

SNAP Overview

What is SNAP?

SNAP is a federally-funded program that provides a monthly benefit to buy nutritious food. The average SNAP benefit is \$215 a month in Massachusetts. Eligibility is based on household size, income, expenses and other nonfinancial criteria.



Questions or Concerns?

Call the **DTA Assistance Line at 1-877-382-2363**

You can reach a case manager Monday—Friday, 8:15am to 4:45pm. Self-service options are available through the assistance line 24/7.

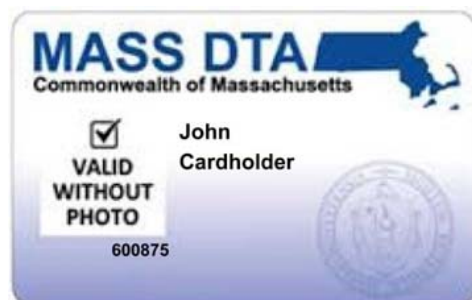
Call **DVS at 617-210-5480**
Open Monday—Friday, 8:45am to 5:00pm



FOOD ASSISTANCE (SNAP) FOR PRIOR AND ACTIVE SERVICE MEMBERS

How Do I Use SNAP?

SNAP benefits are loaded onto an Electronic Benefit Transfer (EBT) card each month. EBT cards work like debit cards. You can use it at any store that accepts SNAP. You can buy any food with SNAP, except meals that are sold hot and ready to eat. For more information, visit Mass.gov/guides/using-your-ebt-card.



DTA Connect Mobile App & Website

DTA Connect makes it faster and easier to check on the status of your application and will help you stay up to date once it has been approved. Download the app or visit DTAConnect.com.

At any time, you can:

- See your case status and SNAP amount
- Upload and submit documents
- Find out if documents you have sent to DTA have been processed
- Get alerts for appointments
- Read and print notices and letters



Mass.gov/DTA

Mass.gov/veterans/



[@DTA_Listens](https://twitter.com/DTA_Listens)

[@MassDVS](https://twitter.com/MassDVS)



**Massachusetts
Department of
Veteran Services (DVS)**



**Massachusetts
Department of
Transitional Assistance**

Applying for SNAP

Am I Eligible for SNAP?

To see if you might qualify, use DTA's confidential screener at DTAConnect.com/screening.



How do I Apply?

Online at DTAConnect.com, or
Print a paper application from Mass.gov/DTA and

Mail to:

DTA Document Processing Center,
P.O. Box 4406, Taunton, MA 02780

Fax to: 617-887-8765, or

Visit a DTA office near you. To find an office visit www.Mass.gov/DTA and click on "DTA Office Locations."



Submit an Application

This should take about 20 minutes.

Phone Call

We will call you within the next five (5) days to conduct an interview.

Send in Verifications

We'll give you a list of documents to send in so we can verify your eligibility.

Get SNAP Benefits

We'll make a decision within 30 days.



Veteran Benefits & SNAP

Chapter 115 Benefits

Massachusetts provides a needs-based program to low income veterans and their dependents who have limited income. Qualifying veterans and their dependents receive necessary financial assistance for food, shelter, clothing, fuel and medical care.

For more information, call DVS at 617-210-5480 or visit Mass.gov/veterans/.

Impact of Chapter 115 Benefits on SNAP

Ask your Veteran Service Officer (VSO) to send your fuel and shelter assistance directly to your landlord and/or utility company, so these payments are not counted in your SNAP benefit calculations. This may increase your SNAP benefit.

Make the Most of SNAP

Medical Deduction

Anyone who is age 60 or older OR disabled and has medical expenses (e.g. pain relievers, co-pays) of more than \$35 per month can claim medical expenses. Telling DTA about medical costs may increase your SNAP benefit.

For more information on SNAP resources for seniors, visit Mass.gov/DTA-seniors.

Healthy Incentives Program (HIP)

HIP helps you buy more fruits and vegetables for your household. You will receive \$1 for each dollar you spend on eligible fruits and vegetables, up to a monthly limit, at HIP retailers (e.g. farmers' market, mobile market, CSA programs). For more information, visit Mass.gov/HIP.

SNAP Path to Work

SNAP Path to Work provides SNAP clients with the skills, training, experience, education, and employment supports needed to find and keep good paying jobs. For more information, visit snappathtowork.org, or call 888-483-0255 to speak to a SNAP Path to Work Specialist.