



JUNE 2026 PROGRAMS

All programs are free and open to the public. Children must be accompanied by an adult. Reasonable accommodation is available upon request. Programs meet at various locations listed for each program. Inclement weather including rain and high winds may cancel programs. To confirm or for more information call (617) 721-4132.

 ADA/Reasonable Accommodation
617-645-0358 | Moneesha.dasgupta2@mass.gov

Coming events

Fridays

9:00 - 10:30 am

June 19 & 26

A Mindful Awakening with Nature

Engage your senses to deepen your connection with nature and boost peace, creativity, and health. Expect sitting, standing, and short walks. Bring a small chair, blanket, or pad to sit on.

Ages: Adults, and teens accompanied by an adult.

Meet At: Nahant Beach at Entrance 1 in the vicinity of 2 Wilson Road, Nahant, MA. Late arrivals can find us on the beach.

Fridays

1:00 - 3:30 pm

June 19 & 26

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Saturday

1:00 - 3:30 pm

June 20

Creatures of the Seas & Sands Discovery Station

Drop by anytime for a brief (3-5 minute) lesson about the fascinating and vital creatures that rely on the sea and sand for their survival.

Ages: All ages. Children must be accompanied by an adult.

Meet At: Red Rock Park on the sidewalk across from 153 Lynn Shore Dr, Lynn, MA