# Slide 1: One Care: Implementation Council Meeting

Executive Office of Health & Human Services

MassHealth Demonstration to Integrate Care for Dual Eligibles

Tuesday, February 11, 2020, 10:00 AM – 12:00 PM

Boston Society of Architects

290 Congress Street, Boston, MA, Suite 200

# Slide 2: Service Area Expansion

* MassHealth and CMS have approved One Care service area expansions for both   
  One Care plans
* **Commonwealth Care Alliance has expanded to Barnstable County**
  + Residents of Barnstable County have not had access to a One Care plan
  + We have sent a “Welcome” mailing to all eligible residents in Barnstable letting them know that One Care has arrived in their region
  + Members were able to enroll effective February 1, 2020
* **Tufts will expand to fully cover Middlesex County**
  + This expands Tufts’ coverage from the Lowell area to the full county
  + Effective March 1, 2020, members in Middlesex County will have a choice of two One Care plans
  + We will send an informational mailing to all eligible residents in Middlesex letting them know that both CCA and Tufts are available to provide One Care throughout the county

# Slide 3: Service Area Expansion continued

* With these expansions, One Care is now available throughout Massachusetts, with the exceptions of Berkshire, Dukes, and Nantucket counties, and a few towns in Plymouth county
  + Towns shaded **Blue** represent areas where **both** CCA and Tufts are available
  + Towns shaded **Purple** represent areas where CCA is available
  + Towns shaded Grey do not currently have One Care coverage

Note: this slide includes a map of Massachusetts showing areas of the state where Commonwealth Care Alliance (CCA) and Tufts Health Plan (Tufts) offers One Care coverage.

The Blue area, where **both** CCA and Tufts are available, includes the following counties:

* Middlesex
* Suffolk
* Worcester

The Purple area, where only CCA offers One Care coverage, includes the following counties:

* Barnstable
* Bristol
* Essex
* Franklin
* Hampden
* Hampshire
* Norfolk
* Plymouth
  + **excluding** the Plymouth county towns of Lakeville, Mattapoisett, Marion and Wareham.

The Grey area, where the One Care coverage **is not** currently available includes the following counties:

* Berkshire
* Dukes
* Nantucket
* Plymouth county towns of:
  + Lakeville
  + Mattapoisett
  + Marion
  + Wareham

# Slide 4: Updated Rate and Contract Documents

* We have posted updated documents on the One Care Administrative Information webpages ([www.mass.gov/one-care-administrative-information](http://www.mass.gov/one-care-administrative-information))
  + 2019 Rate Reports ([www.mass.gov/service-details/one-care-capitated-rate-reports](http://www.mass.gov/service-details/one-care-capitated-rate-reports))
  + Contract Documents ([www.mass.gov/service-details/one-care-three-way-contract-and-memorandum-of-understanding-mou](http://www.mass.gov/service-details/one-care-three-way-contract-and-memorandum-of-understanding-mou)):
    - Amended and Restated One Care Contract – Effective April 1, 2019
      * Full contract document; please refer to this now instead of the December 28, 2015 fully amended and restated contract
    - Extension Amendment – Effective August 1, 2020
      * Extension through December 31, 2020
      * Financial terms for CY2020
    - Postings include the full contract documents as well as plan specific pages (plan name, place of business, service area, etc.)

# Slide 5: Peers in One Care

* Clarifying definition to ensure different types of Peers are clearly described
  + MOU provides general authority for services and other demonstration flexibilities
  + Contract provides definition of what One Care plan must cover, as well as sets rules and expectations for how members must be able to access services, provider qualifications, and other implementation details
* Scope includes:
  + Peers based in Independent Living models
  + Peers based in mental health/recovery models, including Certified Peer Specialists (CPS)
  + Peers based in population-health/disease self-management models
* Questions:
  + Main models captured?
  + Should peers providing support in the recovery space always be Certified Peer Specialists? Are other types of peer supports appropriate for recovery?
  + Confirming peers do not provide counseling (update title to mentoring)
  + Other?

# Slide 6: Peers in One Care (cont.)

* Old MOU Definition: Peer Support/Counseling/Navigation:   
    
  Peer Support is designed to provide training, instruction and mentoring to individuals about self-advocacy, participant direction, civic participation, leadership, benefits, and participation in the community. Peer support may be provided in small groups or may involve one peer providing support to another peer to promote and support the individual's ability to participate in self-advocacy. The one-to-one peer support is instructional; it is not counseling. The service enhances the skills of the individual to function in the community and/or family home.
* DRAFT New MOU Definition: Peer Support/Mentoring/Navigation:   
    
  Peer Support is designed to provide training, instruction and mentoring to individuals about self-advocacy, participant direction, self-management, civic participation, leadership, benefits, and participation in the community. Peer support may be provided in small groups or may involve one peer providing support to another peer to promote and support the individual's ability to participate in self-advocacy. The one-to-one peer support is instructional; it is not counseling. The service enhances the skills of the individual to function in the community and/or family home. A Certified Peer Specialist, through a professional relationship, provides support to an individual receiving services across settings on their path to recovery.  
    
  Peer Support/Mentoring/Navigation available to Enrollees shall include:
  + - care planning and goal setting supports based in an Independent Living model (including peer mentoring, advocacy, information and referral, skills training, and transition services);
    - access to Certified Peer Specialists for services based in Mental Health and recovery models; and
    - services based in population health and disease self-management models.

# Slide 7: One Care MassHealth+Medicare Bringing your care together

VISIT US ONLINE[www.mass.gov/one-care](https://www.mass.gov/one-care)

EMAIL US   
[OneCare@state.ma.us](mailto:OneCare@state.ma.us)