Worcester Recovery Center and Hospital Board of Trustees MINUTES

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Worcester Recovery Center and Hospital Board of Trustees

**Date:**. February 16, 2023

Attendees: Judith, Nancy, Elaine, Jack

Others in attendance: Kathy Wenzel, CEO; David McGarry, FMD; Jillian Heenan, Recorder

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| --- | --- | --- | --- | --- |
| **Topic** | **Discussion** | **Assignment/Task** | **Point Person** | **Notes** |
| Approval of Prior Meeting Minutes | The Board reviewed the meeting minutes of A motion was made by Elaine Valk and seconded by Nancy Muszynski to approve as written. All in favor. None opposed. | The meeting minutes of December 7 were approved as submitted. |  |  |
| Potential Board Members | Jack has reached out to Luke Knowles to see if there was anyone he could recommend or for recruiting |  | Jack Ross |  |
| CEO Report | * Coming out of COVID restrictions, no longer quarantining units. * 0 positive patients currently * New Group structure – Opening up, adding more groups, 4 groups during the day inter the afternoon, evening groups that go till 830. 4 treatment groups on and off unit. Patients going back to the gym, the movement room, fitness room. Chapel is open * Substance use treatment groups. Making sure we are offering the same treatment on every unit * Still wearing masks in patient areas * Hiring – have to be competitive in retaining staff * For staff – meditation in the mornings, looking to reopen the sanctuary room. Health and wellness committee to look at what we can look at to bring in for staff * Every wed social justice group meets * Invite board members for a tour * Rehab just went through nicotine cessation training * Dir of peer support works with KIVA to bring in speakers for all sorts of substance abuse * Behavioral Urgent cares and help line will be opening up in the community * Jack able to get AA people in here to speak with patients * Judith asked for Number of admissions, number of discharges * Dr. McGarry introduced himself as FMD. |  | Kathy Wenzel |  |
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| Next Meeting | The next meeting is scheduled for April 5 at 4:30 at the WRCH, room K3 A16. |  |  |  |