INDOOR AIR QUALITY ASSESSMENT

**H.B. Lawrence Elementary School**

156 Cabot Street

Holyoke, MA

**May 2024**



Prepared by:

Massachusetts Department of Public Health

Bureau of Climate and Environmental Health

Indoor Air Quality Program

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# R an EXECUTIVE SUMMARY

The Massachusetts Department of Public Health’s Indoor Air Quality Program (MDPH IAQ) conducted an IAQ walkthrough of the H.B. Lawrence Elementary School located at 156 Cabot Street in Holyoke on March 22, 2024. This walkthrough was in conjunction with the “Asthma in Schools: Data to Action Project”- a collaboration between Massachusetts Department of Public Health (DPH) programs, local health departments, and local school health and administration officials to support asthma prevention and intervention efforts in school settings.

Any building can have IAQ issues. These issues can be made worse through conditions common to marginalized communities (Environmental Justice communities or EJ) such as inequitable exposure to outdoor air pollution and a greater likelihood of poor building conditions leading to deterioration of IAQ resulting in higher asthma rates. The Lawrence Elementary School is within an EJ community. In addition, the pediatric asthma rate for this school as of 2023 is 15.4% compared to the statewide pediatric prevalence rate of 9.9%.

The assessment was conducted by evaluating several key elements within the school; a visual inspection of the heating, cooling, and ventilating (HVAC) systems, water/microbial damage, exterior building envelope evaluation, cleanliness, and point sources of respiratory irritants such as chemicals. Data is collected in this manner to identify potential asthma triggers, allergens, and other environmental factors that can cause indoor air quality symptoms. Please refer to the [Indoor Air Quality Manual](https://www.mass.gov/lists/indoor-air-quality-manual-and-appendices#indoor-air-quality-manual-) on the MDPH website for methods, sampling procedures, and interpretation of results.

As a result of this walkthrough, there are several findings: conditions in this school are typical of elementary schools of this age and type, univents and other HVAC components may be beyond their lifespan, some water-stained ceiling tiles were observed, and there are occupant induced issues such as clutter and blockage of HVAC units. [(Results and Discussion)](#Results_and_Discussion)

Upon review of these findings, a number of recommendations are made to optimize existing HVAC systems and improve air exchange, however, the age of univents and other HVAC components make maintenance increasingly difficult. Issues regarding the presence of point sources of irritation such as clutter can be addressed to reduce dust and odors. [(Conclusions)](#Conclusions_and_Recommendations)

Based on the results of the assessment, the following primary recommendations are made:

* Operate supply and exhaust ventilation *continuously* when the building is occupied.
* Educate teachers and staff on the operation of univents and exhaust vents so they can avoid blocking units and can report off or inoperable units to facility staff.
* Reduce the number of items stored in rooms to make cleaning easier. [(Conclusions and Recommendations)](#Conclusions_and_Recommendations)

Please note: this report contains a series of recommendations that should serve as Best Practices that apply to most public-school buildings across the Commonwealth and should be shared amongst other buildings in the school district.

# R an BACKGROUND

|  |  |
| --- | --- |
| Building: | H.B. Lawrence Elementary School |
| Address: | 156 Cabot Street  Holyoke, Massachusetts |
| Coordinated Via: | Holyoke school administration, board of health, and nursing leaders |
| Reason for Request: | Pediatric Asthma Pilot Project and General IAQ |
| Date of Assessment: | March 22, 2024 |
| Massachusetts Department of Public Health/Bureau of Climate and Environmental Health (MDPH/BCEH) Staff Conducting Assessment: | Michael Feeney, Director, IAQ Program  Stefanie Santora, Inspector, IAQ Program |
| Building Description: | The Lawrence Elementary School is a brick-faced two-story school with occupied basement, originally constructed in 1932. The school contains general classrooms, offices, and accessory rooms including a combination gym/cafeteria/auditorium. |
| Windows: | Most windows in the building are openable. |

# R an RESULTS AND DISCUSSION

The following is a summary of conditions observed during the indoor air quality walkthrough ([Table 1](#Table_1))

## Ventilation

Ventilation refers to both the supply of fresh air and the removal of stale air from a room. The introduction of fresh air into an occupied space will dilute normally occurring pollutants that are generated by occupancy and other activities. In addition, an HVAC system will remove pollutants from a building if operating appropriately. All ventilation systems throughout the building should operate continuously during periods of occupancy.

The Lawrence Elementary School has a combination of unit ventilators (univents, Picture 1) and rooftop air handing units. Univents bring in fresh air from a vent on the outside of the building (Picture 2), filter it, heat it, and supply the air through a vent on the top. Some room air is recirculated along with the fresh air through a vent at the bottom (Figure 1). The air handling units bring in fresh air from the roof, filter it, heat it, and bring it into the gymnasium and cafeteria through ceiling-mounted supply vents. Classrooms are also equipped with exhaust vents that remove stale air; they are located in the coat closet walls (Picture 3). ([Table 2B](#Table_2B)).

The various types of ventilation components as well as devices that can move/redirect airflow are listed in [Table 2A](#Table_2A), [Table 2B](#Table_2B) and [Table 2C](#Table_2C).

### HVAC System Maintenance

* Univents, window-mounted air conditioners and other HVAC components may be beyond their service life According to the American Society of Heating, Refrigeration, and Air-Conditioning Engineering (ASHRAE), the service life of this type of unit is 15-20 years, assuming routine maintenance of the equipment (ASHRAE, 1991).

### HVAC Types and Specific Conditions

**Balancing**

To have proper ventilation with a mechanical supply and exhaust system, a system must be balanced to provide an adequate amount of fresh air to the interior of a room while also removing stale air from the room.

It is recommended that HVAC systems be re-balanced every five years to ensure adequate air systems function (SMACNA, 1994).

[(see HVAC pictures)](#HVAC_Pictures)

**Classroom Unit ventilators**:

* Some univents were blocked with items or furniture (Picture 4; Table 1).
* Most univents were set to fan “off” (Table 1), so although they were radiating heat, no fresh air was being provided during the walkthrough.
* Univents are reported to have filters with a minimum efficiency reporting value (MERV) of 4-5. The MDPH IAQ program recommends that filters of at least MERV 8 be used if the equipment can handle without a degradation in airflow, as these are adequate to filter out pollen, mold, and similar particulates (ASHRAE, 2012).

**Classroom Exhaust vents**:

* A few exhaust vents were blocked with items (Picture 5; Table 1).
* Some exhaust vents were not operating, as judged by a lack of air draw (Table 1). Either these have been turned off or the rooftop fans are not functional.

**Additional HVAC Conditions:**

* **Portable Air Filters were found unplugged in most classrooms, some stored inside the coat closet.** In response to COVID, each classroom was equipped with a portable air filter device equipped with a high efficiency particle arrestance (HEPA) filter (Picture 6). This type of device can filter airborne, microscopic dust, air pollutants and other materials from the air while operating. **Without univents operating, the portable HEPA filters are the only means by which indoor air is filtered in classrooms.**
* **Most classrooms have openable windows (Table 1)**. These can be used for additional fresh air during temperate weather. Windows should be kept closed during wet weather when air conditioning is operating in the room to prevent condensation and mold growth during elevated relative humidity, and at the end of the school day to prevent frozen pipes during the winter.
* **A number of classrooms contain a window-mounted AC unit (Picture 7).** It is important to ensure that the units are not obstructed by items that would prevent airflow and that filters are cleaned/changed as per the manufacturer’s recommendation, or more frequently if needed.
* **Thermostats for modular classrooms were set to “Fan Auto” position.** This setting will only activate air circulation when heating or cooling is called for by the system. The MDPH IAQ Program recommends that the fan be set to “Fan On” rather than “Auto,” This is especially important during temperate weather in spring and fall where heating or cooling may not be called for frequently. Intermittent fresh air supply will likely increase IAQ/comfort complaints.
* **Classrooms have soap dispensers installed over radiators (Picture 8)**. In this configuration, liquid soap may fall into the radiators to become heated, then aerosolized. Soap is a surfactant that if made airborne, can be irritating to the eyes, nose, and throat.
* **All classrooms and hallways have bubbler drains that have dry drain traps (Pictures 9 and 10).** Due to concerns of lead in the school’s drinking water, bubblers were disconnected. Because water can’t access the drain traps, this allows for potential odors to migrate into occupied areas.

## Water Damage and Moisture Concerns

Please note that the IAQ Program does not recommend conducting mold testing in a typical water damage remediation. For details, please consult [Guidance Regarding Testing for Mold in Water-Damaged Public Buildings](https://www.mass.gov/info-details/guidance-regarding-testing-for-mold-in-water-damaged-public-buildings) | Mass.gov

The application of a mildewcide to moldy porous materials is not recommended.

Molds are found naturally in our environment both indoors and outdoors. Inside, mold growth may occur when items, particularly porous products such as paper or gypsum wallboard, are exposed to moisture. Typical water sources include leaks, floods, and condensation. To avoid mold growth, dry all water-damaged items and affected areas within 24-48 hours and reduce indoor humidity. Some people with chronic respiratory conditions, such as asthma, are more likely to experience health symptoms associated with molds, including allergic reactions and respiratory irritation. Controlling moisture is the key to preventing mold growth and potential health symptoms.

Hot humid summers are becoming more frequent due to climate change. Massachusetts has experienced hot, humid, and rainy summers in 2018, 2021, and 2023. July of 2021 was the wettest ever recorded in Massachusetts, and the three-month period from June through August, known as the meteorological summer, was the fourth wettest on record, according to the National Oceanic and Atmospheric Administration’s (NOAA) Centers for Environmental Information (NOAA, 2021). The summer of 2023 was also hot, and wet, being measured as the second rainiest on record (WBUR, 2023). These conditions are challenging for buildings, particularly those without air conditioning.

During these hot and wet summers, extended periods of outdoor relative humidity above 70% occurred. Under these weather periods, public buildings experienced extended periods of water vapor exposure from high relative humidity. When exposed to these conditions, porous materials such as gypsum wallboard, cardboard, and other materials may become prone to developing mold colonization, particularly if located in areas that are prone to developing condensation on floors and walls (e.g., below grade space).

* **Water-damaged ceiling tiles were found in a few locations (Table 1),** which can indicate current/historic roof/plumbing leaks or other water infiltration. Water-damaged ceiling tiles can provide a source of mold and should be replaced after a water leak is discovered and repaired.
* **Spaces were noted beneath/around exterior doors,** which can allow drafts, moisture, and pests into the building.
* **Plants were noted in some classrooms and offices.** Plants can be a source of pollen or mold especially if overwatered or not well maintained.
* **Bowed or sagging ceiling tiles were noted in most areas (Picture 11; Table 1).**

This is an indication that these rooms have been subjected to an extended period of

high humidity.

* **Most porous materials on the ground floor areas had items directly on the floor.** Porous items should be elevated on shelves or pallets, etc. to prevent getting wet from condensation on the cool surface of the floor.

A list of water damage issues identified inside and outside the building were identified which can contribute to water issues, is included as [Table 3](#Table_3).

[(see Water Damage and Moisture Concern Pictures)](#Water_Damage_and_Moisture_Concern_Pictur)

**Mold Growth**

Porous materials (e.g., gypsum wallboard, ceiling tiles and carpeting) can be dried with fans and heating within 24 to 48 hours of becoming wet (US EPA, 2008).

If porous materials are not dried within this time frame, mold growth may occur.

## Sources of Respiratory Irritants/Possible Asthma Triggers

Asthma is a lung disease that can make breathing difficult. Without careful management of asthma, some people can have symptoms, like a tight feeling in the chest, shortness of breath, coughing, or wheezing. Although there is no cure for asthma, people with asthma can live healthy, active lives. A safe and healthy environment helps to reduce asthma symptoms.

**Comparison of Local and State-wide Asthma Rates (2023)**

19.6% of children

have asthma

**Holyoke**

9.9% of children

have asthma

**Massachusetts**

15.4% of children

have asthma

**Lawrence School**

* **Sometimes, learning tools and personal items in a classroom can be a source of irritants.** For example, a bird or insect nest is a great learning tool for students but may harbor microbes and allergens. Similarly, food-based projects can attract pests that carry disease or trigger allergies.
* **Personal products, particularly those with volatile organic compounds (VOCs) including scents, can also be a source of respiratory irritation.** VOCs are carbon-containing substances that have the ability to evaporate at room temperature. Frequently, exposure to low levels of total VOCs (TVOCs) may produce eye, nose, throat and/or respiratory irritation in some sensitive individuals. Products noted were dry erase markers, label removal liquid (Picture 12), and scent sprayer in restroom.
* **Dust, a common respiratory and eye irritant, can collect on surfaces and items.** Although janitorial and maintenance staff perform routine cleaning in classrooms, they may not be able to clean as effectively if classroom items are not picked up or surfaces are cluttered.
* Even with a properly functioning ventilation system, it is necessary to either eliminate or reduce the use of materials that can be a source of respiratory irritants to prevent symptoms in individuals who have sensitivity to such pollutants.

For guidance on maintaining an asthma-friendly healthy school environment, please consult the MDPH Asthma Prevention and Control Program’s [Clearing the Air: An Asthma Toolkit for Healthy Schools](https://www.maasthma.org/schooltoolkit).

Possible asthma triggers and/or airborne pollutants exist in the building. These are listed below as well as in ([Table 4](#Table_4)).

[(see Sources of Respiratory Irritant Pictures)](#Sources_of_Respiratory_Irritant_Pics)

* **The library contained a photocopier.**

Photocopiers produce heat and ozone, and laminators melt plastic and produce

odors when in use. No exhaust vent for this room was found.

* **Some classrooms and storage rooms had an excess of items such as books, craft materials, papers, and other miscellaneous materials.**

Items need to be stored neatly so that effective cleaning can be performed.

* **Many classrooms were equipped with area rugs (Table 1).**

These need to be cleaned regularly to remove dust, debris, and odors. Area rugs

should be stored off the floor in a climate-controlled area during the summer to

prevent moistening by condensation. Used area rugs should not be brought into the

school as they may harbor allergens such as pet dander.

* **Deactivated air filters were in nearly all rooms assessed (Table 1; Picture 3).**

These Carrier manufactured units are equipped with high efficiency particulate

arrestance (HEPA) filters. These units were found unplugged/deactivated in most

classrooms. Air purifiers should also be cleaned and maintained in accordance with

manufacturer’s instructions.

* **Exposure to low levels of total volatile organic compounds (TVOCs) may produce eye, nose, throat, and/or respiratory irritation in some sensitive individuals.** MDPH IAQ Program staff examined rooms for products containing VOCs and noted hand sanitizers, cleaners, dry erase materials, and a variety of scented products/air fresheners (Picture 12; Table 1) in use within the building. These products have the potential to be irritants to the eyes, nose, throat, and respiratory system of sensitive individuals. Consult “[Clean Air Is Odor Free](https://www.mass.gov/doc/clean-air-is-odor-free-removing-fragrances-to-improve-indoor-air-quality-in-schools-and-offices-0/download)” for more information on fragrances in schools and other building.

## Other IAQ Issues

*Radon*

Radon is a naturally occurring radioactive gas that seeps into buildings from the surrounding soil and at elevated levels can increase the risk of lung cancer.

The Environmental Protection Agency (EPA) conducted a National School Radon Survey “in which it discovered nearly one in five schools has at least one schoolroom with a short-term radon level above the action level of 4pCi/L (picocuries per liter) – the level at which the EPA recommends that schools take action to reduce the level” (US EPA, 1993).

**The MDPH IAQ Program therefore recommends that every school be tested for radon, and that this testing be conducted during the heating season while school is in session in a manner consistent with US EPA radon testing guidelines**. Radon measurement specialists and other information can be found at [www.nrsb.org](http://www.nrsb.org) and <http://aarst-nrpp.com/wp>, with additional information at: <https://www.mass.gov/radon>.

# R an CONCLUSIONS AND RECOMMENDATIONS

Please note: this report contains a series of recommendations that should serve as *Best Practices* that apply to most public-school buildings across the Commonwealth and should be shared amongst other buildings in the School District.

Issues typical to many schools were found in this building. The age of the HVAC equipment will make controlling temperature and airflow more difficult as time goes on. Other issues described can be mitigated with repairs to the exhaust systems, and with changes to occupant behaviors to reduce blockages of univents and clutter.

**Short-term recommendations** can be implemented as soon as practicable, however **long-term measures** are more complex and will require planning and resources to adequately address overall indoor air quality issues within the building.

|  |  |  |
| --- | --- | --- |
| **Short-term Recommendations** | | |
| **HVAC System** | | **Helpful Links** |
| 1. | Ensure all univents are on and operating *continuously* during occupied periods if operable. If univent fan operation is linked to thermostat, work with HVAC vendor to operate independently as to not “cycle” off/on during the school day. |  |
| 2. | Remove blockages from AC units in classroom closets, exhaust vents, and the top/front of univents, including furniture and items. |  |
| 3. | Periodically check the function of all classroom and restroom exhaust vents. Repair as needed. |  |
| 4. | Close classroom doors for improved exhaust vent function and air exchange. |  |
| 5. | Continue with regular filter changes for HVAC equipment using a minimum efficiency rating value (MERV) 8 or the best quality/highest MERV-rated filter that can be used without effecting airflow.  Ensure filters fit flush within their racks to prevent filter bypass. | [ANSI/ASHRAE Standard 52.2-2017](https://www.ashrae.org/File%20Library/Technical%20Resources/COVID-19/52_2_2017_COVID-19_20200401.pdf) |
| 6. | During filter changes, clean dust and debris from the inside of univent and HVAC system cabinets. |  |
| 7. | Use openable windows for additional fresh air during temperate weather. Tightly close windows at the end of the day and avoid opening windows when air conditioning is in use or during extreme cold to prevent freezing of pipes. |  |
| 8. | Clean and maintain window-mounted air conditioners in accordance with manufacturer’s instructions.  Keep windows closed in rooms where air conditioners are operating to avoid condensation. |  |
| **Water Damage Sources** | | |
| 9. | Replace water-damaged ceiling tiles. Repeated water damage to ceiling tiles indicates leaks from the roof or plumbing/HVAC system which should be repaired. | <http://www.epa.gov/mold/mold-remediation-schools-and-commercial-buildings-guide> |
| 10. | Do not store cardboard or other porous items directly on floors to prevent mold growth due to condensation on cool surfaces, Elevate items with pallets or store on shelving. |  |
| 11. | Seal spaces around exterior doors with weatherstripping, to prevent drafts, moisture, and pest entry. |  |
| 12. | Properly maintain plants to avoid mold and odors. Keep plants away from airflow of HVAC equipment. |  |
| 13. | Use these guidelines to control for moisture and increase comfort in a non-air-conditioned school especially during heatwaves. | * Mold Growth Prevention During Hot, Humid Weather <https://www.mass.gov/service-details/preventing-mold-growth-in-massachusetts-schools-during-hot-humid-weather> * Remediation and Prevention of Mold Growth and Water Damage in Public Schools <https://www.mass.gov/service-details/remediation-and-prevention-of-mold-growth-and-water-damage-in-public-schools-and> * Methods for Increasing Comfort in Non-air-conditioned Schools <https://www.mass.gov/doc/methods-for-increasing-comfort-in-non-air-conditioned-schools/download> |
| 14. | While bowed/sagging ceiling tiles are not a source of mold, this indicates extended exposure to high humidity. Therefore, care should be taken with storage of materials in these areas during hot, humid weather and over the summer. |  |
| 15. | During summer months, pull furniture away (1 to 2 inches) from walls to prevent mold growth due to lack of airflow and remove impermeable wall coverings that can trap moisture such as laminated posters. |  |
| **Respiratory Irritants/Possible Asthma Triggers** | | |
| 16. | Seal all abandoned bubbler and sink drains permanently. |  |
| 17. | Clean personal fans, supply, and exhaust/return vents periodically to remove dust and debris. |  |
| 18. | Reduce use of products and equipment that create irritating volatile organic compounds (VOCs) and only use in well-ventilated areas. Minimize the use of air fresheners (e.g., plug-ins), deodorizers and scented products. | <https://www.mass.gov/cleaner-greener-healthier-schools> |
| 19. | Use only District-approved cleaning products. Keep spray bottles properly labeled and out of the reach of children. |  |
| 20. | Provide exhaust ventilation or move copiers and laminators to a well-ventilated area with an exhaust vent. |  |
| 21. | Periodically sort classroom and stored items to remove unwanted items. Store remaining items neatly and off the floor. Where rooms have a history of moisture issues, consider storing items in waterproof totes |  |
| 22. | Clean area rugs frequently using a HEPA-equipped vacuum cleaner. Avoid bringing used area rugs into the school. |  |
| 23. | Clean and maintain air purifiers in accordance with manufacturer’s instructions. Avoid the use of air purifiers that may product ozone. | <https://www.epa.gov/indoor-air-quality-iaq/ozone-generators-are-sold-air-cleaners> |
| 24. | Seal open utility holes/breaches in floors, walls, and ceilings. |  |
| **Other Recommendations to Improve Air Quality Conditions** | | |
| 25. | Test the school for radon by a certified radon measurement specialist during the heating season when school is in session. | Radon measurement specialists and other information can be found at: [www.nrsb.org](http://www.nrsb.org), and <http://aarst-nrpp.com/wp> |
| 26. | To learn more about radon, review the MDPH’s Radon in Schools and Child Care Programs factsheet. | <https://www.mass.gov/radon>. |
| 27. | Utilize the US EPA’s (2000), “Tools for Schools” as an instrument for maintaining a good IAQ environment in the building. | <https://www.epa.gov/iaq-schools>. |
| 28. | For guidance on maintaining an asthma-friendly healthy school environment, please consult the MDPH Asthma Prevention and Control Program’s *Clearing the Air: An Asthma Toolkit for Healthy Schools*. | <https://www.maasthma.org/schooltoolkit> |
| 29. | Include an IAQ component in the school’s Wellness Advisory Committee program. An IAQ plan should have an IAQ liaison/teacher representative, a member of maintenance/facilities and administration that conduct regular walk-throughs to identify on-going and/or potential environmental issues. |  |
| **Long-term Recommendations** | | |
| 30. | Since the HVAC system is likely beyond its service life contact an HVAC engineering firm for advice regarding conditions noted, including a building-wide HVAC equipment assessment to determine:   * Whether the existing HVAC system can be balanced as recommended. * The operability and feasibility repairing the existing equipment. * If the equipment should be replaced due to age, physical deterioration, and availability of parts for ventilation components. |  |
| 31. | Consider installing sensor technology in classrooms to provide continuous monitoring of the following indoor air parameters (particularly temperature and relative humidity). Sensors should be re-calibrated quarterly or according to manufacturer’s specifications and building management software updated as per manufactures instructions, industrial standards, and/or change in operating systems. As an example, the link to the right illustrates how this technology is serving Boston Public Schools to improve air quality (i.e., carbon dioxide, temperature, relative humidity, carbon monoxide, and particulate matter). | [COVID-19 Health & Safety Information / Indoor Air Quality Sensor Dashboard (bostonpublicschools.org)](https://www.bostonpublicschools.org/Page/8810) |

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# R an FIGURES

**Figure 1**

**Unit Ventilator (Univent)**

Mixed Air

Air Diffuser

**Outdoors Indoors**

Fan

Heating/Cooling Coil

Air Mixing Plenum

Filter

Outdoor Return

Air Air

Air

Flow

Control

Louvers

**Air Flow**

= Fresh Air/Return Air

= Mixed Air

# 

# R an PICTURES

[(Click to link back to report)](#HVAC_System_Maintenance)

HVAC pictures

**Picture 1**

****

**Univent with window-mounted air conditioner**

**Picture 2**

****

**Fresh air intakes**

**Picture 3**

**Closet exhaust vent (arrow)
Note unplugged Carrier air filter 
**

**Closet exhaust vent (arrow)**

**Note unplugged Carrier air filter**

**Picture 4**

****

**Blocked univent**

**Picture 5**

****

**Exhaust vent completely** **blocked (on wall behind file cabinets)**

**Picture 6**

****

**Carrier air filter**

**Picture 7**

****

**Window-mounted air conditioner**

**Picture 8**

**Soap dispenser over radiator

**

**Soap dispenser over radiator**

**Picture 9**

**Disabled classrooms water bubbler with dry drain trap

**

**Disabled classrooms water bubbler with dry drain trap**

**Picture 10**

****

**Deactivated bubbler in hallway with dry drain trap**

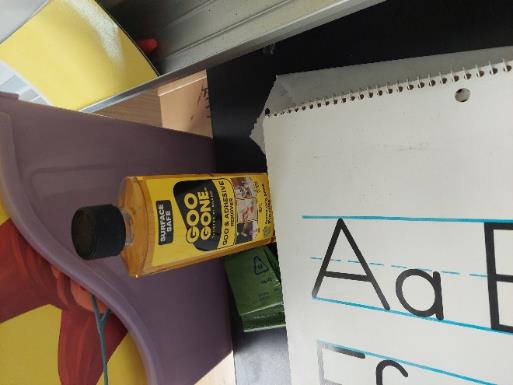
**Picture 11**

**Water-stained and bowing ceiling tiles

**

**Water-stained and bowing ceiling tiles**

**Picture 12**

****

**VOC-containing product in classroom**

[Click to link back to report](#_R_an_RESULTS)

# Table 1

| **Room** | **Openable Windows** | **HVAC** | **Ventilation** | | **Ceiling Tiles/Staining (Y or N)**  **Bowed = B** | **Comments** |
| --- | --- | --- | --- | --- | --- | --- |
| **Intake** | **Exhaust** |
| G rest room | Y | N | N | Y off | Y | Automatic scent spraying device |
| G1 | Y | Y | Y | Y | Y, B | Univent blocked, HEPA filter on, area rug |
| G10 Art Room | Y | Y | Y | Y | Y, B | Heat in ceiling vent, exhaust blocked |
| G13 |  |  |  |  |  | Passive fresh air, noticeably hot in room, HEPA filter on, boxes on floor |
| G14 |  |  |  |  |  | HEPA filter on, cardboard boxes stacked against brick wall |
| G2 | Y | Y | Y | Y | Y-2, B | plants |
| G3 | Y | Y | Y | Y off | Y | Dry drain trap |
| G6 | Y | Y | Y | Y | Y, B | Area rug |
| G6 – A office | Y | N | N | N | Y, B |  |
| G6 – B | N | N | N | N | Y, B | Laminator, no exhaust |
| G7 | Y | Y | Y off | Y off | Y | 3 water-damaged ceiling tiles in closet, HEPA filter off, dry drain trap |
| G8 | Y | Y | Y | Y off | Y | Window-mounted air conditioner on, HEPA filter on, dry drain trap |
| G9 | Y | Y | Y | Y | Y, B | Heat in ceiling vent |
| Gym | N | Y | Y | Y | Y-2, B | Missing ceiling tile |
| Gym (adjacent room) | N | Y | N | N | Y-2, B | Air conditioner |
| Library | Y | Y | Y off | Y off | Y | Photocopier, dry drain trap |
| 2nd floor hallway at bubbler |  |  |  |  |  | Bubbler abandoned, dry drain trap |
| 101 | Y | Y | Y off | Y off | Y | Window-mounted air-conditioner on, dry drain trap |
| 102 | Y | Y | Y | Y | Y | Window-mounted air conditioner, ceiling plaster damage around window, Exhaust vent blocked, HEPA filter off, dry erase board, dry drain trap, VOC label remover (Goo Gone) |
| 103 | Y | Y | Y | Y | Y-1, B | Area rug, no window AC |
| 104 | Y | Y | Y | Y | Y, B | Area rug |
| 105 A | Y | Y | Y | Y | Y, B | Exhaust in closet blocked, univent blocked, space heater on |
| 105 B | Y | Y | Y | Y | Y, B | Univent blocked, fan |
| 105 C | N | N | N | N | Y, B | No heat, window AC covered with plastic |
| 105 E | N | N | N | N | Y, B | No fresh air, hardwired wall heater |
| 107 | Y | Y | Y | Y | Y-1, B | Area rug, exhaust blocked in closet |
| 108 | Y open | Y | Y | Y | Y, B | Area rug, exhaust blocked in closet |
| 109 | N | Y | Y | Y | Y, B | Area rug |
| 110 | Y | Y | Y | Y | Y, B | Area rug, exhaust blocked in closet |
| 201 | Y | Y | Y | Y | Y, B | Top of heater blocked |
| 202 | Y open | Y | Y | Y | Y, B | Area rug |
| 203 | Y | Y | Y | Y | Y-1, B | Area rug |
| 204 | Y | Y | Y | Y | Y, B | Noticeably warm in room, area rug |
| 205 | Y | Y | Y | Y | Y | Window-mounted air conditioner, ceiling plaster damage around window, exhaust vent blocked, HEPA filter off, dry erase board, dry drain trap |
| 206 | Y | Y | Y off | Y | Y | Plastic off univent, 4 water damaged ceiling tiles, window-mounted air, conditioner, Ceiling plaster damage around window, exhaust vent blocked, HEPA filter off, dry erase board, dry drain trap |
| 208 | Y | Y | Y | Y | Y | window AC, HEPA filter on |
| 209 | Y | Y | Y | Y | Y-3, B | Univent air intake blocked, plants |
| 210 | Y | Y | Y off | Y | Y | Window-mounted air conditioner, ceiling plaster damage around window, exhaust vent blocked, HEPA filter off, dry erase board, dry drain trap |
| 211 | Y | Y | Y | Y | Y-3, B |  |
| 212 | Y | Y | Y | Y | Y, B | Air Purifier in corner of room, kitchenette off office |
| 213 | N/A | N/A | N/A | N/A | N/A | Wall-to-wall carpet |
| 220 | N/A | N/A | N | N | N/A | Wall-to-wall carpet |

[(Click to link back to report)](#Ventilation)

# Table 2A

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Equipment Present in Building**  **(X = Yes)** | **Type of Heating/Cooling Ventilation**  **Equipment** | **Fresh**  **Air**  **Supply**  **(X = Yes)** | **Type of Location(s)** | **Air Filters Installed**  **MERV Rating**  **(1-15, U\*)**  **(X = Yes)** | **Comments** |
| X | Univents | X | Classrooms | X 4-5 |  |
| X | Rooftop Air Handling Units | X | Modular classrooms | X 13 |  |
|  | Outdoor, Ground-Installed Air Handling Units |  |  |  |  |
|  | Attic/Crawlspace Air Handling Units |  |  |  |  |
| X | Ceiling-Mounted Air Handling Units (including inside plenum) | X | Cafetorium | X 13 |  |
|  | Basement/Crawlspace-Installed Air Handling Units |  |  |  |  |
|  | Mechanical Room-installed Air Handling Units |  |  |  |  |
|  | Fan Coil Units |  |  |  |  |
| X | Window-Mounted Air Conditioners | X | Classrooms, offices |  |  |
|  | Wall Louver-Controlled Gravity Air Supply |  |  |  |  |
| X | Windows |  |  |  |  |
|  | Fan in window (blowing in) |  |  |  |  |
|  | Built in wall fan (switched) |  |  |  |  |
|  | Heat recovery ventilator unit |  |  |  |  |
|  | Energy recovery ventilator unit |  |  |  |  |
|  | Chilled Beam |  |  |  |  |
|  | Passive combustion supply vent in basement/boiler room |  |  |  |  |

\*U = Filter Rating underdetermined due to inaccessibility during building visit

[(Click to link back to report)](#Ventilation)

# Table 2B

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Equipment Present in Building**  **(X = Yes)** | **Type of Exhaust Ventilation**  **Equipment** | **Ducted**  **To Outdoors**  **(X = Yes)** | **Type of Location(s)** | **Comments** |
| X | Rooftop Motors/Fans | X | Classroom coat closets |  |
|  | Unit Exhaust |  |  |  |
|  | Ceiling Return Vent |  |  |  |
|  | Ceiling Return Vent, Plenum |  |  |  |
| X | Wall Return Vent | X | Cafetorium |  |
|  | Kitchen Stove Hood |  |  |  |
| X | Restroom Exhaust Vent | X |  |  |
|  | Photocopier Exhaust Vent |  |  |  |
|  | Garage |  |  |  |
|  | Chemical Hood(s) |  |  |  |
|  | Locker Rooms |  |  |  |
|  | Showers |  |  |  |
|  | Clothes Dryers |  |  |  |
|  | Gas Water Heaters |  |  |  |
|  | Furnace-Flue to Chimney |  |  |  |
|  | Furnace/Boiler direct vent or power vent (no combustion air supply) |  |  |  |
|  | Kiln, Pottery |  |  |  |
|  | Dark Room |  |  |  |
|  | Generator Room |  |  |  |
|  | Wood Shop Dust Collector |  |  |  |
|  | Spray Paint Booths |  |  |  |
|  | Fan in window (blowing out) |  |  |  |

# Table 2C

|  |  |  |  |
| --- | --- | --- | --- |
| **Equipment Present in Building**  **(X = Yes)** | **Type of Equipment** | **Type of Location(s)** | **Comments** |
|  | Floor Fans, pedestal |  |  |
|  | Floor Fans, portable |  |  |
| X | Air Purifier (HEPA, other) | Classrooms, offices |  |
|  | Floor heaters, portable |  |  |
| X | Refrigerators, Cold Beverage Vending Machines |  |  |
| X | Radiator, wall-mounted | All rooms with exterior walls |  |
|  | Radiator, floor-mounted |  |  |
|  | Passive Vents (Wall/Door) |  |  |

[(Click to link back to report)](#Water_Damage_and_Moisture_Concerns)

# Table 3

| **Found in Building**  **X = Yes** | **Water-Damaged Materials, Building Components or Stored Materials** | **Location** | **Visible Microbial Growth?**  **X = Yes** | **Musty odor detected?**  **X = Yes** | **Comments** |
| --- | --- | --- | --- | --- | --- |
|  | Books-other bound materials |  |  |  |  |
|  | Brick walls – broken, missing mortar |  |  |  |  |
|  | Brick walls – blocked weep holes |  |  |  |  |
| X | Cardboard boxes | Basement storeroom |  |  |  |
|  | Carpet tiles |  |  |  |  |
|  | Carpet - Area rugs |  |  |  |  |
|  | Carpet wall-to-wall |  |  |  |  |
|  | Ceiling tiles - affixed directly to ceiling surface |  |  |  |  |
| X | Ceiling tiles - bowing-in suspended ceiling |  |  |  |  |
|  | Ceiling tiles - water-stained in splined ceiling |  |  |  |  |
| X | Ceiling tiles - water-stained in suspended ceiling |  |  |  |  |
|  | Chairs - laminated |  |  |  |  |
|  | Cloth |  |  |  |  |
|  | Countertops (around sinks) |  |  |  |  |
|  | Curtains |  |  |  |  |
|  | Dust/debris within AHU, uninvent, HVAC, chilled beam units, etc. (WD through condensation, humidity, or leaks) |  |  |  |  |
|  | Efflorescence (i.e., mineral deposits) |  |  |  |  |
|  | Engineered woods - particleboard, plywood, Masonite |  |  |  |  |
|  | Flooring – loosened tiles |  |  |  |  |
|  | Flooring - wooden |  |  |  |  |
|  | Furniture - laminated |  |  |  |  |
|  | Furniture - upholstered |  |  |  |  |
|  | Gypsum wallboard - ceiling |  |  |  |  |
|  | Gypsum wallboard - restroom wall |  |  |  |  |
|  | Gypsum wallboard - interior wall |  |  |  |  |
|  | Gypsum wallboard – located on exterior wall |  |  |  |  |
|  | HVAC drain pan – lack of draining |  |  |  |  |
|  | HVAC filters |  |  |  |  |
|  | Insulation- attic (paper-backed) |  |  |  |  |
|  | Insulation - inside air handling unit |  |  |  |  |
|  | Insulation - on pipe(s) fiberglass |  |  |  |  |
|  | Insulation - on pipe(s) other/plaster-like material |  |  |  |  |
|  | Insulation - wall cavity |  |  |  |  |
|  | Insulation – ceiling plenum |  |  |  |  |
|  | Modular furniture – walls/cloth partitions |  |  |  |  |
|  | Musical instrument cases |  |  |  |  |
|  | Plaster ceilings |  |  |  |  |
|  | Records/files |  |  |  |  |
|  | Refrigerator - door gasket |  |  |  |  |
|  | Refrigerator - drip pan |  |  |  |  |
|  | Refrigerator - Interior surfaces |  |  |  |  |
|  | Room divider - ceiling-mounted, sliding |  |  |  |  |
|  | Sink backsplash |  |  |  |  |
|  | Tables – laminated |  |  |  |  |
|  | Wallpaper |  |  |  |  |
|  | Wood - attic/roof materials |  |  |  |  |
|  | Wood - floor joists in basement ceiling |  |  |  |  |
|  | Wood - wall framing |  |  |  |  |
|  | Wood - window sills |  |  |  |  |
|  | Wood - window-mounted air conditioner framing |  |  |  |  |
|  | OTHER |  |  |  |  |

WHAT ARE ENVIRONMENTAL ASTHMA TRIGGERS?

Asthma triggers are any chemical, pollutant, or allergen that can make your asthma worse. Asthma triggers can also be strong chemical smells, dust, or pets. Your asthma triggers may be different from those of other people. Not all asthma triggers affect people the same way. Environmental asthma triggers are found both indoors and outdoors. DPH link: [Asthma and Your Environment (mass.gov)](https://www.mass.gov/doc/asthma-and-your-environment-english/download)

[(click to link back to report)](#Sources_of_Respiratory_Irritants)

# Table 4

| **Condition Present**  **X = Yes** | **Possible asthma symptom-inducing environmental pollutant** | **Recommendation to reduce or eliminate the pollutant** |
| --- | --- | --- |
| X | Water Damage and/or Mold  (allergen) | Identify water source and repair to eliminate.  Clean non-porous materials.  Remove and replace porous materials susceptible to mold growth.  Perform regular water damage assessments as a tool to ensure timely mitigation as needed.  Use NIOSH water damage assessment protocol as a guide: [NIOSH water damage assessment guideline](https://www.cdc.gov/niosh/docs/2019-115/pdfs/2019-115.pdf?id=10.26616/NIOSHPUB2019115&inf_contact_key=241b5c2ed98c27d94b530dedc36f1623f651f238aa2edbb9c8b7cff03e0b16a0). |
|  | Moistening of building components during hot, humid weather (>2 days in length) (mold, allergen) | Remove materials not dried in <2 days in a manner consistent with [US EPA Mold Removal in Commercial Buildings guideline](https://www.epa.gov/mold/pdf-version-checklist-mold-remediation-mold-remediation-schools-and-commercial-buildings).  Use dehumidification in occupied basement areas and other areas with chronic dampness. |
|  | Vegetation against exterior of building (water damage-mold) | Remove all vegetation preventing building exterior drying.  Remove all vegetation capable of falling onto a building or depositing debris onto the roof. |
|  | Personal humidifiers (lack of proper maintenance)  (pollutant and allergen) | Clean and maintain properly.  Use distilled water to eliminate metal and water treatment odors.  Maintain hydration by increasing water consumption. |
| X | Drains: Floor drains, Sink drains (abandoned use)  Water bubblers (abandoned use) | If in use, pour water into drain at least twice a week.  If not in use, seal the drain with an appropriate material in accordance with Massachusetts Plumbing Code (248 CMR 10.00). |
|  | Live Animals (turtles, gerbils, birds, rabbits, etc.) | Ensure cleanliness or remove animals from the location. |
|  | Improperly maintained aquariums and terrariums (allergen) | Maintain such equipment properly to eliminate odor.  Discontinue use. |
| X | Plants and flowers  (allergen and mold) | Keep indoor plants well maintained and not overwatered. Monitor for signs of mold and pests.  Ensure water for cut flowers does not become stagnant.  Ensure dried plant material is free of odors, mold, and pests and handled carefully  If asthma risks are high, eliminate plants and flowers. |
|  | HVAC system moisture issues  (mold, allergen) | Consult ASHRAE’s minimum standards for HVAC maintenance and inspection of commercial HVAC systems (<https://www.ashrae.org/technical-resources/bookstore/standards-180-and-211>). |
|  | HVAC system contaminant issues (allergen) | Consult ASHRAE’s minimum standards for HVAC maintenance and inspection of commercial HVAC systems (<https://www.ashrae.org/technical-resources/bookstore/standards-180-and-211>). |
|  | Indoor swimming pool odors outside of swimming pool (mold, chemical) | Maintain and operate pool HVAC systems to vent odors from building.  Ensure locker room exhaust vents are operating during building hours.  All doors leading to pool should be rendered airtight and be closed. |
|  | Pollen (allergen) | Recommend installation of MERV 8 or better filters if HVAC engineer confirms HVAC system can be so equipped without adversely affecting function.  Cut grass after hours.  Cut grass in a pattern to direct clippings away from exterior wall.  Remove trees and shrubs from in front of windows and air intakes. |
|  | Dry air | Maintain hydration.  Avoid overheating of air. |
|  | Dust mites  (allergen) | Recommendation to remove non-official upholstered furniture, area rugs, pillows, cushions, etc.  Cleaning with use of HEPA-filtered vacuum cleaner.  Eliminating clutter, storing items in dust and moisture-proof containers, and regularly removing dust through wet wiping. |
|  | Pests, including rodents and cockroaches  (allergen) | Use of integrated pest management guidelines, including:   * Proper disposal of food containers * Proper storage of food products in airtight containers * Elimination of use of food as art projects * Remove pest harborages/clutter * Regular monitoring for pests   [EPA IPM guideline link](https://www.epa.gov/ipm/introduction-integrated-pest-management) |
|  | Latex-containing materials | Remove tennis balls from furniture legs. |
| x | Fragrances  (chemical) | Eliminate point sources, such as:   * Plug-in air fresheners * Aroma/oil reed diffusers * Scented sprays * Discontinue use of other scented materials * Consult DPH fragrance guideline: [*Clean air is odor-free*](https://www.mass.gov/doc/clean-air-is-odor-free-removing-fragrances-to-improve-indoor-air-quality-in-schools-and-0/download) |
|  | Strong smells from /use of Chemicals (such as cleaning products)  (chemical) | Use building-issued cleaning products.  Use products in accordance with manufacturer’s instructions including dilution, application, and ventilation.  Avoid using products that are stronger than needed for the situation. |
|  | Strong odors from new building materials (carpeting/furniture)  (chemical) | Use low VOC-emitting materials.  Air out materials (outside or in unoccupied area) prior to installation. |
|  | Tobacco smoke  Secondhand Smoke  (pollutant) | Eliminate tobacco smoking.  Seal all shared wall penetrations. |
| X | Products with a strong odor such as paint, perfume, hairspray, air fresheners, bug-spray, laminators, candles, wax melters, dry erase markers and other VOC-containing products  (chemical) | If essential:   * Provide proper exhaust ventilation to eject aerosolized product directly outdoors. * Avoid/reduce use during occupied hours.   If not necessary, remove and eliminate. |
|  | Vehicle exhaust  (pollutant) | Enforce anti-idling regulations and post signs to give notice.  Relocate vehicles away from fresh air intakes.  Require cars to park face-in at building walls.  [MA anti-idling law FAQs](https://www.mass.gov/files/documents/2018/02/20/idling-faq.pdf#:~:text=The%20Massachusetts%20Anti-Idling%20Law%20The%20goal%20of%20the,sometime%20wonder%20when%20idling%20might%20be%20considered%20necessary.) |
|  | Vapors and or fumes from gas, oil, or kerosene stoves  (pollutant) | Operate stove hood when stove in use.  Install stove hood if not present.  Ensure equipment is in good working order. |
|  | Ozone (pollutant) | Eliminate use of ozone generating equipment. |
| X | Window Air Conditioners (if not properly maintained) (allergen) | Equip with proper filter and clean periodically.  Clean drip pans.  Install in window with weathertight, non-mold-growth sustaining material. |
|  | Pottery (pollutant) | Do not operate kiln during occupied hours.  Operate kiln with exhaust system activated.  Seal all seams and holes in kiln vent.  Ensure kiln exhaust discharge terminates outdoors. |
| X | Carpeting (allergen) | Clean carpeting in a manner consistent with IICRC standards, including regular vacuuming with a high efficiency particulate air (HEPA) filtered vacuum in combination with annual cleaning or semi-annual cleaning in soiled high traffic areas. |
|  | Sweeping/dusting vs HEPA vacuuming/wet wiping  (allergen or pollutant) | Refrain from using feather dusters or brooms.  Utilize HEPA vacuums and wet wiping to minimize aerosolizing particulate matter. |
| X | Lack of adequate air exchange/mechanical ventilation | Make repairs as necessary and ensure all HVAC system components are operating continuously when building is occupied. |
|  | Lack of local exhaust at source of pollution (vocational shop activities, kitchen exhaust hood) (all) | Recommend installation of exhaust ventilation to direct pollutants directly outdoors. |
|  | Renovating buildings while occupied  (chemical) | Use all SMACNA guidelines for Renovation While Buildings Are Occupied. For information, visit <https://www.mass.gov/service-details/construction-and-renovation-generated-pollutants-in-occupied-buildings>. |
|  | Chemistry program chemical storage  (chemical) | Repair (if needed) and operate chemical storeroom vents appropriately.  Reduce or eliminate unneeded or overstocked chemicals.  Store all chemicals in a manner to separate incompatible chemicals.  Keep chemical storerooms clean. |
| X | Photocopiers/duplicating machines | All machines should have dedicated exhaust vents. |