



F. Gilbert Hills State Forest

F. Gilbert Hills State Forest is best known for its trail-based recreation. It is one of four DCR parks in eastern Massachusetts where off-highway vehicles (OHVs), trail bikes only, are allowed. Hikers, mountain bikers, and equestrians share these trails with OHVs, and also use a network of OHV-free trails. The forest is open for hunting, and Sunset Lake is a popular fishing spot. Bathrooms and a small picnic area with grills are located off the main parking lot next to forest headquarters on Mill Street, Foxborough.

Top Attractions

- OHV trails
- Hunting
- Hiking/Biking trails
- Sunset Lake

Friends Group

- None

Partners & Permittees

- Foxborough-Wrentham-Franklin State Forests Advisory Council
- King Philip Trail Riders

Conservation Opportunities

- Increase vegetation maintenance at the Sunset Lake Dam to improve aesthetics, increase fishing access, and enhance dam safety.
- Enhance the visitor experience by further improving bathroom, pathway, and parking accessibility.
- Implement recently identified trail system recommendations to improve signs, markings, and maps; increase separation of motorized and non-motorized trails; and reroute Warner Trail off OHV trails.

Park Inventory

Date Established: 1926

Landscape Designation
Woodland

Current Staffing

Year-round: 1
Seasonal: 2

Park Size (acres)

Total Area: 1,036.6
Wetlands: 79.3
Lakes and Ponds: 15.4

Rare Species

State-listed: 1

Cultural Resources

Documented: 27

Miles of Roads

Paved: 1.1
Unpaved: 0.0

Miles of Trails

Official: 27.6
OHV: 6.6

DCR Recreation Facilities

Picnic Areas: 1

