# Text Description automatically generated with medium confidenceThe Prescriber e-Letter, Volume 14, Issue 3, October 2024

## Upcoming Changes to MassHealth Coverage of Weight Loss Drugs

MassHealth began covering anti-obesity medications in January 2024. At that time, Wegovy® (semaglutide) and Saxenda® (liraglutide) were designated as preferred glucagon-like peptide-1 (GLP-1) receptor agonists for the treatment of overweight and obesity.

## Effective October 1, 2024, Zepbound® (tirzepatide) Is a Preferred Drug

Effective October 1, 2024, Zepbound® (tirzepatide) is a preferred GLP-1 for the treatment of overweight and obesity. With this update, Zepbound® (tirzepatide) no longer requires a trial with Wegovy® (semaglutide) or Saxenda® (liraglutide) for prior authorization (PA) approval.

## Effective January 1, 2025, Wegovy® (semaglutide) and Saxenda® (liraglutide) Will Be Designated as Non-Covered Agents

Effective January 1, 2025, Wegovy® (semaglutide) and Saxenda® (liraglutide) will be non-covered agents for the treatment of overweight and obesity in adults.

* MassHealth members ≥18 years of age receiving Wegovy® (semaglutide) or Saxenda® (liraglutide) for the treatment of overweight or obesity will be required to switch to Zepbound® (tirzepatide) on January 1, 2025.
* MassHealth members ≥12 and <18 years of age may continue to use Wegovy® (semaglutide) or Saxenda® (liraglutide).
* MassHealth will continue to cover Wegovy® (semaglutide) for the indication of reduction of the risk of major adverse cardiovascular events in adults with established cardiovascular disease and either obesity or overweight. A new PA needs to be submitted if not initially approved for this indication.

To aid in transitioning, all MassHealth members ≥18 years of age approved for Wegovy® (semaglutide) or Saxenda® (liraglutide) for the treatment of overweight or obesity that would have had an approval duration beyond December 31, 2024, will automatically have an approval put in place to allow Zepbound® (tirzepatide) to pay at the pharmacy. The Zepbound® (tirzepatide) approval will be effective January 1, 2025, and expire six-months after the initial date the current Wegovy® (semaglutide) or Saxenda® (liraglutide) authorization was approved. At that time, a recertification PA for Zepbound® (tirzepatide) will be required and will be reviewed using baseline weight. Please see **Table 1** for guidance on the dosing equivalencies when switching members to Zepbound® (tirzepatide). Prescribers should work with their patients to determine which doses are appropriate. There are no restrictions on doses or durations needed.

Example:

* Member started on Wegovy® (semaglutide) on September 1, 2024, and was issued an initial PA approval with an expiration date of March 1, 2025.
* The Wegovy® (semaglutide) PA will be end-dated effective December 31, 2024, and the Zepbound® (tirzepatide) approval will automatically be entered for January 1, 2025, through March 1, 2025.
* After March 1, 2025, a new PA needs to be submitted and reviewed for recertification based on weight loss from the baseline weight (prior to initiation of ANY GLP-1).

## Effective January 6, 2025, Phentermine Trial Will Be Required before Initiating Weight Loss GLP-1

Effective January 6, 2025:

* Generic phentermine will be available without PA for all MassHealth members ≥12 years of age. Lomaira® (phentermine) will also be available without PA for members ≥12 to <17 years of age. For members ≥18 years of age, Lomaira® (phentermine) will be available with PA.
* Requests for new starts for GLP-1 medication for the treatment of overweight or obesity will require a step through phentermine, with or without topiramate. Members already stable on GLP-1 therapy will not require this step through. For all new starts on Zepbound® (tirzepatide), PAs will need to document the following:
  + Diagnosis of obesity or overweight
  + Member age is ≥18 years
  + Baseline BMI of ≥30 kg/m2 or ≥27 kg/m2 with at least one weight-related comorbid condition
  + Baseline weight
  + Member has been counseled to continue reduced-calorie diet and increased physical activity
  + Inadequate response, adverse reaction, or contraindication to phentermine with or without topiramate

## Summary of PA Status of Anti-Obesity Agents Effective January 6, 2025

Available without PA

* Generic phentermine (≥12 years of age)
* Lomaira® (phentermine) (≥12 to <17 years of age)

PA Required

* benzphetamine
* diethylpropion
* diethylpropion ER
* Lomaira® (phentermine) (≥18 years of age)
* phendimetrazine
* phendimetrazine ER
* Xenical® (orlistat)
* Zepbound® (tirzepatide)

Non-Covered

* Saxenda® (liraglutide)
* Wegovy® (semaglutide)

**Table 1. Dosing Equivalencies for Injectable Anti-Obesity Agents1**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Agent** | **Comparative Doses (mg)** | | | | | | | | |
| Liraglutide *once daily* | 0.6 | 1.2 | 1.8-3 |  |  |  |  |  |  |
| Semaglutide *once weekly* |  | 0.25 | 0.5 | 1 | 2-2.4 |  |  |  |  |
| Tirzepatide *once weekly* |  |  | 2.5 |  | 5 | 7.5 | 10 | 12.5 | 15 |

Additional information can be found on the [MassHealth Drug List](file:///C:\Users\JLuca\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\QMZ2YZYO\MassHealth%20Drug%20List).

## References

1. Whitley HP, Trujillo JM, Neumiller JJ; Special Report: Potential Strategies for Addressing GLP-1 and Dual GLP-1/GIP Receptor Agonist Shortages. Clin Diabetes 1 July 2023; 41 (3): 467–473.

The Prescriber e-Letter is an update designed to enhance the transparency and efficiency of the MassHealth drug prior-authorization (PA) process and the MassHealth Drug List. Each issue highlights key clinical information and updates to the MassHealth Drug List. The Prescriber E-Letter was prepared by the MassHealth Drug Utilization Review Program and the MassHealth Pharmacy Program.