Department of Fire Services
Massachusetts Firefighting Academy

February 5-7, 2019

Course Number:
680

Location:
Beauport Hotel
55 Commercial Street
Gloucester, MA 01930

Time:
0800-1800

Notes:
This is a "Priority Selection" course which is not first come-first serve.

Priority Selection Date:
January 22, 2019

INDIVIDUAL CRISIS INTERVENTION AND PEER SUPPORT & GROUP CRISIS INTERVENTION (GRIN)

Course Highlights

- Psychological Crisis and Psychological Crisis Intervention
- Resistance, Resiliency, Recover Continuum
- Critical Incident Stress Management
- Evidence-Based Practice
- Basic Crisis Communication Techniques
- Common Psychological and Behavioral Crisis Reactions
- Putative and Empirically-Derived Mechanisms
- SAFER-Revised Model
- Suicide Intervention
- Risk of Iatrogenic Harm
- Relevant Research Findings
- Relevant Recommendations for Practice
- Incident Assessment
- Strategic Intervention Planning
- Large Group Crisis Intervention
- Small Group Crisis Intervention
- Adverse Outcome Associated with Crisis Intervention
- Reducing Risks
- Critical Incident Stress Debriefing (CISD)

Crisis Intervention is NOT psychotherapy, rather, it is a specialized acute emergency mental health intervention that requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid." This first part of the program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

Completion of "Individual Crisis Intervention and Peer Support" & "Group Crisis Intervention" and receipt of a certificate indicating full attendance (27 contact hours) qualifies as two CORE classes in the International Critical Incident Stress Foundation's Certificate of Specialized Training Program

Registration
Register at DFS Learning Management System