

Information about MassHealth HCBS Waivers

Acquired Brain Injury Waivers and Moving Forward Plan Waivers

Home and Community Based Services (HCBS) waivers are MassHealth programs that provide services to eligible individuals in their own homes or community. Massachusetts has four HCBS waivers that serve adults who move from a nursing facility, chronic disease and rehabilitation hospital, or psychiatric hospital back to the community. There is a maximum number of participants who can be served each year.

HCBS Waiver Program	Population Served
1. ABI-RH Waiver <i>Acquired Brain Injury with Residential Habilitation</i> operated by Dept. of Developmental Services	Adults with Acquired Brain Injury (ABI) who need 24-hour supervision in a provider-operated and staffed residence
2. ABI-N Waiver <i>Acquired Brain Injury Non-residential Habilitation</i> operated by Mass. Rehabilitation Commission	Adults with ABI who do not need 24-hour supports/supervision, but need community-based waiver services provided in their home
3. MFP-RS Waiver <i>Moving Forward Plan Residential Supports</i> operated by Dept. of Developmental Services	Adults who need 24-hour supervision in a provider-operated and staffed residence
4. MFP-CL Waiver <i>Moving Forward Plan Community Living</i> operated by Mass. Rehabilitation Commission	Adults who do not need 24-hour supports and supervision, but need community-based waiver services provided in their home

To qualify for the waiver, a person must apply while they are still living in a nursing home, a chronic disease and rehabilitation hospital, or a psychiatric hospital and

	ABI Waivers	MFP Waivers
have an ABI* that was sustained at age 22 or older	✓	
be an adult who has a disability or be age 65 or older	✓	✓
have been living in a nursing home, chronic disease and rehabilitation hospital, or psychiatric hospital for at least 90 days	✓	✓
meet the clinical level of care requirements	✓	✓
need waiver services in the community (see the next page)	✓	✓
meet the financial requirements to qualify for MassHealth Standard**	✓	✓
are able to be safely served in the community	✓	✓

* Some examples of ABIs that qualify are brain injuries resulting from **stroke, brain trauma, infection of the brain, brain tumor, or anoxia**. Dementia-type conditions do not qualify.

** Financial requirements for HCBS waiver applicants:

- o **Income** ≤ 300% of the SSI Federal Benefit Rate (\$2,829 per month in 2024)
- o **Countable assets** ≤ \$2,000
- o **Countable assets** of applicant's spouse (if applicable) ≤ \$154,140 (in 2024)

Waiver Services

See website below for details

	Residential Waivers		Non-residential Waivers	
	ABI-RH	MFP-RS	ABI-N	MFP-CL
Assisted Living Services	✓	✓		
Residential Habilitation	✓	✓		
Shared Living- 24 Hour Supports	✓	✓		
Assistive Technology	✓	✓	✓	✓
Adult Companion			✓	✓
Chore Service			✓	✓
Community Based Day Supports	✓	✓	✓	✓
Community Support and Navigation	✓	✓	✓	✓
Day Services	✓	✓	✓	✓
Family Training	✓	✓	✓	✓
Home Accessibility Adaptations	✓	✓	✓	✓
Home Delivered Meals			✓	✓
Home Health Aide			✓	✓
Homemaker			✓	✓
Independent Living Supports			✓	✓
Individual Support and Community Habilitation	✓	✓	✓	✓
Laundry			✓	✓
Orientation and Mobility Services	✓	✓	✓	✓
Peer Support	✓	✓	✓	✓
Personal Care			✓	✓
Physical/Occupational/Speech Therapy	✓	✓	✓	✓
Prevocational Services	✓	✓	✓	✓
Respite			✓	✓
Shared Home Supports			✓	✓
Skilled Nursing	✓	✓	✓	✓
Specialized Medical Equipment	✓	✓	✓	✓
Supported Employment	✓	✓	✓	✓
Supportive Home Care Aide			✓	✓
Transitional Assistance	✓	✓	✓	✓
Transportation	✓	✓	✓	✓
Vehicle Modification			✓	✓

Information and printable one-page application forms available online

<https://www.mass.gov/acquired-brain-injury-abi-and-moving-forward-plan-mfp-waivers>

For more information about ABI Waivers:
Email: ABInfo@umassmed.edu

For more information about MFP Waivers:
Email: MFPinfo@umassmed.edu