Suggested Hikes, Rides and Paddles!

Great Brook Farm State Park

165 North Road, Carlisle, MA 01741, (978) 369-6312

To help you plan your visit to DCR's Great Brook Farm State Park, we offer the following suggested experiences that we think you might enjoy.

- "Introductory" are short and appropriate for most users, including families with children.
- "**Signature**" are recommended trail experiences. These may be longer or more difficult but highlight some of the best park features.

For a safe and enjoyable park experience please review the **Things to Know Before You Go** section at the end of this document. Download a map before you go: https://www.mass.gov/doc/great-brook-farm-state-park-winter-trail-map/download

Signature Hike Stone Row Trail

Trailhead: Start at the main parking area on North Road, Carlisle Lat/Long:

42.556067, -71.348095

Distance: 2.4 miles (varies) Difficulty: Moderate

Brief Description: Pick up a map and hike to the start of the Stone Row Trail at Intersection #6. This winding trail traverses varied terrain and features some interesting rock formations. Return via the Indian Hill Trail.

Introductory Bike Ride Groomed Ski Trails

Trailhead: Park at the Hart Ski Barn on Lowell Road Lat/Long: 42.556216, -

71.353335

Distance: 10 miles **Difficulty:** Various

Brief Description: Check in at the Ski Touring Center and ask for recommended loops and destinations. When conditions are right, the park has 10 miles of groomed ski trails, and an equal number available for snow shoeing.



Signature Hike The Acorn Trail

Trailhead: Start at the parking area on Lowell Road, Carlisle Lat/Long: 42.556216, -

71.353335

Distance: 3.0 miles **Difficulty:** Easy

Brief Description: The Acorn Trail is an often secluded walk through gentle terrain. It is divided in three sections - Acorn, Acorn South, and Acorn North. Hikers can opt for a shorter trip by choosing to walk just the main Acorn Trail.

Things to Know Before You Go

- **Time, distance, difficulty.** The <u>average</u> hiker pace is estimated at 1.5 miles per hour. Most distances are <u>round-trip</u>. Plan conservatively, start early. Be aware of weather and sunset. Trail difficulty ratings based on ruggedness and gradient are *easy, moderate*, or *difficult*.
- Wear weather appropriate clothing, layer for temperature changes. Bring sunblock. Wear appropriate and sturdy footwear.
- **Parking at trailheads.** Parking fees may apply. Space may be limited. Be courteous to avoid blocking in others. Do not leave valuables in your car.
- Bring a map and share your plans with someone.
- **Drinking water** may not be available on site. Bring plenty!
- **Stay on designated trails.** Follow painted blazes and signs if available. Generally, double blazes indicate an intersection or direction change.
- **Pace & group size.** Keep your group together; hike only as fast as your group's slowest hiker or rider. Limit your group size to 12 people or fewer to lessen impacts.
- Carry-in, carry-out all trash and personal belongings. Follow the Leave No Trace outdoor ethics. More information here.
- **Know which parks are pet friendly.** Dogs are not permitted in DCR Water Supply Protection areas (such as Quabbin and Wachusett Reservoirs) and certain state parks. Always keep your dog leashed, 10-foot maximum. Always pick up after your dog and dispose of waste properly. Complete guidelines here.
- **Be aware of hunting seasons.** Wear blaze orange when appropriate. <u>More information here.</u>
- **Wear a bicycle helmet** while biking. Riders age 16 and under <u>must</u>wear a helmet. It is the law. More information here.



- **Wear your PFD** while boating. A Personal Flotation Device (PFD), or life preserver, <u>must</u> be worn by boaters age 12 and under; and canoeists/kayakers from Sept. 15-May 15. <u>More information here</u>.
- **Stop Aquatic Hitchhikers.** Prevent the transport of nuisance species. Clean all recreational equipment. It is the law. More information here.
- Be aware some trails may not be well marked, and some may not be identified on a trail map.

The Massachusetts Department of Conservation and Recreation (DCR) oversees over 450,000 acres of state parks, forests, beaches, bike trails, parkways, watershed lands, and dams across the Commonwealth. DCR's mission is to: *Protect, promote and enhance our common wealth of natural, cultural and recreational resources for the well-being of all.*

