**Jinsi ya kutumia dawa ya Kifua Kikuu**

**How to take your TB medicine**

Daktari ataandika jina lako.

The doctor will write your name.

Daktari ataandika jina lake.

The doctor will write his or her name.

Daktari ataandika tarehe ya ziara yako.

The doctor will write the date of your visit.

Daktari ataandika jina la dawa yako.

The doctor will write the name of your medicine.

Lini?

**When?**

Daktari ataweka mviringo siku za wiki ambazo utatumia dawa zako za Kifua Kikuu. Daktari ataweka mviringo saa ya siku (asubuhi au jioni) wakati utatumia dawa yako ya Kifua Kikuu.

The doctor will circle the days of the week when you will take your TB medicine. The doctor will also circle the time of day (either morning or evening) when you will take your TB medicine.

Ngapi?

**How many?**

Daktari ataandika idadi ya tembe utakazomeza kila wakati.

The doctor will write the number of pills for you to take by mouth each time.

Usitumie maradufu dawa yako ya Kifua Kikuu, hata iwapo utakosa dozi.

Never double up on your TB medicine, even if you miss a dose.

Je, kwa chakula?

**With food?**

Daktari ataandika kama utatumia dawa zako ukiwa umekula au la.

The doctor will write whether to take your medicine with or without food.

Muda upi?

**How long?**

Daktari ataandika idadi ya miezi itakayochukua kumaliza dawa zako za Kifua Kikuu.

The doctor will write the number of months it will likely take you to finish your TB medicine.

**Iwapo hutajihisi kawaida…**

**If you don't feel normal…**

**1.) Acha kutumia dawa yako ya Kifua Kikuu.**

**Stop taking your TB medicine.**

**2.) Pigia au nenda kwa daktari wako moja kwa moja.**

**Call or go to your doctor right away.**

Daktari ataandika nambari ya simu na anwani yake.

The doctor will write his or her phone number and address.

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