

Umutekano umuriro

1. Menya guhamagara usaba ubufasha. Niba ukeneye ubutabazi bwihutirwa, hamagara 911 maze uvuge izina ryawe n'aho uhure- reye mu gihe ukeneye ubutabazi bwihutirwa.



2. Abashinzwe kurwanya inkongi y'umuriro bit- aba abasaba ubutabazi bwihutirwa bose kandi biteguye kubafasha.

3. Niba iwawe hatse umuriro, abashinzwe kurwanya inkongi y'umuriro bashobora gukenera amakuru ajyanye n'icyateye uwo muriro kugira ngo bakumire kuba byaba ahanti hantu.

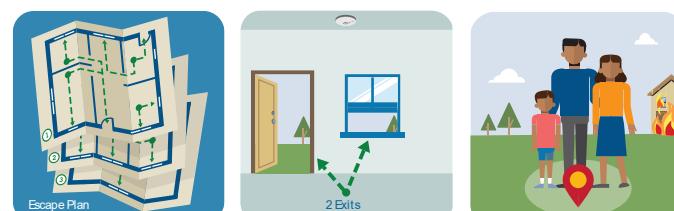
4. Inzogera ziranga umwotsi n'umwuka uhumanya zikuburira iyo hari ibyago. Kora kuburyo utunga inzogera ziranga umwotsi n'umwuka uhumanya iwawe kugira ngo urinde umuryango wawe. Zigerageze buri kwezi kandi niba zikoresha amabuye, yahindure kabiri mu mwaka.



5. Niba inzogera ivuze, sohoka mu nyubako ako kanya.

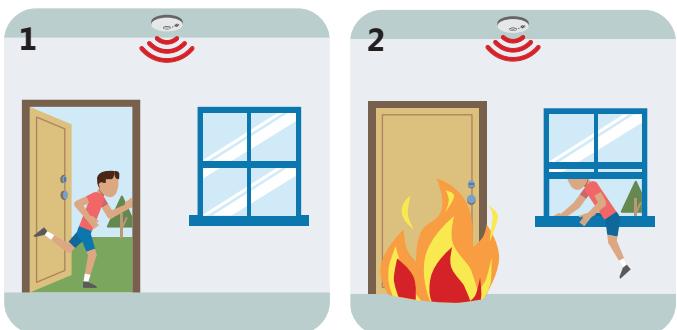
6. Gira gahunda yo **GUSOHOKA** mu rugo iwawe kandi umenye aho uhurira n'abo mu muryango wawe hanze mu gihe hari inkongi y'umuriro. Itoze gusohoka mu buryo bubiri. Mu gihe hari inkongi y'umuriro, ushobora kuba ufite iminota 2 gusa ngo ube wasohotse mu nzu yawe.

7. Niba hari umwotsi cyangwa umuriro, ca bugufi maze ugende, wiso- hoka mu nzu iri gushya wemye. Umwuka mwiza kandi ubona uba wegereye ubutaka.



8. SOHOKA KANDI UGUME HANZE.

Kirazira kwinjira mu nzu iri gushya ugiye gushakamo abantu, inyamaswa cyangwa ibyo utunze. Menyesha abarwanya inkongi y'umuriro niba hari umuntu ukiri imbere mu nzu.



9. Gira inzira 2 zisohoka mu nzu iwawe. Wifungisha imisumari inzugi n'amadirishya. Ushobora kubikoresha usohoka mu nzu byihutirwa.

10. Shyira umufuniko ku muriro uturutse mu guteka, maze uzimye ishyiga. Kirazira kumena amazi ku muriro watewe n'amavuta kandi kirazira kuukura ku ishyiga.



11. Guma mu gikoni buri gihe mu gihe uri guteka. Kirazira gusiga inkono ku ziko ntawe uri kuyireba.



12. Itondere ibyo wambara mu gihe utetse. Ambara imyenda ikwege- reye mu gihe utetse. Imyenda irekuye ifatwa n'umuriro mu buryo bworoshye.

13. Rebesha ibiteruzo imbere; wituma birereta ku mpande z'isafuriya.

14. Irinde kurunda ibintu ku ishyiga nk'impapuro, ibiteruzo n'amavuta.



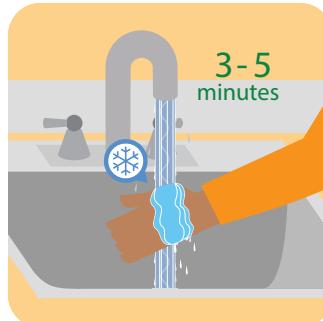


15. Koresha utuntu dushyirwamo ivu ry'itabi tunini. Zimya neza amasegereti.

16. **Kirazira** kunywera itabi mu buriri. Ibyiza ni ukunywera itabi hanze.

17. Ibinyobwa bishyushye bishyire kure y'aho abana bagera.

18. Amazi ashyushye ashobora gutwika nk'umuriro. Banza usuzume ubushyuhe bw'amazi mbere yo kuyakarabya umuntu uwo ari we wese.



19. Ku bushye bworoheje, hita usukaho **amazi akonje** mu gihe byibura cy'imnota 10 maze uhamagare 911.

20. Kirazira gucomekeranya ibantu byinshi icyarimwe kuri purize. Kirazira gucomeka imigozi irenze ibiri muri purize imwe.



21. Kirazira gushyira imigozi y'amashanyarazi mu muryango cyangwa munsi y'itapi.

22. Kirazira gukoresha ibikoresho by'amashanyarazi hafi y'amazi cyangwa mu bwogero.



23. Imashini zishyushya mu nzu zikenera umwanya wisanzuye. Ibantu byose bishobora gushya, harimo n'abana n'inyamaswa bishyire byibura muri metero 1 (3-feet) kure yayo.

24. Kirazira gukoresha lisansi imbere mu nzu cyangwa kuyitekesha. Umwuka wa lisansi uraka cyane bityo rero igomba kubikwa hanze.



25. Niba imyenda yawe ifashwe n'umuriro **HAGARARA, RYAMA, FUNGA** amaso n'umunwa maze **WIZENGURUTSE** hasi.

26. Imyambi n'ibibiriti bibike kure y'abana. Igisha abana kubwira umuntu mukuru igithe babonye imyambi cyangwa ibibiriti.



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