**A close up of a logo

Description automatically generated**

**Figuring it out together**

Many families are worried about their child’s mental health, but they aren’t sure where to turn or how to get started. **HandholdMA.org** is here to help!

Who can help?

Should I be worried?

What can I do?

A picture containing shirt, guitar

Description automatically generated

**A picture containing drawing

Description automatically generated**

Scan the QR code to begin exploring **HandholdMA.org** today!