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# Home and Community Life Services

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**MassAbility**

Expanding equity and  
access for people with disabilities.

# Build the life you want

MassAbility's Home and Community Life services empower you to participate in your community and build the life you want on your own terms. We expand what's possible by providing community support, technology, and training that breaks down barriers to create a Massachusetts that's truly equitable, accessible, and inclusive.

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## 15k

*The average number of  
individuals receiving Home  
and Community Life services  
from MassAbility each year.*

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# Home + Community Life programs and services

MassAbility partners with you to discover the programs and services that fit your needs. Our team will support you in providing the right information, determining your eligibility, and working through the application process. Get connected with one of our programs today.

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## **Accessible housing registry**

The accessible housing registry is a free program that matches you to available accessible housing options across Massachusetts. You can search for homes based on location, affordability, space, and particular accessibility features.

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## **Home care**

MassAbility's home care program provides services so you can safely live in your home. The program helps secure in-home support, including house cleaning, laundry, meal preparation, grocery shopping, and medication pick-up.

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## **Independent living centers**

Independent living centers are available across Massachusetts, providing you with peer counseling, skills training, advocacy, and information to keep you living as independently as possible. They also keep MassAbility informed of what community members need so that MassAbility can provide support when necessary.

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## **Moving Forward Program**

The Moving Forward Program allows Massachusetts to “waive” or set aside certain Medicaid (MassHealth) regulations if you are living in a nursing home or rehabilitation hospital. The program helps you return to the community with any assistance you may need. MassAbility provides case management support to guide you through the process and answer any questions that come up.

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**Statewide head injury program**

The statewide head injury program empowers people living with a traumatic brain injury to live life on their own terms. The program provides services such as skills training, community case management, assistive technology, residential services, and access to brain injury community centers across Massachusetts.

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**Supported living program (ages 16+)**

The supported living program assists youth and adults ages 16 and older with severe disabilities to live independently in the community. The program supports you in managing daily activities, such as personal care attendants, paying bills and money management, finding or maintaining housing, and coordinating health services.

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**Transition to adulthood program (ages 14-22)**

Transition to adulthood programs are available to young people with disabilities ages 14 to 22 who are enrolled in special education. This program offers individual and group activities to help you learn skills and self-confidence that prepare you to live independently in the community as an adult.

## Connect with us today!

We want to make it easy for you to learn more about us and access our services.

That's why we have MassAbility Connect, an online application that connects you to a broad range of programs in Career Services and Home and Community Life.

We also have the dedicated MassAbility Connect team that supports you if you're looking for more information, assists you through the application process, and determines your eligibility.

**[mass.gov/MassAbilityConnect](https://mass.gov/MassAbilityConnect) | 617-204-3665**





“MassAbility adjusted a lot of things that they felt would make Maddie’s living easier. The little differences made a big impact on her ability to be independent.”

**Ali**

*MassAbility participant family member*

Together with stakeholders, partners, and allies, MassAbility works to expand what's possible in the lives of people with disabilities. We collaborate, problem-solve, innovate, and bring about a better Massachusetts for everyone—one that is truly equitable, accessible, and inclusive.

**MassAbility**

