Worcester Recovery Center and Hospital Board of Trustees MINUTES

Page 1

Worcester Recovery Center and Hospital Board of Trustees

**Date:**. February 16, 2023

Attendees: Judith, Nancy, Elaine, Jack

Others in attendance: Kathy Wenzel, CEO; David McGarry, FMD; Jillian Heenan, Recorder

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Topic** | **Discussion** | **Assignment/Task** | **Point Person** | **Notes** |
| Approval of Prior Meeting Minutes | The Board reviewed the meeting minutes of A motion was made by Elaine Valk and seconded by Nancy Muszynski to approve as written. All in favor. None opposed.  | The meeting minutes of December 7 were approved as submitted. |  |  |
| Potential Board Members | Jack has reached out to Luke Knowles to see if there was anyone he could recommend or for recruiting |  | Jack Ross |  |
| CEO Report | * Coming out of COVID restrictions, no longer quarantining units.
* 0 positive patients currently
* New Group structure – Opening up, adding more groups, 4 groups during the day inter the afternoon, evening groups that go till 830. 4 treatment groups on and off unit. Patients going back to the gym, the movement room, fitness room. Chapel is open
* Substance use treatment groups. Making sure we are offering the same treatment on every unit
* Still wearing masks in patient areas
* Hiring – have to be competitive in retaining staff
* For staff – meditation in the mornings, looking to reopen the sanctuary room. Health and wellness committee to look at what we can look at to bring in for staff
* Every wed social justice group meets
* Invite board members for a tour
* Rehab just went through nicotine cessation training
* Dir of peer support works with KIVA to bring in speakers for all sorts of substance abuse
* Behavioral Urgent cares and help line will be opening up in the community
* Jack able to get AA people in here to speak with patients
* Judith asked for Number of admissions, number of discharges
* Dr. McGarry introduced himself as FMD.
 |  | Kathy Wenzel |  |
|  |  |  |  |  |
|  |  |  |  |  |
| Next Meeting | The next meeting is scheduled for April 5 at 4:30 at the WRCH, room K3 A16. |  |  |  |