**Healthy Snack**

Fruit Salad

Serves 10

**Ingredients**

1 medium apple, cored and diced

1 cup strawberries, sliced

2 medium kiwis, peeled and sliced

2 medium bananas, peeled and sliced

1 tablespoon lime juice

1 tablespoon sugar

½ teaspoon ground cinnamon

½ teaspoon ground nutmeg

**Preparation**

In a medium bowl, mix together the ingredients.

Cover and chill in the refrigerator for approximately 20 minutes.

Serve with baked cinnamon tortilla chips, if desired.

*Nutritional Information:* Per serving: 40 calories; 0g total fat; 0g saturated fat; 10g carbohydrate; 2g fiber; 0g protein; 43% Vitamin C.