

Locations

BOSTON

Boston Medical Center
Children's Hospital - Boston

(617) 414-5251
(617) 355-7713

BROCKTON

Brockton Neighborhood Health Center

(508) 894-3299

LAWRENCE

Greater Lawrence Family Health Center
(NOTE: Only GLFHC clients are eligible)

(978) 686-3017

LOWELL

Lowell Community Health Center

(978) 937-9700

NORTH ADAMS

Berkshire Medical Center, Operation Better Start

(413) 445-9243

NORTH DARTMOUTH

Children's Hospital - North Dartmouth

(617) 355-7713

PITTSFIELD

Berkshire Medical Center, Operation Better Start

(413) 445-9243

SPRINGFIELD

Caring Health Center

(413) 739-1100

WALTHAM

Children's Hospital - Waltham

(617) 355-7713

WORCESTER

UMass Memorial Medical Center

(774) 442-3028

MASSACHUSETTS Growth & Nutrition Program



**Growth &
Nutrition
Program**

Learn more at:
mass.gov/GrowthAndNutrition

Helping Your Child Thrive



If your child struggles to grow, learn how the Massachusetts Growth and Nutrition Program can help!

Some children have problems growing. This can happen for many reasons like a developmental delay, food allergy, reflux, or other medical conditions. In this case, your child may be referred to a Growth and Nutrition Program for help and support.

Growth and Nutrition Programs are located throughout Massachusetts. They provide medical, nutritional, and social support to infants and children through 6 years of age. Their caring team of pediatricians, nurse practitioners, dietitians, social workers, and other professionals will work with you to help care for your child.

What to expect

At your first visit to the Growth and Nutrition Program, you and your child will meet with the program's team. They will check your child's growth and learn about the foods your child eats.

During this appointment, you may receive referrals for other services like speech therapy to work on oral-motor skills or occupational therapy to work on sensory development. You may also receive referrals to programs such as WIC and SNAP to access healthy foods and nutrition education.

You and the team will come up with a feeding plan to help meet the unique needs of your child.



After your first visit, the team will schedule an appointment to follow up on the feeding plan and see how your child is growing. Visits may take place at the program, through telehealth, or where your child spends time, like at home, school or daycare.