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What	do I	need?
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Available Resources

Handout #8

□ I need to apply for Unemployment Insurance Benefits	→	Visit a Career Center to meet with a UI Specialist or call 888-626-6800
□ I have questions regarding my Unemployment Insurance claim	→	Visit a Career Center, call 888-626-6800, or visit the web: www.mass.gov/dua
□ I need help with obtaining Health Insurance ————————————————————————————————————	→	Call 1-800-XXX-XXXX or visit the Mass Health website:
		www.xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx
☐ I need help in obtaining food stamps and/or cash assistance —————	→	Resource Info here
□ I need help with energy and/or fuel assistance ————————————————————————————————————	-	Resource Info here
□ I need to obtain information regarding child care assistance —————	→	Resource Info here
□ I lack transportation	→	Resource Info here
\square I need help in understanding credit, financial and mortgage liabilities ——	→	Resource Info here
□ Will I loose my unemployment benefits while attending school? ———————————————————————————————————	→	Resource Info here

What do I need?

Available Resources

I am a Veteran and would like to know what so	ervices are available	Meet with a Veteran Representative; visit <u>www.mass.gov/veterans</u>
I lost my job due to my company moving overs	seas -	Meet with a TRADE program Counselor:
I am a Youth age 18-24		Workshops: Work-Ready Youth; Youth Self-Directed Search
I have a disability or barrier to employment		Meet with a Youth Counselor Meet with a Disability Program Navigator
Other		Resource Info here

Job Search

What do I need?

Available Resources

I need help getting started with my job search	──➤ Workshops: ABC's to an Easier job Search; Job Search Club Meet with an Employment Specialist
I need help writing / updating a resume or cover letter	→ Workshops: Resume Assistance; Resume basics: Resume Writing Beyond Basics; Resume Critique; Cover Letters
I need to learn how to use the internet for job search	→ Meet with an Employment Specialist
I need to research the labor market for new opportunities	Workshops: Insider Information on Popular Jobs Meet with an Employment Specialist Websites: http://masscis.intocareers.org/; http://online.onetcenter.org/
I need help preparing for my interviews	→ Workshops: Interviewing Techniques; Mock Interviewing; Negotiating Job Offers / Salary
I need help finding what careers fit my interests and skills	Workshops: Self-Directed Search (SDS) Websites: http://online.onetcenter.org/
I need advice on how to network	→ Workshops: Networking for Professionals Websites: www.linkedin.com
I need help understanding my talents and marketing them to employers —	→ Workshops: Marketing Your Maturity; Meyers-Briggs Type Indicator
Other —	Resource Info here

What do I need?

Available Resources

□ I lack computer skills and want to learn to use a computer ————————————————————————————————————	→ Workshops: Intro to Computers
☐ I need to update my MS Office skills or practice typing ————————————————————————————————————	→ Workshops: MS Office Workshops; Mavis Beacon Teaches Typing
□ I am interested in starting my own business ———————————————————————————————————	── Workshops: Small Business Administration (SBA) Overview Websites: www.sba.gov
□ I would like to finish my GED and/or improve my English skills ————	→ Workshops: ESOL / Literacy Improvement; Rosetta Stone
☐ I need help updating my skills to be competitive in today's Job Market —	→ Workshops: An Overview to Training
□ I need a career change —	→ Workshops: An Overview to Training
□ Other —	Resource Info here
□ Other —	Resource Info here
□ Other —	Resource Info here