**Suicides, Suicidal Ideation, and Suicide Attempts Among Hispanic/Latinx Individuals 2020**

This publication contains information on 2020 Massachusetts suicide decedents who were Hispanic/Latinx.

* In 2020, 49 suicides occurred in Massachusetts among Hispanic/Latinx individuals
* The suicide rate among Hispanic/Latinx individuals in Massachusetts in 2020 was 5.6 per 100,000
* While Hispanic/Latinx individuals comprise 13% of the Massachusetts population, they comprised 8% of all suicides in Massachusetts
* One in 12 of all Massachusetts suicide deaths in 2020 were among Hispanic/Latinx individuals
* Overall suicide rates in Massachusetts decreased 5% between 2019 and 2020, while suicide rates among Hispanic/Latinx individuals rose 4% during this same time period
* In Massachusetts, 31% of all Hispanic/Latinx suicide decedents were born outside of the United States, compared to 11% among all suicide decedents
* Nearly 1 in 3 suicides among Hispanic/Latinx individuals occurred among those under 25 years of age, compared to 1 in 9 among all suicides in Massachusetts
* Hispanic/Latinx males were 3 times more likely to die by suicide compared to Hispanic/Latinx females
* Firearms were used in 1 in 6 suicides among Hispanic/Latinx individuals, compared to 2 in 5 suicides among Hispanic/Latinx individuals nationally
* Some common circumstances surrounding Hispanic/Latinx suicide decedents include the following:
  + 73% had a known current mental health condition
  + 31% had a known alcohol and/or substance use issue
  + 24% had a known intimate partner problem
  + 10% had a known job and/or financial problem
* Among Hispanic high school students in Massachusetts in 2017 and 2019, the following suicidal thoughts and behaviors were reported:
  + 17% reported non-suicidal self-injury behavior
  + 15% reported seriously considering suicide
  + 14% reported making a suicide plan
  + 10% reported making a suicide attempt
  + Hispanic students were significantly more likely to report attempting suicide compared to the overall student population
* Help is available 24/7. You can contact the Suicide and Crisis Lifeline anytime by calling 988. Press 2 for Spanish. The Lifeline also offers an interpretation into over 240 languages and dialects.
* You can also text 988. Please note that texting is currently only available in English.
* You can also chat by going to [www.988lifeline.org](http://www.988lifeline.org). Please note that this feature is also currently only available in English.
* Data Sources: Massachusetts Violent Death Reporting System (MAVDRS), Massachusetts Department of Public Health (DPH); MA Youth Risk Behavior Survey (YRBS) 2017-2019 weighted data; CDC WISQARS