

A close-up photograph of a baby with light skin and blue eyes, smiling broadly. The baby's face is covered in orange-colored food, likely pureed fruit or vegetables, smeared around the mouth and on the cheeks. The baby's hands are also covered in the same orange food, and they are holding a small piece of it. The baby is wearing a white shirt. The background is blurred, showing a warm, indoor setting.

Explorando alimentos... ¡desde el punto de un bebé!

Comience a servir alimentos que pueden tomar con los dedos a los 8-12 meses.