiple Playing Surface Capacity Limits:
  - For facilities with multiple fields, surfaces, courts, etc. the above capacity limitations for Outdoor Competitions & Tournaments and Indoor Competitions shall apply per playing field, surface, court, etc. provided that there is adequate spacing for at least six feet social distancing for all individuals, including those at adjacent fields, surfaces, courts, etc.
  - Activity Organizers should set Competition and Tournament schedules with a time buffer to prevent the overlap of competitions at any one time and to allow for disinfection of equipment and cleaning of commonly touched surfaces, if necessary. Games should end in a draw if time expires
  - For facilities with multiple fields, surfaces, courts, etc., Facility Operators & Activity Organizers should mark off designated areas for spectators for each field, surface, court, etc. to minimize the overlap of spectators from adjacent fields, surfaces, courts, etc.
- Indoor facilities must limit capacity to no more than 50% of the building's maximum permitted occupancy and ensure adequate social distancing of at least 6 feet for all visitors and staff
- For team and group sports, no more than 25 players or participants can be on a single playing surface/area/court at any one time. The number of coaches and staff should be limited. Larger playing areas and surfaces, such as athletic fields, tracks, facilities that have multiple courts or playing areas, may be used by more than one group of 25 at one time, provided that adequate social distancing and group separation can be maintained. To ensure group separation, groups must be spaced at least 14 feet apart while sharing a single playing surface, court or field
- For outdoor facilities: Spectators must maintain distance of at least 6 feet between spectator groups. Operators are encouraged to mark off spectator/chaperone viewing sites to allow for social distancing and all spectators must be at least 6 feet away from the playing field, court, or activity area. Spectators must wear facial coverings or masks.
- For indoor facilities: If an indoor facility has a chaperone or spectator viewing area which allows for at least 6 feet social distancing between spectators and if the presence of spectators plus players/coaches as well as staff does not cause the facility to exceed more than 50% of the maximum occupancy for the indoor facility, then 1 spectator per player under 21 years old is allowed. Operators are encouraged to mark off spectator/chaperone viewing sites to allow for social distancing. Spectators must maintain distance of at least 6 feet between spectator groups. Spectators must wear facial coverings.
- Locker rooms and changing areas may open in Phase III, Step 1, but should be limited to 50% capacity. Operators should ensure that users can abide by capacity restrictions and social distancing standards and establish signage and visual guidelines. Signage should remind users to limit time spent in enclosed area. Locker room users must use facial coverings or masks whenever possible and safe to do so
- Indoor showers should remain closed in Phase III, Step 1. Indoor and outdoor pool facilities must provide access showers to swimmers prior to swimming in compliance with 105 CMR 435. If outdoor showers are not available, facilities may meet this requirement by providing access to indoor showers. If outdoor showers are available, facilities should keep indoor showers closed
- Limit any nonessential visitors, spectators, staff, volunteers, and activities involving external groups or organizations as much as possible. While indoors, visitors, spectators, volunteers, and staff must wear facial coverings
- Where feasible, indoor facilities should institute one-way entrance and exits while adhering to established fire and building codes
- Indoor and outdoor batting cage facilities shall ensure adequate social distancing between each cage, such as limiting use to every other cage
- Access to equipment storage and office space should be limited to employees only. First aid kits should be available at the playing area or court rather than in an office, where possible

# YOUTH AND ADULT AMATEUR SPORT ACTIVITIES FACILITY OPERATORS MA COVID-19 Checklist



## HYGIENE PROTOCOLS

### Apply robust hygiene protocols

- If any equipment is provided by the operator, operators must clean and disinfect shared equipment at the end of a practice session using a product from the [list of disinfectants meeting EPA criteria for use against the novel coronavirus](#).
- Indoor facilities must provide access to handwashing facilities on site, including soap and running water, and allow sufficient break time for staff and participants to wash hands to frequently; alcohol-based hand sanitizers with at least 60% alcohol may be used as an alternative.
- All facilities must supply employees with adequate cleaning products (e.g., sanitizer, disinfecting wipes).
- Operators must post visible signage throughout the site to remind employees and visitors of hygiene and safety protocols.
- Allow water fountains to be used as refill stations only, provided that social distancing can be maintained. Customers and workers should bring their own water bottles or purchase from the business.
- Any concessions or food service must follow the Safety Standards for Restaurants.



## STAFFING & OPERATIONS

### Include safety procedures in the operations

- Operators must ensure that hand sanitizer or hand washing stations are available in indoor facilities for use by players, staff, and coaches
- All high touch surface areas must be cleaned at the end of each activity
- Operators should work with Activity Organizers to stagger activity start and end times or to put in place other protocols to limit contact between all visitors as much as possible. This also allows for more time to clean the facility between users. Operators must have daily schedules prepared in advance
- Operators of indoor facilities shall establish traffic patterns (one-way flow, designated exits and entrances where possible), and limit capacity to maintain social distancing for the facility, including any restrooms and locker rooms. If social distancing cannot be maintained, spectators should be asked to wait outside
- Operators should log all persons (name and phone number or name and email address) who come in contact with facility to facilitate contact tracing, including staff, participants, and spectators
- Operators must post notice to employees, workers, and participants of important health information and relevant safety measures as outlined in government guidelines
- Encourage workers who test positive for COVID-19 to disclose to the workplace employer for purposes of cleaning / disinfecting and contact tracing. If the employer is notified of a positive case at the workplace, the employer shall notify the local Board of Health (LBOH) in the city or town where the workplace is located and assist the LBOH as reasonably requested to advise likely contacts to isolate and self-quarantine. Testing of other workers may be recommended consistent with guidance and / or at the request of the LBOH
- Employers should take measures to ensure employees comply with all State-issued rules concerning out of state travel for any employer-paid or employer-reimbursed travel



## CLEANING & DISINFECTING

### Incorporate robust hygiene protocols

- Restrooms facilities shall be cleaned and disinfected in accordance with Centers for Disease Control guidance and best practices linked here: [EEA COVID-19 Outdoor Recreation Facility Restroom Cleaning Best Practices](#)
- Keep cleaning logs that include date, time, and scope of cleaning
- Conduct frequent disinfecting of heavy transit areas and high-touch surfaces (e.g., doorknobs, handrails, bathrooms)
- In event of a positive case, shut down site for a deep cleaning and disinfecting of the workplace in accordance with current guidance