

Kid's Rules

1. No hitting! If you are mad at someone, find an adult to talk with.
2. No name-calling or swearing.
3. No fighting! If someone tries to fight with you or is doing something wrong, tell an adult.
4. Do not answer the front door or phone without your parent.
5. Do not run in the hallways or in the house, you could hurt yourself or someone else.
6. No eating anywhere but in the kitchen or the backyard.
7. You may not open the refrigerator or food cabinets. If you are hungry and want a snack or drink, ask your parent or an adult to get it for you.
8. You may not leave the house without your parent's permission.
9. Your parent or another adult must be with you when you are playing outside, in the basement, or in the living room / TV room.
10. You must stay on the same floor as your parent unless another adult is watching you on that floor.
11. If you have a bike, scooter, or skateboard, you must use them in the back parking lot or on the sidewalk and use a helmet when using these toys.
12. Homework is from 4-5 p.m. You must finish your homework before playing or watching T.V.
13. Bedtime is 9 p.m. for children under age 13, bedtime for older children is 10 p.m.
14. All children are assigned a chore that must be completed and checked by an adult daily.
15. Your family will have a weekly "Family Meeting" to discuss feelings, behavior, and activities. You must attend Family Meeting every week. Your family will also attend "Family Activity" on Sunday night.
16. All children who are over 5 years old must attend "Kid's Group" every Monday night.
17. All children can earn points for good behavior, completing homework and chores, doing extra reading, or helping with extra chores. These points can be traded for time on the computer, fast food, phone time, staying up late on a weekend night, or a special trip or activity with a parent or staff member. You may also lose points for bad behavior.
18. No one in the house may watch MTV, music video stations, wrestling, or other violent programming on television.

I understand the Kid's Rules and agree to follow them.

Child's Signature

Signature of Child Advocate

Date

Parent / Guardian Signature

Date

