

Hepatitis A is going around.

Hepatitis A is a virus that can cause liver disease.

Protect yourself:

Wash your hands* with soap and warm water before touching food and after going to the bathroom or using drugs.



1. Use warm water and soap.
2. Rub your hands together for at least 20 seconds.
3. Rinse your hands well with warm water.
4. Dry your hands using a paper towel or air dry them.

*Washing with soap and warm water is best. If you can't wash, use hand sanitizer.

