

Fiscal Year 2024

Low Income Home Energy Assistance Program Income Eligibility

| Number of people in the household | 100% of Federal Poverty Level | 125% of Federal Poverty Level | 150% of Federal Poverty Level | 175% of Federal Poverty Level | 200% of Federal Poverty Level | 60% of Estimated State Median Income |
|-----------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------------|
| 1 | \$14,580 | \$18,225 | \$21,870 | \$25,515 | \$29,160 | \$45,392 |
| 2 | \$19,720 | \$24,650 | \$29,580 | \$34,510 | \$39,440 | \$59,359 |
| 3 | \$24,860 | \$31,075 | \$37,290 | \$43,505 | \$49,720 | \$73,326 |
| 4 | \$30,000 | \$37,500 | \$45,000 | \$52,500 | \$60,000 | \$87,297 |
| 5 | \$35,140 | \$43,925 | \$52,710 | \$61,495 | \$70,280 | \$101,261 |
| 6 | \$40,280 | \$50,350 | \$60,420 | \$70,490 | \$80,560 | \$115,228 |
| 7 | \$45,420 | \$56,775 | \$68,130 | \$79,485 | \$90,840 | \$117,846 |
| 8 | \$50,560 | \$63,200 | \$75,840 | \$88,480 | \$101,120 | \$120,465 |
| 9 | \$55,700 | \$69,625 | \$83,550 | \$97,475 | \$111,400 | \$123,084 |
| 10 | \$60,840 | \$76,050 | \$91,260 | \$106,470 | \$121,680 | \$125,703 |

ENERGY ASSISTANCE



Contact Us

For more information about our services:

**Massachusetts Executive Office of Housing &
Livable Communities**

 617.573.1100

 www.mass.gov/EOHLC

 100 Cambridge Street Suite 300
Boston, MA 02114



Apply Online!

New and returning households may apply for home energy assistance online via the applicant portal! Simply visit <https://www.toapply.org/MassLIHEAP> (or scan the QR code)! Your local agency is available to assist you.

2023 - 2024 COLD RELIEF BROCHURE



Energy Saving Tips

Caulk and weatherstrip doors and windows that leak air.

- When home, turn down the heat to 68° F or as low as comfortable.
- When you are asleep or away from home, turn thermostat back 7° to 10° for eight hours and save as much as 10% a year on your heating and cooling bills.
- Consider changing to a programmable thermostat.
- Turn down the temperature of your hot water heater to 120°.
- Have your oil-fired heating system serviced annually or your gas-fired heating system serviced every three years.
- Clean or replace furnace filters every other month.
- Keep the fireplace flue damper closed unless a fire is burning.
- Check that warm-air registers, baseboard heaters and radiators are not blocked by furniture or drapes.
- During the winter heating season, close your curtains and shades at night; open them during the day.



Our Services

Home Energy Assistance - LIHEAP

Helps pay a portion of eligible households' home heating bills during the winter season.

HEARTWAP

A year-round program that serves LIHEAP-eligible households with heating system repair, replacement and maintenance services.

Weatherization Assistance Program

A year-round program that serves LIHEAP-eligible households with air sealing, attic/sidewall insulation, weatherstripping, and weatherization related repairs.



ENERGY ASSISTANCE AGENCIES

To find the local energy assistance agency nearest you, match the number beside the city/town listing on the following page to the agency number listed here.

1a
Action for Boston Community Development, Inc. (ABCD)
178 Tremont Street
Boston, MA 02111
(617) 357-6012
HWAP- 617-348-6441-Arlington
www.bostonabcd.org

1b
Action for Boston Community Development, Inc. / Malden (ABCD/Malden)
18 Dartmouth Street
Malden, MA 02148
(781) 322-6284
www.bostonabcd.org

2
Action, Inc.
47 Washington Street
Gloucester, MA 01930
(978) 281-3900
1-800-696-9276
www.actioninc.org

3
Berkshire Community Action Council, Inc. (BCAC)
14 Maplewood Avenue
Pittsfield, MA 01201
(413) 445-4503 - Pittsfield
(413) 663-3014 - North Adams
(413) 528-1947 - Great Barrington
1-866-216-6200 - Toll Free
www.bcacinc.org

4
Community Action, Inc. (CAI)
3 Washington Square
Haverhill, MA 01830
(978) 374-7660 Auto line
(978) 373-1971 - Haverhill
www.communityactioninc.org

5
City of Cambridge, Department of Human Services
51 Inman Street
Cambridge, MA 02139
(617) 349-6252
www.cambridgema.gov/DHSP

6
Community Action Programs Inter-City, Inc. (CAPIC)
100 Everett Street, Unit 14
Chelsea, MA 02150
(617) 884-6130
www.capicinc.org

7
Citizens for Citizens (CFC)
250 Griffin Street
Fall River, MA 02724
(508) 679-0041 - Fall River
(508) 823-6346 - Taunton
(508) 676-7398 - Information
(508) 675-2157—HWAP / WAP
www.cfcinc.org

8
Community Teamwork, Inc. (CTI)
45 Kirk Street
Lowell, MA 01852
(978) 459-6161 - Lowell
1-877-451-1082 - Toll Free
www.commtteam.org

9
Community Action Pioneer Valley
393 Main Street
Greenfield, MA 01301
(413) 774-2310
1-800-370-0940 - Toll Free
www.communityaction.us

10
Greater Lawrence Community Action Council, Inc. (GLCAC)
305 Essex Street
Lawrence, MA 01840
(978) 681-4950 - Lawrence
(781) 942-6608 - Reading
(978) 664-5600 - North Reading
(978) 983-8825 - Methuen
(978) 681-4955 - WAP/HWAP
www.glcac.org

11
Housing Assistance Corporation (HAC)
460 West Main Street
Hyannis, MA 02601
(508) 771-5400
www.haconcapecod.org

12
LEO, Inc.
181 Union Street Suite 209
Lynn, MA 01901
(781) 581-7220
www.leoinc.org

13
Making Opportunity Count, Inc. (MOC)
Energy & Environmental Services
165 Mill Street STE 1B
Leominster, MA 01453
(978) 342-7025
www.mocinc.org

14
North Shore Community Action Programs, Inc. (NSCAP)
119 Rear Foster Street, Bldg. 13
Peabody, MA 01960
(978) 531-8810, Info/App. Status
(978) 548-5729, Appointments
www.nscap.org

15
People Acting in Community Endeavors, Inc. (PACE)
261 Union Street
New Bedford, MA 02740
(508) 999-9920
308 Cottage Street
New Bedford, MA 02740
(508) 999-4473
www.paceinfo.org

16
Quincy Community Action Programs, Inc. (QCAP)
1509 Hancock Street, 4th Floor
Quincy, MA 02169
(617) 479-8181, ext. 301
www.qcap.org

17
Springfield Partners for Community Action, Inc. (SPCA)
721 State Street, 2nd Floor
Springfield, MA 01109
(413) 263-6500
www.springfieldpartnersinc.com

18
Self Help, Inc. (SHI)
780 West Main Street
Avon, MA 02322
(508) 226-4192 - Attleboro
(508) 588-5440 - Avon
1-800-225-0875 - Toll Free
www.selfhelpinc.org

19
South Middlesex Opportunity Council, Inc. (SMOC)
7 Bishop Street
Framingham, MA 01702
(508) 620-1230 - Framingham
1-800-286-6776
www.smoc.org

20
City of Springfield, Office of Community Development
1600 East Columbus Avenue
Springfield, MA 01103
(413) 787-6500
www.springfield-ma.gov

21
South Shore Community Action Council, Inc. (SSCAC)
71 Obery Street
Plymouth, MA 02360
(508) 746-6707
(508) 778-0870 - Hyannis (Nov - April)
1-877-383-5243 - Toll Free
www.sscac.org

22
Valley Opportunity Council, Inc. (VOC)
300 High Street
Holyoke, MA 01040
(413) 552-1548
www.valleyopp.com

23
Worcester Community Action Council, Inc. (WCAC)
484 Main Street, 2nd Floor
Worcester, MA 01608
1-800-545-4577 - Toll Free
(508) 754-1176, ext.110, Worcester
(508) 754-7281—24 hour app info line
www.wcac.net

Other Related Resources

For utility company problems, please call

Department of Public Utilities (DPU)

1-877-886-5066

E-Mail: DPUConsumer.Complaints@mass.gov

For information on other essential social service programs:

Call Mass 2-1-1 by dialing 211 or go to

www.mass211.org

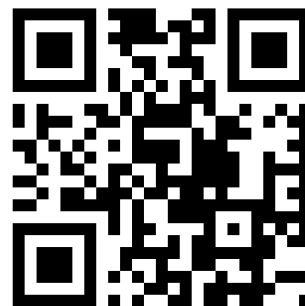
For limited-income households that are ineligible for home energy assistance, please contact:

The Good Neighbor Energy Fund, operated by your local
Salvation Army

In area codes 617, 508, 781 or 978, call 1-800-334-3047

In area code 413, call 1-800-262-1320

www.magoodneighbor.org



MA 2-1-1

MA Good Neighbor



Community Listings for EA—Energy Assistance W—Weatherization HS—Heating Services

| | FA | W | H | | FA | W | H | | FA | W | H | | FA | W | H | | FA | W | H | |
|--------------|----|----|----|------------------|----|----|----|-----------------|----|----|----|------------------|----|----|----|----------------|----------|----|----|----|
| Abington | 18 | 18 | 18 | Dalton | 3 | 3 | 3 | Hudson | 19 | 19 | 19 | North Attleboro | 18 | 18 | 18 | Springfield | 22 | 17 | 20 | |
| Acton | 19 | 19 | 19 | Danvers | 14 | 2 | 2 | Hull | 21 | 21 | 21 | North Brookfield | 23 | 23 | 23 | Sterling | 13 | 13 | 13 | |
| Acushnet | 15 | 7 | 7 | Dartmouth | 15 | 7 | 7 | Huntington | 9 | 9 | 9 | North Reading | 10 | 10 | 10 | Stockbridge | 3 | 3 | 3 | |
| Adams | 3 | 3 | 3 | Dedham | 18 | 18 | 18 | Ipswich | 2 | 2 | 2 | Northampton | 9 | 9 | 9 | Stoneham | 1b | 6 | 6 | |
| Agawam | 22 | 17 | 22 | Deerfield | 9 | 9 | 9 | Kingston | 21 | 21 | 21 | Northborough | 19 | 19 | 19 | Stoughton | 18 | 18 | 18 | |
| Alford | 3 | 3 | 3 | Dennis | 21 | 11 | 11 | Lakeville | 7 | 7 | 7 | Northbridge | 19 | 19 | 19 | Stow | 19 | 19 | 19 | |
| Amesbury | 4 | 2 | 4 | Dighton | 7 | 7 | 7 | Lancaster | 13 | 13 | 13 | Northfield | 9 | 9 | 9 | Sturbridge | 23 | 23 | 23 | |
| Amherst | 9 | 9 | 9 | Douglas | 23 | 23 | 23 | Lanesborough | 3 | 3 | 3 | Norton | 18 | 18 | 18 | Sudbury | 19 | 19 | 19 | |
| Andover | 10 | 10 | 10 | Dover | 19 | 19 | 19 | Lawrence | 10 | 10 | 10 | Norwell | 21 | 21 | 21 | Sunderland | 9 | 9 | 9 | |
| Aquinnah | 21 | 11 | 11 | Dracut | 8 | 8 | 8 | Lee | 3 | 3 | 3 | Norwood | 18 | 18 | 18 | Sutton | 23 | 23 | 23 | |
| Arlington | 8 | 6 | 1a | Dudley | 23 | 23 | 23 | Leicester | 23 | 23 | 23 | Oak Bluffs | 21 | 11 | 11 | Swampscott | 12 | 2 | 2 | |
| Ashburnham | 13 | 13 | 13 | Dunstable | 8 | 8 | 8 | Lenox | 3 | 3 | 3 | Oakham | 23 | 23 | 23 | Swansea | 7 | 7 | 7 | |
| Ashby | 13 | 13 | 13 | Duxbury | 21 | 21 | 21 | Leominster | 13 | 13 | 13 | Orange | 9 | 9 | 9 | Taunton | 7 | 7 | 7 | |
| Ashfield | 9 | 9 | 9 | East Bridgewater | 18 | 18 | 18 | Leverett | 9 | 9 | 9 | Orleans | 21 | 11 | 11 | Templeton | 13 | 13 | 13 | |
| Ashland | 19 | 19 | 19 | East Brookfield | 23 | 23 | 23 | Lexington | 8 | 6 | 1a | Otis | 3 | 3 | 3 | Tewksbury | 8 | 8 | 8 | |
| Athol | 13 | 13 | 13 | E. Longmeadow | 22 | 17 | 22 | Leyden | 9 | 9 | 9 | Oxford | 23 | 23 | 23 | Tisbury | 21 | 11 | 11 | |
| Attleboro | 18 | 18 | 18 | Eastham | 21 | 11 | 11 | Lincoln | 19 | 19 | 19 | Palmer | 22 | 17 | 22 | Tolland | 22 | 17 | 22 | |
| Auburn | 23 | 23 | 23 | Easthampton | 9 | 9 | 9 | Littleton | 19 | 19 | 19 | Paxton | 23 | 23 | 23 | Topsfield | 14 | 2 | 2 | |
| Avon | 18 | 18 | 18 | Easton | 18 | 18 | 18 | Longmeadow | 22 | 17 | 22 | Peabody | 14 | 2 | 2 | Townsend | 13 | 13 | 13 | |
| Ayer | 13 | 13 | 13 | Edgartown | 21 | 11 | 11 | Lowell | 8 | 8 | 8 | Pelham | 9 | 9 | 9 | Truro | 21 | 11 | 11 | |
| Barnstable | 21 | 11 | 11 | Egremont | 3 | 3 | 3 | Ludlow | 22 | 17 | 22 | Pembroke | 21 | 21 | 21 | Tyngsborough | 8 | 8 | 8 | |
| Barre | 13 | 13 | 13 | Erving | 9 | 9 | 9 | Lunenburg | 13 | 13 | 13 | Pepperell | 8 | 8 | 8 | Tyringham | 3 | 3 | 3 | |
| Becket | 3 | 3 | 3 | Essex | 2 | 2 | 2 | Lynn | 12 | 2 | 2 | Peru | 3 | 3 | 3 | Upton | 19 | 19 | 19 | |
| Bedford | 8 | 8 | 8 | Everett | 1b | 6 | 6 | Lynnfield | 12 | 2 | 2 | Petersham | 13 | 13 | 13 | Uxbridge | 19 | 19 | 19 | |
| Belchertown | 9 | 9 | 9 | Fairhaven | 15 | 7 | 7 | Malden | 1b | 6 | 6 | Phillipston | 13 | 13 | 13 | Wakefield | 12 | 6 | 2 | |
| Bellingham | 19 | 19 | 19 | Fall River | 7 | 7 | 7 | Manchester | 2 | 2 | 2 | Pittsfield | 3 | 3 | 3 | Wales | 22 | 17 | 22 | |
| Belmont | 8 | 6 | 1a | Falmouth | 21 | 11 | 11 | Mansfield | 18 | 18 | 18 | Plainfield | 9 | 9 | 9 | Walpole | 18 | 18 | 18 | |
| Berkley | 7 | 7 | 7 | Fitchburg | 13 | 13 | 13 | Marblehead | 14 | 2 | 2 | Plainville | 18 | 18 | 18 | Waltham | 8 | 6 | 1a | |
| Berlin | 13 | 13 | 13 | Florida | 3 | 3 | 3 | Marion | 15 | 7 | 7 | Plymouth | 21 | 21 | 21 | Ware | 9 | 9 | 9 | |
| Bernardston | 9 | 9 | 9 | Foxborough | 18 | 18 | 18 | Marlborough | 19 | 19 | 19 | Plympton | 21 | 21 | 21 | Wareham | 21 | 11 | 11 | |
| Beverly | 14 | 2 | 2 | Framingham | 19 | 19 | 19 | Marshfield | 21 | 21 | 21 | Princeton | 13 | 13 | 13 | Warren | 23 | 23 | 23 | |
| Billerica | 8 | 8 | 8 | Franklin | 18 | 18 | 18 | Mashpee | 21 | 11 | 11 | Provincetown | 21 | 11 | 11 | Warwick | 9 | 9 | 9 | |
| Blackstone | 19 | 19 | 19 | Freetown | 7 | 7 | 7 | Mattapoisett | 15 | 7 | 7 | Quincy | 16 | 16 | 16 | Washington | 3 | 3 | 3 | |
| Blandford | 22 | 17 | 22 | Gardner | 13 | 13 | 13 | Maynard | 19 | 19 | 19 | Randolph | 18 | 18 | 18 | Watertown | 8 | 6 | 1a | |
| Bolton | 13 | 13 | 13 | Georgetown | 4 | 2 | 4 | Medfield | 19 | 19 | 19 | Raynham | 18 | 18 | 18 | Wayland | 19 | 19 | 19 | |
| Boston | 1a | 1a | 1a | Gill | 9 | 9 | 9 | Medford | 1b | 6 | 6 | Reading | 10 | 10 | 10 | Webster | 23 | 23 | 23 | |
| Bourne | 21 | 11 | 11 | Gloucester | 2 | 2 | 2 | Medway | 19 | 19 | 19 | Rehoboth | 7 | 7 | 7 | Wellesley | 19 | 19 | 19 | |
| Boxborough | 19 | 19 | 19 | Goshen | 9 | 9 | 9 | Melrose | 1b | 6 | 6 | Revere | 6 | 6 | 6 | Wellfleet | 21 | 11 | 11 | |
| Boxford | 4 | 2 | 4 | Gosnold | 21 | 11 | 11 | Mendon | 19 | 19 | 19 | Richmond | 3 | 3 | 3 | Wendell | 9 | 9 | 9 | |
| Boylston | 23 | 23 | 23 | Grafton | 19 | 19 | 19 | Merrimac | 4 | 2 | 4 | Rochester | 15 | 7 | 7 | Wenham | 2 | 2 | 2 | |
| Braintree | 16 | 16 | 16 | Granby | 9 | 9 | 9 | Methuen | 10 | 10 | 10 | Rockland | 18 | 18 | 18 | W. Boylston | 23 | 23 | 23 | |
| Brewster | 21 | 11 | 11 | Granville | 22 | 17 | 22 | Middleborough | 21 | 21 | 21 | Rockport | 2 | 2 | 2 | W. Bridgewater | 18 | 18 | 18 | |
| Bridgewater | 18 | 18 | 18 | Gr. Barrington | 3 | 3 | 3 | Middlefield | 9 | 9 | 9 | Rowe | 9 | 9 | 9 | W. Brookfield | 23 | 23 | 23 | |
| Brimfield | 22 | 17 | 22 | Greenfield | 9 | 9 | 9 | Middleton | 14 | 2 | 2 | Rowley | 4 | 2 | 4 | W. Newbury | 4 | 2 | 4 | |
| Brockton | 18 | 18 | 18 | Groton | 8 | 8 | 8 | Milford | 19 | 19 | 19 | Royalston | 13 | 13 | 13 | W. Springfield | 22 | 17 | 22 | |
| Brookfield | 23 | 23 | 23 | Groveland | 4 | 2 | 4 | Millbury | 23 | 23 | 23 | Russell | 22 | 17 | 22 | W. Stockbridge | 3 | 3 | 3 | |
| Brookline | 1a | 1a | 1a | Hadley | 9 | 9 | 9 | Millis | 19 | 19 | 19 | Rutland | 23 | 23 | 23 | W. Tisbury | 21 | 11 | 11 | |
| Buckland | 9 | 9 | 9 | Halifax | 21 | 21 | 21 | Millville | 19 | 19 | 19 | Salem | 14 | 2 | 2 | Westborough | 19 | 19 | 19 | |
| Burlington | 8 | 8 | 8 | Hamilton | 2 | 2 | 2 | Milton | 16 | 16 | 16 | Salisbury | 4 | 2 | 4 | Westfield | 22 | 17 | 22 | |
| Cambridge | 5 | 6 | 1a | Hampden | 22 | 17 | 22 | Monroe | 9 | 9 | 9 | Sandisfield | 3 | 3 | 3 | Westford | 8 | 8 | 8 | |
| Canton | 18 | 18 | 18 | Hancock | 3 | 3 | 3 | Monson | 22 | 17 | 22 | Sandwich | 21 | 11 | 11 | Westhampton | 9 | 9 | 9 | |
| Carlisle | 8 | 8 | 8 | Hanover | 21 | 21 | 21 | Montague | 9 | 9 | 9 | Saugus | 12 | 2 | 2 | Westminster | 13 | 13 | 13 | |
| Carver | 21 | 21 | 21 | Hanson | 18 | 18 | 18 | Monterey | 3 | 3 | 3 | Savoy | 3 | 3 | 3 | Weston | 19 | 19 | 19 | |
| Charlemont | 9 | 9 | 9 | Hardwick | 13 | 13 | 13 | Montgomery | 22 | 17 | 22 | Scituate | 21 | 21 | 21 | Westport | 7 | 7 | 7 | |
| Charlton | 23 | 23 | 23 | Harvard | 13 | 13 | 13 | Mt. Washington | 3 | 3 | 3 | Seekonk | 7 | 7 | 7 | Westwood | 18 | 18 | 18 | |
| Chatham | 21 | 11 | 11 | Harwich | 21 | 11 | 11 | Nahant | 12 | 2 | 2 | Sharon | 18 | 18 | 18 | Weymouth | 16 | 16 | 16 | |
| Chelmsford | 8 | 8 | 8 | Hatfield | 9 | 9 | 9 | Nantucket | 21 | 11 | 11 | Sheffield | 3 | 3 | 3 | Whitley | 9 | 9 | 9 | |
| Chelsea | 6 | 6 | 6 | Haverhill | 4 | 2 | 4 | Natick | 19 | 19 | 19 | Shelburne | 9 | 9 | 9 | Whitman | 18 | 18 | 18 | |
| Cheshire | 3 | 3 | 3 | Hawley | 9 | 9 | 9 | Needham | 18 | 18 | 18 | Sherborn | 19 | 19 | 19 | Wilbraham | 22 | 17 | 22 | |
| Chester | 22 | 17 | 22 | Heath | 9 | 9 | 9 | New Ashford | 3 | 3 | 3 | Shirley | 13 | 13 | 13 | Williamsburg | 9 | 9 | 9 | |
| Chesterfield | 9 | 9 | 9 | Hingham | 21 | 21 | 21 | New Bedford | 15 | 7 | 7 | Shrewsbury | 19 | 19 | 19 | Williamstown | 3 | 3 | 3 | |
| Chicopee | 22 | 17 | 22 | Hinsdale | 3 | 3 | 3 | New Braintree | 13 | 13 | 13 | Shutesbury | 9 | 9 | 9 | Wilmington | 8 | 8 | 8 | |
| Chilmark | 21 | 11 | 11 | Holbrook | 18 | 18 | 18 | New Marlborough | 3 | 3 | 3 | Somerset | 7 | 7 | 7 | Winchendon | 13 | 13 | 13 | |
| Clarksburg | 3 | 3 | 3 | Holden | 23 | 23 | 23 | New Salem | 9 | 9 | 9 | Somerville | 5 | 6 | 1a | Winchester | 1b | 6 | 6 | |
| Clinton | 13 | 13 | 13 | Holland | 22 | 17 | 22 | Newbury | 4 | 2 | 4 | Southborough | 19 | 19 | 19 | Windsor | 3 | 3 | 3 | |
| Cohasset | 21 | 21 | 21 | Holliston | 19 | 19 | 19 | Newburyport | 4 | 2 | 4 | Southbridge | 23 | 23 | 23 | Winthrop | 6 | 6 | 6 | |
| Colrain | 9 | 9 | 9 | Holyoke | 22 | 17 | 22 | Newton | 1a | 1a | 1a | South Hadley | 9 | 9 | 9 | Woburn | 1b | 6 | 6 | |
| Concord | 19 | 19 | 19 | Hopedale | 19 | 19 | 19 | Norfolk | 18 | 18 | 18 | Southampton | 9 | 9 | 9 | Worcester | 23 | 23 | 23 | |
| Conway | 9 | 9 | 9 | Hopkinton | 19 | 19 | 19 | North Adams | 3 | 3 | 3 | Southwick | 22 | 17 | 22 | Worthington | 9 | 9 | 9 | |
| Cummington | 9 | 9 | 9 | Hubbardston | 13 | 13 | 13 | North Andover | 10 | 10 | 10 | Spencer | 23 | 23 | 23 | Wrentham | 18 | 18 | 18 | |
| | | | | | | | | | | | | | | | | | Yarmouth | 21 | 11 | 11 |