

First Day Hikes

The Department of Conservation and Recreation invites you to join all 50 states on January 1, 2025 for a First Day Hike!

First Day Hike at Breakheart Reservation

Co-sponsored by

Friends of Breakheart Reservation

Start off the New Year with an **invigorating First Day Hike** in a beautiful state park and make a resolution to burn off those extra holiday calories!

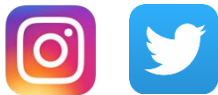
We will have **two guided hikes**- a 2-mile hike and a 3-mile hike- through the paved loops of Breakheart. We'll be viewing animal tracks, CCC projects, and the Lower and Upper Ponds. Be prepared for cold weather—dress in layers and wear winter boots. Warm up with hot chocolate and clam Chowder from Kelly's Roast Beef by the fire at the Visitor Center after the hike! Bring your friends and family!

~Meet at the Visitor Center at 10 am~

Breakheart is located at 177 Forest Street, Saugus.
For more information call (781) 233-0834.



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