**Módi ki bu debe toma ramedi di tuberkulozi**

**How to take your TB medicine**

Médiku ta bai skrebi bu nomi.

The doctor will write your name.

Médiku ta bai skrebi se nomi.

The doctor will write his or her name.

Médiku ta bai skrebi data di bu konsulta.

The doctor will write the date of your visit.

Médiku ta bai skrebi nomi di bu ramedi.

The doctor will write the name of your medicine.

**Ki dia?**

**When?**

Médiku ta bai poi un bola na kes dia di simana ki bu ta bai toma bu ramedi di Tuberkulozi. Médiku tanbé ta bai poi un bola na ora di dia (di sédu ô di noti) ki bu ta toma bu ramedi di Tuberkulozi.

The doctor will circle the days of the week when you will take your TB medicine. The doctor will also circle the time of day (either morning or evening) when you will take your TB medicine.

**Kantu?**

**How many?**

Médiku ta bai skrebi kantu konprimidu pa bu bebi kada bes.

The doctor will write the number of pills for you to take by mouth each time.

Nunka ka bu toma bu ramedi di tuberkulozi dos bes, mesmu si   
bu skese di toma un dozi.

Never double up on your TB medicine, even if you miss a dose.

**Ku kumida?**

**With food?**

Médiku ta bai skrebi si é pa bu toma bu ramedi ku kumida ô sen kumida.

The doctor will write whether to take your medicine with or without food.

**Pa kantu tenpu?**

**How long?**

Médiku ta bai skrebi kantu mes ki bu podi provavelmenti dura pa finda bu ramedi di Tuberkulozi.

The doctor will write the number of months it will likely take you to finish your TB medicine.

**Si bu ka sta xinti normal...**

**If you don't feel normal…**

**1.) Para di toma ramedi di tuberkulozi.**

**Stop taking your TB medicine.**

**2.) Txoma bu médiku pa tilifoni o nton bai spial imidiatamenti.**

**Call or go to your doctor right away.**

Médiku ta bai skrebi se númeru di tilifoni y se direson.

The doctor will write his or her phone number and address.

This material was developed by the Massachusetts Department of Public Health. Language: Cape Verdean Creole.   
December 2014. For more information, visit www.mass.gov/dph/cdc/tb