**GUIDELINES FOR FULFILLING THE CONTINUING MEDICAL EDUCATION (CME) REQUIREMENTS AND THE EDUCATIONAL TRAININGS**

(Adopted July 19, 2018)

(Amended Dec. 6, 2018)

(Amended Dec. 15, 2022)

(Amended April 11, 2024)

As of Jan. 1, 2018, the Board is conducting a CME Pilot Program. A licensee must complete 50 hours of CME within each licensing cycle. The CMEs may be in Category 1 or 2. Most of the 50 credits should be in your area of practice. Licensees must also complete certain specialized CME Requirements and Educational Trainings. The Board would like to clarify a few questions that have arisen.

**Which of the Board’s CME and Educational Trainings Requirements are one-time requirements?**

This is a list of all the Board’s one-time requirements:

1 credit Alzheimer’s Disease and Related Dementias\*

2 credits End-of-life Issues

3 credits Proficiency in Electronic Health Records

Training Reporting Suspected Child Abuse and Neglect Training

Training Domestic Violence and Sexual Violence Training

2 credits Implicit Bias in Healthcare

\*This training is required for physicians who serve an adult population.

This is a list of the Board’s continuing requirements that must be taken in each licensing cycle:

3 credits Opioids and Pain Management

10 credits Risk Management Study

2 credits/chapter Reading the Board’s Regulations, 243 CMR 1.00-3.00

**What if I fulfill one of the one-time requirements outside of the license renewal cycle? For example, can I satisfy the requirement if I took the Child Abuse and Neglect Training in medical school 5 years ago?**

Yes, for the one-time requirements, you can satisfy the requirement no matter when you took the course or training.

**Does it satisfy the Board’s CME and Educational Trainings requirements if I take the course or training out-of-state?**

Yes, out-of-state courses can be used to satisfy these requirements if the course is sponsored by an accredited provider and is of the same content and duration.

**How can I fulfill the Child Abuse or Neglect Training?**

There is information and a training video at this website. <https://www.mass.gov/how-to/report-child-abuse-or-neglect-as-a-mandated-reporter>

Even if you have received training before, please review this website to familiarize yourself with the Massachusetts reporting system for mandated reporters.

**How can I fulfill the Domestic Violence and Sexual Violence Training requirement?**

The Department of Public Health has developed an e-Learning tool that can be accessed from the DPH’s DVSV Integration Initiatives webpage. <https://www.mass.gov/how-to/domestic-and-sexual-violence-training-chapter-260> Only a DPH-approved course can fulfill the requirement.

**Is the Board randomly auditing physicians’ CME and Educational Trainings requirements?**

Unless linked to an investigation of substandard care or dishonesty, the Board is not currently doing CME audits.

**What is Risk Management Study?**

In 243 CMR 2.01(4), the Board defines Risk Management Study as instruction in medical malpractice prevention. This includes:

* Patient safety
* Medical Error Prevention
* Risk Identification
* Medical Ethics
* Quality Assurance
* Medical-legal issues
* Patient relations
* Electronic Health Records
* End-of-Life issues
* Utilization Review that directly relates to Quality Assurance
* Studying the Board’s regulations
* Physician Wellness and/or Physician Burnout

Licensees can study up to 7 credits in Physician Wellness and/or Burnout and count it toward their 10 credit risk management requirement. (Board Policy 19-06)

This list of risk management topics is not exclusive. If you have a question, please call/email the Board at 781-876-8200 or [borim.info@state.ma.us](mailto:borim.info@state.ma.us).