

# COMMONWEALTH OF MASSACHUSETTS

## DEPARTMENT OF INDUSTRIAL ACCIDENTS

### Knee Injury Patella Tendon Re-Alignment Maquet Procedure Surgical Guideline

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**I. Conservative Care:**

- A. Not Applicable

**II. Clinical Findings:**

A. Subjective

1. Rest-sitting pain

**AND**

B. Objective

1. Pain with patellar/femoral movement; **and/or**
2. Recurrent dislocations

**AND**

C. Imaging

1. Recurrent effusion; **and**
2. Patella apprehension; **and**
3. Synovitis with or without crepitus; **and**
4. Lateral tracking; **and**
5. Increased Q angle > 15 degrees